



The Marian

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2022 College Theme

'Act with courage, be strong in your faith'

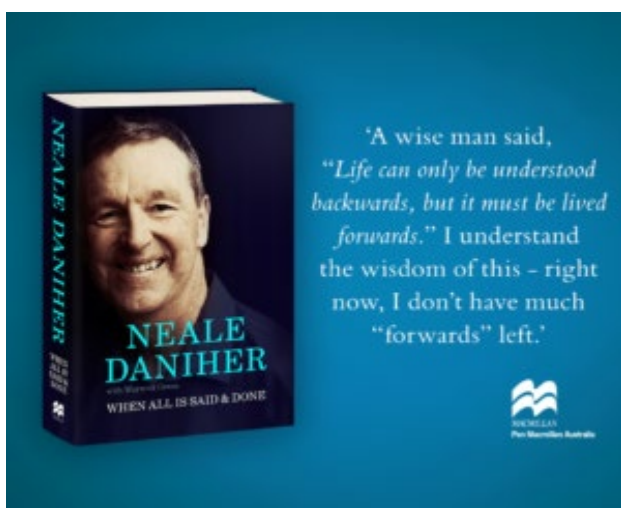
Newsletter No.2

Term 1

18 February 2022

Dear Parents and Guardians

Our students are settled with many smiling faces stepping off morning buses and entering the High Street gate. St Mary's has excellent teaching and non-teaching staff and we know it requires all parts to make the whole. Our staff expect high standards of each other and of our students and role modelling is an essential part of student formation. Students see, students hear and students may or may not copy what they see or hear. We (staff) are acutely aware that our role modelling is essential for student formation and with modelling comes integrity and respect.



When All is Said and Done

Central to the message in Neale Daniher's book, *'Neale Daniher: When all is said and done'* is his belief that any person who wants to be recognised for their character and presence amongst others requires two values that are essential to their lives and for positive interactions. These two values, (*integrity and respect*) can be a challenge at times but if given the right focus, they provide our students with the best role modelling of all. How good would it be if these values were the world wide mantra for adult and international interactions. Neil also talks about the tough love that is needed during life's journey. Tough love is not a negative term. At St Mary's tough love, rights a wrong; strengthens characters; nurtures and restores goodness; shows a student that parents and teachers are on the same page and provides the security and boundaries our

students need to mature and strengthen in those two valuable parts of their being, *integrity and respect*. May 2022 be a year of 'living forwards' or as Pope Francis says, *"let us dare to dream."*

Student Leaders

The new Student Leadership teams for Primary and Secondary are now finalised and ready for 2022 action. Mr Harding (3-6 Coordinator) led an excellent election program for primary leaders with Year 6 students videoing their speeches for Year 3- 6 classes to watch in a googlemeet session.

The Secondary leaders met with me this week to discuss what they aim to achieve this year. A leadership group must always have two important aspects close to their hearts, *'What do we stand for and what legacy do we want to leave our peers.'* The Year 10 Leadership team are keen to engage with their peers, especially the younger students who we know will view them as their heroes. Mrs Tampion and Mr Harding will provide wise words and excellent guidance for the student leaders and have them front and centre organising student activities.

Advertised Positions

The Counsellor position has been readvertised. The counsellor is a very important member of the College Wellbeing team. Counsellors with teenage educational experience, particularly in a secondary setting are scarce. Out there somewhere is the right person for St Mary's College Seymour. Also advertised is a Visual Arts Secondary teaching position. Both positions are permanent, providing ongoing employment security for the most suitable applicants.

College Positions of Leadership (POL)

Since 2020 College leadership positions have been renewed to meet the College's present and future needs. As St Mary's grows there will be further renewal to ensure leadership positions provide the appropriate overarching leadership to support the needs of students and staff. Our College POL team are doing great things for students and staff, focusing on aligning best practices both in learning and wellbeing and easing the emphasis on teacher paperwork so that more time is focused on the richness of classroom learning. The 2022 leadership teams:

College Executive <i>Principal: Wayne Smith</i> <i>Deputy Principal Operations: Genevieve Gordon</i> <i>Business Manager: Felicity Melville</i> <i>Director Faith and Mission: Rochelle Gough</i> <i>Director Wellbeing: Allison Moore</i> <i>Director Learning & Teaching: Julia Wood</i> Learning & Teaching <i>Director: Julia Wood</i> <i>Learning Diversity: Claire Kelly</i> <i>Literacy: Kerrie Pearce</i> <i>Data Analyst & Information Systems Management: Andrea Richards</i> Wellbeing <i>Director: Allison Moore</i> <i>F-2 Coordinator: Anne Spencer</i> <i>3-6 Coordinator: Ed Harding</i> <i>7-10 Pastoral Coordinator: Mary Tampion</i>	Operations <i>Deputy Principal Operations: Genevieve Gordon</i> <i>Daily Organiser: Leigh Krammer</i> <i>Sports Coordinator: Courtney Aldous</i> Administration <i>Business Manager: Felicity Melville</i> <i>Office Manager: Gail Strahan</i> <i>Grounds and Maintenance Manager: Nick Liddell</i> Positions of Responsibility <i>Graduates: Donna Osborne; Kimberleigh Rowland</i> <i>Primary Numeracy and Digital Education: Christine Buhler</i>
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Beanies and Scarves

Designs have been given to Outback for a beanie and scarf as optional items for the Winter Uniform. Mrs Moore (Director Wellbeing) is overseeing the designs and from what I have seen our students will be impressed. The College Advisory Council are consulted on any uniform changes and were unanimous in their support last year for these items to be added to the Uniform policy. Once the designs and costings are finalised, families will be surveyed to gauge stock numbers that Outback will need to keep on the shelf.

CECV Covid Guidelines

There will be information emailed to all families either tomorrow or Monday when the latest CECV guidelines are updated.

Please be aware that College calendar dates will continue to be disrupted until we receive Covid changed advice from CECV and MACS.

Best wishes for a Covid free weekend and enjoy the warm weather. Autumn is coming!



Principal, St Mary's College Seymour

DipEd (ACU) DipREd (ACU) BEd (ACU) GradCertEdAdmin (Edith Cowan)

GradDipREd (ACU) MEdAdmin (Charles Sturt) MTheoSudies (BBITAITE)

Deputy Principal Operations



'Ducks fly together' and 'A team isn't a bunch of kids out to win: A team is something you belong to, something you feel, something you have to earn' are lines from the classic sports movies *Mighty Ducks* and its sequels. The sense of team camaraderie developing at St Mary's College in this new school year has been obvious. There has been a significant focus by staff and students on following consistent routines across the College for behaviour, learning and teaching. The consistency in practise and language walking from one classroom to the next has emphasised the benefits of working as a collective for all.

An essential component of any team is its leaders. Leadership is about the art of motivating, influencing and directing others to achieve a broader team goal. At St Mary's College leadership begins with values. Our Year 10 College Leaders met with the College Executive and Year 7-10 Pastoral Leader, Mrs Mary Tampion on Tuesday and were asked by College Principal, Mr Smith, 'What do you stand for?' We congratulate our College Leaders and we look forward to providing them and all students at our College with the opportunity to be involved and strengthen their leadership skills throughout 2022. The students will be presented with their badges once CECV Operational Guidelines allow us to conduct a whole College assembly.

Year 10 College Captains: Tobias Raynor, Ava Cafasso

Year 10 College Vice Captains: Laura Hogan, Alex Potts

Primary Captains: Jasper Radobuljac, Zahira Wilson

House Leaders: Emily Homewood (McAuley), Ava Loweke (Padua)

Primary Sports Captains: Matilda Barry, Ben Brown (McAuley), Remy Clydesdale, Jack Findlay (Padua)

Secondary Sports Captains: Jesse Brock, Mackenzie Lemon (McAuley), Izaac Joseph Hauser, Charlotte Cotter (Padua)

Community & Wellbeing Leaders: Zara Maus, Ruihan Qiao, Danielle Rickman-White



At St Mary's, we strongly value our partnership with parents and encourage clear, frequent and respectful communication. Due to the duties of teachers both inside and outside of the classroom it is often difficult to directly contact a teacher by phone. Email is the preferred form of initial communication, as this enables staff to access and respond when they are not teaching or engaged in their other duties. Of course, for certain issues it is preferable to communicate more directly via phone: a request for a phone call is most easily made via email, clearly indicating the nature of your enquiry so that the staff member is best prepared to assist you.

College policy is that staff will respond to communication within two school days: we ask parents to please be patient in awaiting timely response. We thank parents for your understanding and encourage you to contact your child's teacher directly via email for feedback at any stage. Parents and guardians can most easily access a teacher's direct email via **PAM**. Simply click on your child's profile picture and select the link '**Email Staff**' to choose the relevant teacher of your child.

Mrs Genevieve Gordon

genevieve.gordon@smseymour.catholic.edu.au

Director of Learning and Teaching

It has been encouraging to see all of our students focused and engaged with their learning as we move further into Term One of 2022. Class and assessment tasks are starting to populate our secondary students SIMON calendars. This is a great opportunity to engage in conversation with your child about what work they may have pending, ongoing or outstanding to complete.

For our primary students there will be regular reading and spelling practice. These will be communicated to your child by their class teacher.



Mrs Julia Wood

julia.wood@smseymour.catholic.edu.au

Director of Faith and Mission

Opening School Liturgy

On Friday afternoon students, will participate in an 'Opening school liturgy' with their teacher. Our student leadership have filmed various aspects of the liturgy; their first official job! After the Liturgy students will create their class prayer cloth, which will reflect this year's theme. These will be blessed by Father Ashkar in our next College Assembly.



LENT

In the coming weeks each family will receive a **Project Compassion box** from **Caritas**. It is a Catholic tradition that each Lent, as we prepare ourselves for Easter, we fundraise for Caritas.



The Caritas Australia organisation are committed to working alongside the most vulnerable, and to help them be more in charge of the decisions that are made on their behalf. They are inspired by the Gospel and the Catholic Social Teachings.

Jesus returned as a young adult to his home town of Nazareth (Luke 4: 16-30). He had just returned from forty days in the desert, a time of encounter with both darkness and light. It is this time of Jesus being 'lost' in the desert that we remember during the Lenten season.

In the desert he chose light, and when he returned home, he knew this meant a fresh way of understanding himself and the world.

Just as our theme, 'act with courage be strong in our faith' challenges us, Jesus also showed courage, stepping forward to be an agent for change, for loving relationships. He had a vision of freedom. It is a vision we share, one of justice, dignity and hope.

Caritas continues to follow Jesus' courageousness, by stepping out of their comfort zone to assist and work with those less fortunate than ourselves. Your generous support can help to change the lives of some of the world's most vulnerable people. Join us this Lent to raise much-needed funds for people living in poverty.

Together, we can make a difference now, and for All Future Generations.

Mrs Rochelle Gough

rochelle.gough@smseymour.catholic.edu.au

Director of Wellbeing



THE EARLY WEEKS OF STARTING SCHOOLS

I hope that students are settling into the routines of school. Below are some simple things you can do to help these first few weeks go smoothly:

- Try to drop off your child at school before the bell goes in the morning. Also pick your child up on time. If you're late it could make your child feel very anxious.
- If your child is worried about being separated from you, look for ways to distract your child at school drop-off. For example, you could try meeting a friend at the gate or walking to school with another child and parent.
- Make after-school time a bit special, with a snack and time for you and your child to chat.
- Be patient if your child wants to blurt out every little detail about school, or clams up completely. You could try saying something like, 'Tell me one good thing about your day', rather than asking a lot of questions.
- Be flexible with snacks and meals. Your child will probably be very hungry after school. If you give your child a small, healthy snack straight after school, it'll help to keep them going until dinner.
- Don't expect too much academic progress too soon. If your child is happy and seems to be enjoying school, that's a real achievement. The rest will come later.
- Remember that it's common for children to play with many different children and also to play on their own sometimes. It takes a while before they settle into a group of friends.
- If your child doesn't seem to be settling well, speak to your child's classroom teacher.

Students responding to harmful online content

Parents have an important role to play in children's online lives and evidence shows that their awareness and digital involvement has increased since 2016. But there are still some significant gaps – especially in relation to children's exposure to potentially harmful online content.

The eSafety commission worked with Global Kids to examine online risks and opportunities that the internet presents for children in Australia. More than 3,500 young people aged 8 to 17, and their parents, were surveyed during August and September 2021.

The research examined:

- children's online lives
- what parents know – and don't know – about their children's online experiences
- digital parenting practices and the effects on children's internet use.

Summary of findings

Young people engage in a wide range of online activities and experience many benefits from using the internet:

- Many children have gone online for health information, searching for material about mental, physical and sexual health.
- A third of children looked for emotional support online from friends and/or mental health support services.

Significant numbers of children have had negative online experiences:

- Close to half of the children surveyed were treated in a hurtful or nasty way online in the past year.
- A quarter of the children had themselves treated someone in a hurtful or nasty way online.
- One in ten children have been the target of hate speech online.
- Almost all children did something in response to a negative online experience – most commonly telling their parents.
- Exposure to negative online content and sexual content is prevalent among young people aged 14 to 17 years.
- Many parents underestimate the prevalence of children's negative online experiences, and many are not aware of their teens' exposure to negative content or sexual material online.
- Children with restrictive parents are less likely to be exposed to harmful content, but they are also much less likely to engage in supportive and protective and on-line activities.

Mrs Allison Moore

allison.moore@smseymour.catholic.edu.au

F-2 Coordinator



Week 3 has come and gone almost in a blink of an eye! F-2 have settled in magnificently and parents have been amazing in following our Covid guidelines of not entering the building unless necessary. Thank you for your support.

With this in mind, since you are unable to come to the PLC, I thought we would bring the PLC to you. Please enjoy these photos showing you the great spaces we are learning in and some of the wonderful work completed by our F-2 students.

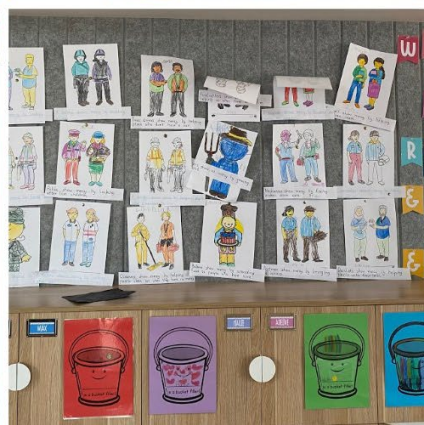
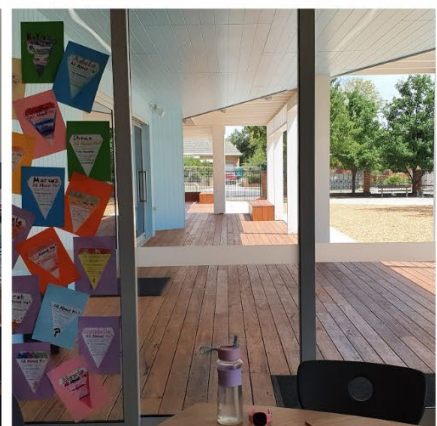
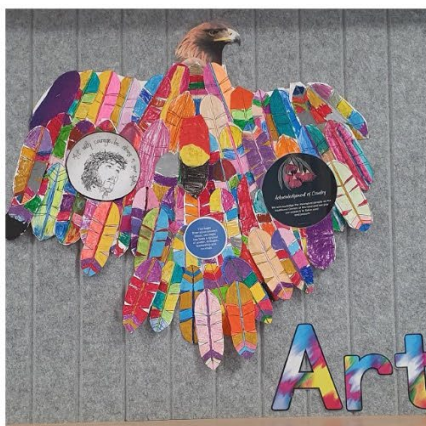
Foundation students continue to have Wednesdays as rest days with one remaining - 23rd February.

A reminder of our weekend Family emails. These are scheduled to be sent late afternoon on a Sunday. They often contain pertinent information for the upcoming week, reminders or general information about what your child is learning.

Foundation - 2 Primary Learning Centre is a nut free environment. Please ensure your child's lunch does not contain nut products such as Nutella or bars containing nuts. We appreciate your support.

Mrs Anne Spencer

anne.spencer@smseymour.catholic.edu.au





3-6 Coordinator



What a great start to 2022 we have had so far. Although current times make it difficult to settle in and celebrate the start of the year, students have been doing a fantastic job getting into our classroom routines and practices.

I hope you have been keeping up to date with all the happenings in your students' classroom by reading our weekly class emails that have been coming through on Sunday afternoons.

Our year six students have been busy planning and recording their leadership speeches and it is my pleasure to announce our primary leaders for 2022.

Primary Captains:

Jasper Radobuljac
Zahira Wilson

Padua Sports Captain:

Jack Findlay
Remy Clydesdale

Mcauley Sports Captain:

Ben Brown
Matilda Barry

I look forward to working with and supporting these students in their journey throughout the year. The badges for these students are being blessed by Father Ashkar in our online Liturgy on Friday afternoon.

Last week our year 5 and 6 students were involved in an online seminar which went through making responsible choices when using the internet and further developing their awareness of online safety. If you need any further resources on online safety the eSafety commissioner has a fantastic website.

<https://www.esafety.gov.au/parents>

Mr Ed Harding

edward.harding@smseymour.catholic.edu.au

Sports Coordinator

Hello to all students and families, new and old, I would firstly like to introduce myself as the College Sports Coordinator for 2022. My name is Courtney Aldous and I am very excited to be in this role and building a positive sporting environment for the students at St. Mary's College.

Term 1 Swimming

Term 1 is infamous for a jam-packed calendar of Sporting Events and this year was no different! In only the second week back to school we ran our College Swimming Time Trials in which our marvellous Primary and Secondary Swimmers received their time to advance them to the next stage of competition. All students demonstrated great sportsmanship and gave their best, congratulations to all that attended.

A further congratulations to our 2022 College Swimming Age Champions:

Age Group	Male	Female
9 year olds	Fletcher Kingston	Ellie Taylor
10 year olds	Jake Spratling	Ava Gordon
11 year olds	Finn Melville	Olivia Hamilton
12 year olds	Ben Brown	Sienna Lynch
13 year olds	Marcus Kingston and Hamish Melville	Kyra Pearce
14 year olds	Oliver Kingston	Olivia Scotman
15 year olds	Isaac Smith	Finn Hargreaves
16 year olds	N/A	Millie Charles

With just a week turnaround, the Primary Swimmers attended the next stage and represented the College at the District Level. Our representative primary students had another great display of their swimming abilities and demonstrated the quality of sportsmen and sportswomen we have in the primary years of the College.

Congratulations to all participants and also a further congratulations to those that received Age Champion for their age group, Fletcher Kingston (9Yr Male), Ellie Taylor (9Yr Female), Ava Gordon (10Yr Female), Finn Melville (11Yr Male) and Sienna Lynch (12Yr Female).

A special thank you to the Secondary Captains; Jesse, Mackenzie, Izaak, Charlotte and Ava C and Year 9 Representatives; Finn, Bella, Adison, Caleb and Isaac who assisted on the day in various duties.

All successful Primary Swimmers will look towards competing at the Division Swimming next week, February 23rd.

These specific students will be contacted to advise their involvement in the event as soon as practicable. The Secondary representative students will compete at the next stage, Southern Ranges Swimming Carnival, in Benalla on March 1st.

Looking Ahead

The rest of the term does not slow down for sport! In just three weeks we have our College Athletics Carnival and first Secondary Round Robin, March 7th and March 11th respectively. It is great to hear the excitement building amongst the students for these events and hopefully the College Community can be involved at a greater capacity.



Community Sporting Celebrations

The College had several students represent Seymour Little Athletics at a Track and Field Carnival in Albury last week. A huge congratulations to Laquisha Solomon (Yr 3; 3rd U/9 Hurdles), Alishika Kris (Yr 6) and Mia Brown (Yr 4; 3rd 70m and 2nd 100m, 200m and 400m) on their fantastic results.

Please feel free to contact me with any sporting achievements of students in the wider community as I would love to share them with the school for all to celebrate!

Miss Courtney Aldous

courtney.aldous@smseymour.catholic.edu.au

Data Analyst



In the next few weeks many year levels will commence standardised ACER Progressive Achievement Testing. The school is subscribed to PAT Math Adaptive, PAT Reading Adaptive, PAT Vocabulary, PAT Science and PAT Wellbeing. These tests are completed from year 3 onward at the beginning and then near the end of the year. This helps to identify potential learning needs of students which can be included as differentiation in lesson planning by teachers.

St Mary's College are currently getting ready to implement the Intellischools application which links to the schools SIMON system (Learning Management System) and other standardised testing systems such as ACER and NAPLAN. This will allow teachers to get a fuller picture of how students learning is progressing. I hope to explain more in future Marian Newsletters once the system is running.

teachers.

Ms Andrea Richards

andrea.richards@smseymour.catholic.edu.au

Welcome to some of our newest Members of Staff

Andrew Lloyd



Family situation: Single

Favourite song/artist: Never Gonna Give You Up by Rick Astley

Past employment/school: This is my first school! I worked as a National Premier League soccer referee during university.

Favourite footy/sports team: Melbourne Victory and Liverpool FC

Hobbies, sport, pastime: Love soccer (real football) and video games

Louise Reed



Family situation: I have been married for over 20 years and I have one daughter who is 16.

Music: I enjoy folk music and I like listening to music by Liz Stringer, The Tesky Brothers, Kutcha Edwards, The Waifs and I am a love reliving my past by listening to Bon Jovi, Jimmy Barnes & James Reyne.

Past employment/school: For the last few years I have work as Foundation/One teacher at Willowmavin Primary School and also taught Reading Intervention at Kinglake Primary School.

Favourite footy/sports team: I love watching AFL and Follow Richmond my favourite players Dusty, Liam Baker & Monic Konti

Hobbies, sport, pastime: I like growing my own vegetables, going to the footy, swimming in the beach and going to music festivals over summer I taught myself to do stand- up paddle boarding.

Lisa Cinquegrana



Family situation: I've been married for 32 years (makes me old) and have 2 children. Taylah who is 24 and Mitchell who is 21. We did a "tree change" about 11 years ago so my husband was closer to work and the kids could pursue their interests in horses and motorbikes.

The whole family have enjoyed the change and can't understand why we didn't do it years ago.

Music: I don't have a favourite artist but thoroughly enjoy listening to a lot of music. Guy Sebastian, Queen, Pink, Ed Sheeran to name a few.

Past employment: I worked for Seymour Coaches for nearly 8 years in admin and payroll enjoying the diversity of the role and doing a crash course in the local geography, which I didn't always pass. Prior to that I worked at a baby clothing wear company in a similar role for about 7 years. I grew up in New Zealand and came across the ditch when I was 19. I go back to see family as often as I can, which has been a bit of a challenge in the last few years obviously.

Favourite footy/sports team: Hmmm.... not an AFL fan but if I had to pick a team, it would be St. Kilda.

Hobbies, sport, pastime: We have been fortunate enough to travel all over Victoria with the horses and motorbikes, but not quite so involved now that the kids are not as passionate or competing. But we do try and get out and about to the regional areas, to have a look at the attractions. Once we are able to we would like to travel abroad and see what the world has to offer.

Aleisha Rogers



Family situation e.g. married/engaged/children/grandchildren I am recently engaged to my fiancé Gabriel, he proposed to me at Stingray Bay in Warrnambool in January.

Favourite song/artist: My favourite music artist is definitely Ed Sheeran.

Past employment/school: Last year I worked as an LSO at Our Lady of the Way in Wallan East whilst completing my teaching degree. I believe working as an LSO really assisted me in my transition to becoming a teacher.

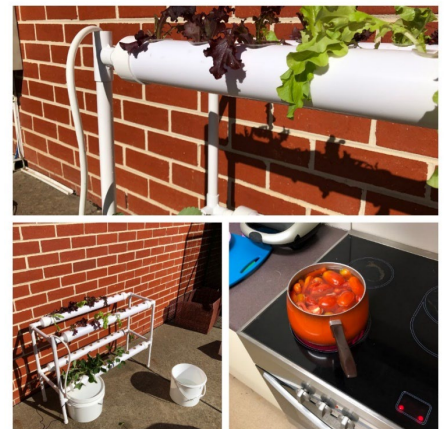
Favourite footy/sports team: My favourite footy team is Collingwood, I attempt to go to every game with my family and have been doing this for the last 19 years.

Hobbies, sport, pastime: I enjoy spending time with my family, friends, going to the gym and long walks with my family.

Agricultural Studies & Horticulture Report

This time of year is always busy for Ag Hort students. This week we set up a hydroponic system and hope to provide the canteen with a regular supply of lettuce and other produce.

We learnt that hydroponic systems are very water efficient and require no herbicides or pesticides. Plants grow quicker and stronger because the nutrients are delivered directly to the roots. We look forward seeing how this system performs. Meanwhile in the garden our tomatoes, planted by last year's Ag Hort students, are beginning to ripen. We picked a small number of tomatoes today and learned how to prepare them and use the passata machine. Our trial session yielded more than two bottles of sauce and the students are well prepared for a busy next few weeks as more of our tomatoes ripen. Next week we will continue with passata making and will also begin preserving some of our eggplant. We plan to slice and char-grill the eggplant and preserve it in olive oil. We also have quite a lot of gold nugget pumpkin ready to go and will have cantaloupe and water melon later in the season. Lots to do!



Mr Andrew Allen

andrew.allen@smseymour.catholic.edu.au

Defence School Mentor



DCO Education Assistance Scheme- Defence recognises that some children may experience disruption to their education due to posting. To help overcome immediate educational difficulties, Defence students may be eligible to receive reimbursement for up to 14 weeks of face to face or web-based tutoring fees for each approved subject. This applies within 18 months of starting a new school in a new posting location. For more information on how to apply refer to the DCO website or contact the Defence Family Helpline 1800 624 608.



Mrs Janice Kerris janice.kerris@smseymour.catholic.edu.au

College Nurse

Dates for the secondary school vaccination program.

The following vaccines are provided to free of charge to Year 7 and Year 10 students. These vaccines are organised by a vaccination nurse at the Mitchell Shire.

We have been given the following dates for onsite vaccinations in 2022:

Year 7 – Wednesday 9th March and Wednesday 12th October 2022

- Human papillomavirus (HPV) - course of two vaccines, 6 months apart.
- Diphtheria, tetanus and pertussis (whooping cough) - single dose.

PLEASE NOTE: Year 7 consent cards are due back asap.

Year 10 – Monday 23rd May 2022

- Meningococcal ACWY – single dose.

Year 10 consent cards went home on the 17th February and are due back by Friday 25th February.

If you do not consent for your child to receive a vaccine, please let me know via email at nurse@smseymour.catholic.edu.au and I will inform the immunisation nurse.

For further information visit [Immunisation in secondary schools - Better Health Channel](#)

Please remember to update your child/s medical profiles via your PAM account.

Mrs Brooke Wessels

brooke.wessels@smseymour.catholic.edu.au



Calendar

Term 1		
Week 4A	Wed 23 Feb	Division Swimming Primary (Select Students)
	Fri 25 Feb	College Assembly & 2022 Leaders Presentation
Week 5B	Tue 1 Mar	Shrove Tuesday Southern Ranges Swimming Yrs 7-10 (Select Students) Reconciliation Information Evening (tbc)
	Wed 2 Mar	Ash Wednesday Hume Swimming Primary (Select Students)

ourpatch

St Mary's College - Seymour

The Our Patch Before and After School Program is located at St Mary's College. The children are excited to be participating in Basketball, Football, Cooking and Dancing. Breakfast & Afternoon tea is included and we provide enough yummy, healthy, appealing food and drink to ensure the children are satisfied, and are keen to see what is on the menu for the next session.



Location:

Community Hall - St Mary's College
90 High St, Seymour VIC 3660

Contact:

1800 018 310 or info@ourpatch.education

Hours of Operations

Before School Care - 7:00am - 8:45am

After School Care - 3:15pm to 6:00pm

Curriculum Days - 7:00am to 6:00pm

Program fees prior to Child Care Subsidy:

	Permanent	Casual
Before School Care	\$25.00	\$28.00
After School Care	\$30.00	\$33.00
Curriculum Day	\$75.00	

Bookings made within 48 hours incur an additional fee.

Cancellations within 24- 48 hours incur a 25% charge of the session fee.



To register and book visit:

<https://ourpatch.education/before-and-after-school-care/>

ourpatch

Seymour's Annual



SHOW & SHINE

Labour Day, 14 March 2022

King's Park, Seymour

8am Start (Stall Holders 6am)

Display Cars : \$10/car incl. all occupants
Spectators : Gold Coin Entry

*ALL MAKES OF CARS
*SWAP MEET *MARKET
*KIDS' ENTERTAINMENT

For all enquiries contact:
secretary@seymouranddistrictcarclub.com.au
or Judy on 0407 562 003



ST. MARY'S FITNESS SESSIONS 2022

*** MONDAY AND THURSDAY NIGHTS ***
CHITTICK PARK, 5:30PM – 6:30PM
FOR ALL AGE GROUPS
FOOTBALL AND NETBALL
FEBRUARY 7TH, 10TH, 14TH, 17TH, 21ST, 24TH, 28TH
RUNNERS ONLY, BYO DRINK BOTTLES,
FUN AND FITNESS TOGETHER!

ANY QUESTIONS, PLEASE CONTACT
Eric (Football Co-Ordinator) 0423 644 244
Carrie (Netball Co-Ordinator) 0438 401 082

APPLY ONLINE

The Air Force Cadets are now RECRUITING!

FROM 01 OCTOBER 2021
TO 31 MARCH 2022.
START DATE FEBRUARY 2022.

airforcecadets.gov.au

#AirForceCadets

The Australian Air Force Cadets (AAFC) is a youth oriented organisation that is administered and actively supported by the Royal Australian Air Force. The AAFC will teach you valuable life skills and will help you develop qualities including leadership, self-reliance, confidence, teamwork and communication. Some activities undertaken by the AAFC include flying, fieldcraft, adventure training, firearms safety training, drill and ceremonial, service knowledge, aeromodelling, navigation and gliding.

419SQN Shepparton is recruiting again for 2022 and will hold an information session on Friday 18th February 2022. To register your interest or to receive more information please contact co.419sqn@airforcecadets.gov.au or 0481 111 305

To be eligible to enrol you must be in high school and 12 (turning 13 in the calendar year) -15.

St Mary's College

90 High Street, Seymour
Telephone: (03) 5792 2611
PO Box 269, Seymour 3661
Office Hours: 8:15am-4:30pm

St Mary's Parish Seymour ~ St Joseph's Tallarook

Parish Priest: Father Eugene Ashkar

Telephone: (03) 9412 8406 / 0455 123 509

Mass Times: St Mary's - SAT 6:00pm, SUN 10:00am;
St Joseph's - SUN 8:30am