

St Mary's College Seymour is a Child Safe School. We promote the safety, wellbeing and inclusion of all children.

Term 1

Newsletter No.2

#### **Dear Parents and Guardians**



#### Fr KBC A shining Light for Others

Monsignor (Father) Kevin Barry Cotter is a dear friend and mentor who I do not see much of these days. Fr KBC as he is affectionately known is now retired on five acres up at Adelong NSW near Tumut on the way to the Snowy Mountains. KBC spends his day growing potatoes, sitting on his verandah looking at the mountains; enjoying the occasional glass of red and writes his story pondering a pastor's life well lived. KBC is a boy from the bush, in fact give him country life any day. He spent 60 years as a priest out on the Western Riverina plains, up

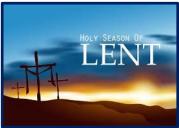
in the mountains at Cooma, as well as a few stints in Canberra. KBC is a living treasure back in the Canberra Goulburn Archdiocese. He can mix it with the highest echelons of society but prefers down to earth country folk. Fr KBC understands the struggles and joys that families endure and he believes that the best thing he can do as a priest is to leave positive memories in the hearts of others and sow the seeds for a lifelong relationship with Christ.

KBC is big on memories. He believes it is the memories we leave behind whether it be each day or over a decade that are what really matters in life. In other words, how we treat each other – that says KBC is what really matters. KBC wrote once in a parish bulletin, "we are essentially persons in relationship and can only discover our true identity in relation to other people and other things. Relationships are not about one's ego or self-importance, relationships are authentic and at times require honesty. Relationships are memories."

Our students like we adults are relational and sometimes they need to learn to fight their own battles. Allowing children to fight their own battles can be hard because we parents can also be like lions – very protective of our own. Even lions allow their cubs to learn the hard way when such an experience is required. Always rescuing our children from their own behaviours may be educative to a point but often rescuing can create the helicopter parent mentality that can defeat the very purpose of its intention, building a resilient and well-rounded student.

I called Fr KBC on Tuesday to check on his wellbeing and during our chat I asked him at the ripe age of 86 and in failing health what advice would he give us all? In typical KBC fashion he laughed and said, "Be patient and don't be scared to parent. Remember it's about the memories."

As we enter the Season of Lent may we all give time to think about the reason for the Season. Lent, Holy Week and Easter are the great chapters in the story and reality of our Christianity. The chapters of Fr KBC's book are nearing their end yet he lives each day with passion and purpose. His example to so many young people are memories that have influenced and changed lives for the better. As teachers and parents, we aim for the same to influence young hearts and minds to be the best they can be. To leave memories!



18 February

Friday seems so long ago yet we managed to organise the three-day rapid lockdown

learning program quickly, which is testament to the professionalism of our staff. Thank you to parents for coping with the how quickly things changed on Friday.

Let our actions and words be shining lights for others.

Wayne Smith Principal, St Mary's College Seymour DipEd (ACU) DipREd (ACU) BEd (ACU) GradCertEdAdmin (Edith Cowan) GradDipREd (ACU) MEdAdmin (Charles Sturt) MTheoStudies (BBITAITE)



We proclaim a crucified Christ ICorl.23

9 February 2021

Parents and Carers of children in Catholic SchoolsStaff and Colleagues in Catholic Education Catholic Archdiocese of Melbourne

My dear Brothers and Sisters in Christ,

My warm and prayerful greetings to you all.

I do hope that the Christmas season brought many blessings to you despite the extraordinary times we find ourselves in.

May I take this opportunity to once again extend my gratitude to each and every one of you; parents, carers, teachers and administrators, who have risen to meet the challenges of these times.

You have been resilient and innovative, and kept your families and communities close in timesof distancing. The rich life of Catholic education is an indispensable part of our missionary call to the Gospel, and the good people of God are blessed abundantly through your efforts.

I am sure that you are eager to commence this year and to be filled with the energy and excitement that comes from helping our young people flourish and grow.

May St Joseph, our protector, strengthen and guide you all as faithful carers and diligentworkers as this year unfolds. Please know that my prayers are with you.

Yours sincerely in Christ Jesus,

Most Rev Peter A Comensoli Archbishop of Melbourne

With every grace and blessing, I remain,

# Deputy Principal Operations

#### **Bus Travel**

The identity of St Mary's as a regional College is developing and as such, we have students travelling from various surrounding towns to attend our school. The office staff are conducting an audit of student travel arrangements. Parents/Guardians will be asked to supply information via an Operoo request. The audit is required to provide the College with accurate information for child safety and emergency management purposes.

It is important that both students and parents/guardians are familiar with the expectations of students travelling on buses. Mrs Gordon (Deputy Principal Operations), Mrs Allison Moore (Director of Wellbeing), Mrs Angela Molinaro (Secondary Pastoral Care Coordinator) and Mrs Anne Spencer (Primary Pastoral Care Coordinator) will meet with bus travellers next week to ensure everyone is clear regarding the expectations and consequences related to bus behaviour.

Behaviour incidents on buses are managed by the school, parents need to contact Genevieve Gordon who will investigate the concern. *Please do not contact the bus company directly.* 

#### The College Behaviour Management Policy states the following with regard to Bus Behaviour.

Students who use bus travel to and from St Mary's College are reminded of safe behaviours. Bus drivers have a difficult role ensuring they deliver their passengers safely. If home contact is required, the College is very supportive of the driver's role and responsibility. The driver's concentration on the road is paramount and to be respected at all times by every student. At the beginning of each year parents receive a reminder of College expectations for bus travel.

The College is guided by the Victorian Department of Education and Training School Bus Program protocols for any student's behaviour requiring further intervention. Parents inform the Pastoral Care Coordinators - Mrs Anne Spencer F-6 or Mrs Angela Molinaro 7-10, of a bus incident. The Pastoral Coordinator will also inform the Deputy Principal Operation for appropriate liaisons and communication with the bus company. If the behaviour of a student is not appropriate the 1-4 response may be required:

- 1. First offence verbal warning to student.
- 2. Second offence written warning to parent/guardian.
- 3. Third offence one-week suspension of student from school bus travel.
- 4. Fourth offence the student may not be allowed to travel on the school bus for the remainder of the year. (Requires MACS consultation).

#### **Allergies and Anaphylaxis**

Research in Australia is showing that 1 in 10 infants is being diagnosed with a food allergy. At St Mary's College the entire community has a responsibility to look out for those individuals at risk of anaphylaxis and to help them avoid their triggers. We encourage our school community to follow the M.A.T.E – Make Allergy Treatment Easier acronym. Anyone can be a M.A.T.E. by following these five easy steps:

- Always take food allergies seriously
- Don't share food.
- Wash hands after eating
- Ask a friend what they are allergic to.
- Get help immediately if a schoolmate has a reaction.

#### **Secondary School Vaccinations**

The Secondary School Vaccine Program offers free vaccinations to Year 7 and Year 10 students. These vaccines provide protection against:

#### Year 7 students

- Diphtheria, tetanus and whooping cough (pertussis) one injection
- Human Papillomavirus (HPV) two injections spaced by a minimum of 6 months

#### Year 10 students

• Meningococcal ACWY – one injection

Parents/guardians of Year 7 and Year 10 students should look out for the vaccine consent forms coming home from school with your child. You need to read the information, complete and return the form regardless of whether your child is being vaccinated at school.

The Mitchell Shire Council immunisation service may contact you about the Secondary School Vaccine Program. Schools are authorised to provide basic parent/guardian contact details to local councils for this purpose.

Contact the school by **16<sup>th</sup> March for Year 7s** or by **24<sup>th</sup> May for Year 10s** if you do not want your contact details to be given to the Mitchell Shire Council Immunisation Service.

To learn more about the Secondary School Vaccine Program, the vaccines, the diseases they protect against, or how you can prepare your child for vaccination, go to:https://www.betterhealth.vic.gov.au/health/healthyliving/immunisation-in-secondary- schools

#### Students who missed school vaccinations in 2020

Some vaccines, due to students in 2020, were not delivered at the intended times due to school closures resulting from the COVID-19 pandemic response in Victoria. Some students, now in Year 8 and/or Year 11, may be due to complete their 2020 vaccine program this year to catch-up the missed vaccines. Consent for these vaccines remains valid and you do not need to complete any additional forms.

Local council immunisation services will be relying on the Australian Immunisation Register (AIR) to determine if your child is due for this vaccine and will not administer this vaccine if it has already been delivered by another immunisation provider, as recorded on AIR by the immunisation provider.

If you have had your child vaccinated elsewhere, you may wish to ensure that this is reflected on the Australian Immunisation Register. You can do this by contacting the immunisation provider and asking them to confirm that the vaccine was recorded on AIR.

You can contact the local council immunisation service on 03 5734 6355 to discuss any changes to your child's health that you think might impact on their suitability to receive the vaccine or to withdraw your consent for vaccination at any time prior to vaccination day.

We will let you know when the Mitchell Shire Council immunisation service will be visiting the school to provide the due vaccine and what you can do to prepare your child for vaccination.

### **Genevieve Gordon**

genevieve.gordon@smseymour.catholic.edu.au

# Director of Learning and Teaching

What an amazing community we have! The sudden return to lockdown has been managed by our leaders and staff with efficiency and clarity. The methods and approaches used last year were hastily considered and refined for these circumstances. The expectation is that we have all done the best we can no matter what level of learning we are engaged in. The possibility of setting up for a longer period of remote learning is always there.



Our new students in secondary were not necessarily used to the platforms in which we work, so if students have found this week challenging the issues will be discussed and the appropriate teaching will take place. Our primary students were allocated work as best as possible given there. Was no time to set up devices for them.

So, in anticipation of being onsite - I remind you to check the calendar for events and notice cancellations or changes.

*Primary parent teacher interviews* are taking place this evening from 4:00pm to 6:00pm via Google Meet (these have closed for today)

And on Monday 22nd February between 4:00pm and 6:00pm face to face, onsite in your child's classroom. Bookings can still be made for Monday via your PAM account.

See last week's Marian for instructions relating to PAM.

Looking forward to the week ahead!

### **Christine Buhler**

christine.buhler@smseymour.catholic.edu.au

# Secondary Literacy Leader

While the rolling Lockdowns of COVID are disruptive, there are positives to Remote Learning.

Get into some shared reading as a family. To sustain your family's interest, we suggest going for a series, either a trilogy or a longer series. The bonus is that some of these series have movie tie-ins.

Go for a series that can be read aloud in a shared environment or for quiet, relaxed personal reading. Remember your own favourites and reintroduce them!

The lists below are just suggestions taken from the Children's Book Council of Australia and Scholastic suggestions and a few of our personal favourites.

#### **UNDER 6'S CHAPTER BOOK SERIES:**

Franny K Stein by Jim Benton Magic Treehouse by Mary Pope Osborne Ricky Ricotta/Captain Underpants by Dav Pilkey Cobble Street Cousins by Cynthia Rylant. Jake Drake by Andrew Clements Buddy Files by Dori Hillestad Butler Puppy Place by Ellen Miles Elliot's Park by Patrick Carmen Missile Mouse by Jake Parker Unicorn's Secret /Faerie's Promise by Kathleen Duey



#### **UNDER 10'S SERIES**

Harry Potter by JK Rowling Percy Jackson by Rick Riordan Wings of Fire by Tui T Sullivan Amulet by Kazu Kibuishi's Bone by Jeff Smith The Baby-Sitter's Club by Ann M Martin Dog Man/Captain Underpants by Dav Pilkey Diary of a Wimpy Kid - Jeff Kinney I Survived series by Lauren Tarshis Dork Diaries by Rachel Renee Russell Whatever after by Sarah Mlynowski

#### **12 YEARS, TEENS AND UP:**

Harry Potter by JK Rowling Percy Jackson by Rick Riordan Wings of Fire by Tui T SullivaN Anne of Green Gables by LM Montgomery His Dark Materials trilogy: The Golden Compass, The Subtle Knife, and The Amber Spyglass by Philip Pullman The Hobbit /Lord of the Rings by JRR Tolkein Uglies/Pretties series by Scott Westerfeld Embassy Row by Ally Parker Gregor the Underlander/Overlander & the Hunger Games by suzanne Collins The Maze Runner by James Dashner Divergent - Veronica Roth City of Bones by Cassandra Claire Tomorrow when the war began by John Marsden

Whether you choose something from our very well stocked School Library shelves or rediscover a dog-eared classic from your home book shelves, reconnect with your family by reading a book together.

The bonus for us all is that this helps our College community towards its goal of improving reading outcomes for our students.





# **Defence** School Mentor

St Mary's Defence Families Welcome Morning Tea

Unfortunately, due to the lockdown our Defence Families Morning Tea was postponed.

An updated invitation will be sent out to families soon when a new date has been confirmed.

### **DCO Defence Family Helpline**

Support, local community information and advice is available for ADF families through the Defence Family Helpline. It operates 24-7 and is staffed by qualified human services professionals including social workers and psychologists. This is also the best way to access DCO programs and services offered to help Defence families manage the military way of life.

Phone-1800 624 608 or Email- <u>DefenceFamilyHelpline@defence.gov.au</u>

### **DCO Education Assistance Scheme**

Defence recognises that some children may experience disruption to their education due to posting. To help overcome immediate educational difficulties, Defence students may be eligible to receive reimbursement for up to 14 weeks of face to face or web-based tutoring fees for each approved subject. This applies within 18 months of starting a new school in a new posting location. For more information on how to apply refer to the DCO website or contact the Defence Family Helpline 1800 624 608.

### Mrs Emma Marrinan

emma.marrinan@smseymour.catholic.edu.au

# **Counsellors** Corner

COVID Restrictions can bring about a multitude of different emotions for adults and children alike. This lockdown is a great opportunity to have an open and honest conversation with your family. Providing an open space for children to discuss their concerns, fears, excitement, whatever emotion they may be experiencing can help your child to build their self-esteem, build stronger relationships and become emotionally resilient. Building an emotionally safe space for



your child or teen to express themselves in a safe and supportive environment also helps your child or teen to feel confident in their communication, which can aid in reducing issues around disclosure (what you child or teen tells you).



"Listen earnestly to anything your children want to tell you, no matter what. If you don't listen eagerly to the little stuff when they are little, they won't tell you the big stuff when they are big, because to them all of it has always been big stuff" – **Catherine M Wallace** 





# Director of Faith and Mission

### The living out of religious faith is populated by rituals.



One of the most distinctive of Catholic rituals is the marking with ashes at the start of the season of Lent, itself preceded in many cultures by Shrove Tuesday and the celebration of Mardi Gras.

In the ritual of using the mark of the cross in ashes, v

faith by standing together, in our human solidarity, acknowledging the truth that our mortality is real and is shared. Ashes remind us all that all human

beings share a brokenness, that we all are sinners and that we will all experience death.

#### **Stand Together**

We stand together in our shared need for redemption – human beings, all of us, are capable of great selfishness and self-centeredness, of hurting others, of not being people who love all the time. At the heart of the spirituality that has shaped our school lies this mystery of God's love poured out for us in the Son, crucified and risen.

	TO FAST THIS LENT? Is of Pope Francis
- Fast from hurting words	and say kind words
- Fast from sadness	and be filled with gratitiude.
Fast from anger	and be filled with patience.
. Fast from pessimism	and be filled with hope
. Fast from worries	and have trust in God
. Fast from complaints	and contemplate simplicity.
. Fast from pressures	and be prayerful
- Fast from bitterness	and fill your hearts with joy.
. Fast from selfishness	and be compassionate to others.
- Fast from grudges	and be reconciled
- Fast from words	and be silent so you can listen.

And so, it is important that we mark within the rhythm of the school year the season of Lent, and we do so with ashes.

In our rather hectic world, the idea of 40 days of preparation for the celebration of the passion, death and resurrection of Jesus may seem somewhat quaint, anachronistic or unreal. Yet, more than ever, we need to be intentional in creating space to nurture our faith. The very busyness of our lives can create an unsatisfied spiritual hunger.

Moreover, some of the pervading themes of Lent, however, do resonate with modern concerns. The idea of making time and listening to another (and this is the heart of prayer) is increasingly identified as the great challenge facing individuals in all relationships. Our relationships, including our relationship with God, need that nourishment that comes from making time for communication.

#### Work For Justice

The theme of reconciliation, moreover, evokes our contemporary challenge to work for justice. Whether we look here in Australia to the challenges we face as a people, or overseas where racial, sectarian or political conflict, we know that we human beings always stand in need of reconciliation.

Fasting or giving up some small indulgence carries added meaning in a world where the gap between rich and poor remains a scandal. It has added relevance today when sustainability is integral to debates around the environment.

The season of Lent invites all of us to re-discover our spiritual roots and re-connect with our Church community in our common journey of faith. It is an invitation to deepen our relationship with the Lord.

It is all too easy to think of Church in terms of buildings or as an institution, and sometimes a clumsy one at that. In the last few weeks, the Church has not received the best of press as an institution. There are undoubted failures on our part, and it can be infuriating that we don't seem to learn quickly enough from mistakes and failures. It is fair to say also that sometimes scrutiny crosses over to unfounded and vitriolic commentary that would not be tolerated against other like communities.

#### Vinnies and Caritas

There is another face of the church, the good news as it were, that receives comparatively little media coverage. The St Vincent De Paul Society, for example, has been a mainstay of the relief effort for communities and individuals affected by bushfires and the pandemic. Its work goes largely unsung and it generally avoids the spotlight. But it is Australia's largest non-government welfare agency.

A second face of the church is Caritas, which most of us associate with Project Compassion boxes eating up our loose change during Lent. Caritas' Project Compassion reminds us of our common responsibility to the hungry and marginalised of our world, and that care for those in need is not just a matter for governments but for all of us.

Project Compassion is a practical way to help make a difference, and in terms of the amount of what we give that reaches those in need (as distinct from advertising, administration etc), Catholic charities have an unsurpassed record. The network of charities under the Caritas umbrella is the world's largest non-government provider of international aid. With membership in 162 countries, Caritas works without regard to race or religion, and its members (40,000 paid staff and 125,000 volunteers) directly help 24 million people a year with an aid budget of around \$9 billion dollars. Every family will receive their Caritas Box next week.

The season of Lent calls us again to reflect on the meaning to be found in the gospel and the call to a more intimate relationship with Jesus.



#### Mrs Rochelle Gough rochelle.gough@smseymour.catholic.edu.au



# Primary Pastoral Care Coordinator

No one can say that the start of our school year hasn't been both busy and interesting! We have been fortunate to have had our Opening Mass, the incursion from Brainstorm Productions and the Swimming Carnival. We have instituted a new lining up process that is seeing our students enter the classroom in a much calmer manner and many parents a saying hello and good-bye at the school gate, allowing our students to continue on the path of independence. We have also had unfortunately, three Friday's in a row that rained and a snap lockdown and return to Home



Learning due to Covid-19. Phew! That would exhaust just about everyone. But in true resilience, our students form Foundation to Year 6 have managed incredibly well!

Last week we had the pleasure of listening to presentations from candidates vying for Primary Leader positions. The level of presentation was AMAZING! The depth of sincerity and desire for a position was evident. They were all very nervous but did a marvelous job. Well done to everyone!

As with any leadership position, not everyone can be the recipient. However, the strength of presentations has inspired many teachers to consider the entire group as leaders of the future and plans are already being made for them to have other opportunities to continue to improve their skills.

I would like to introduce and congratulate our Primary Leaders for 2021. Here is what they have to say about obtaining their position –

### **Primary Captains:**



**Lilli Kelly**: 'Being a junior leader means helping out with anything, doing a job or running around is something I find fun. I have been told by lots of people that whatever the situation is, I always have a smile on my face! I would like to help people to be able to do the same'.



**Harry Homewood**: 'I take responsibility for my actions and respect everyone and everything and I will listen to other people and acknowledge their ideas. I will try to inspire those around me I want to make sure everyone feels wanted at school, has friends and is not alone. I want to be remembered for being a good leader and role model, support others, lead by example and represent St Marys College at all times.

### **Primary Padua Sport Captains:**



**Kyra Pearce**: 'My legacy for being sports captain is to encourage good sportsmanship and for everyone to enjoy all sports they participate in. I just want everyone to have fun playing sports'.



**Hamish Melville:** 'It means a lot to me to be a Padua House Captain and makes me feel proud. I hope my love for sport and the teamwork and leadership skills, which I have learnt from participating in many sports, will help me to lead the Padua team. I will encourage my team members to work together, show respect and great sportsmanship to their teammates and their rivals. It is not always about winning. It is about participating, doing our best and having fun. I will be there to support them by offering quidance

and encouraging them to participate in events and activities and to show them what it means to be a member of the Padua Team'.

### **Primary McAuley Sport Captains:**



**Tylah Shearer:** 'For me, being elected as Primary McAuley Sports Captain is an honour and it means that people believe in me. I feel I can encourage people to do their best and give them confidence. I hope to be remembered as someone who was able to bring the best out in people and to help build their self-esteem'.



**Marcus Kingston:** 'I'm super proud to be the Primary McAuley Sports Captain for 2021. I hope to support and encourage all of my McAuley peers to have-a-go and try their best. I hope this year hives us lots of opportunities to play more sports!'

# Community Team

Every year, countless people turn Lent into a demonstration of faith, love and generosity. We can be a part of this incredible community, who believe that there are simple actions we can all take to "be more" for our world.

Our fundraising for Project Compassion, puts our compassion into action. Whichever fundraising your child chooses to participate in, we'll all be contributing towards a more just and compassionate world.

Unfortunately, due to lockdown, we were unable to hold our first Caritas fundraising event-Pancake Tuesday. Thanks to the parents who had offered to help us with the cooking. Fingers crossed we can squeeze it in somewhere else in the term.



Our next event is Crazy Sock Day on Friday 26th. Start searching for colourful, crazy, interesting socks that will add flair to our uniform! A gold coin donation will start our Caritas Project Compassion fundraising.



\*\*\*Project Compassion Boxes will be handed out to families next week.

# **Business Manager**

### **College Fees and Levies**

A 2021 College Fees and Levies Information Pack was sent to families via email on 11 December 2020. If you have any questions relating to fees and levies, payment options or Conveyance or you did not receive the information pack, please do not hesitate to contact myself or Stacia Read at the College office.



January 2021 Fee Statements were issued to families via email on 8 February 2021. If you did not receive your statement, please contact me at the College. If you have changed your email address recently, please send your new details to <a href="mailto:accounts@smseymour.catholic.edu.au">accounts@smseymour.catholic.edu.au</a>

**Fee Due Dates** Please be aware of the due dates for fees and levies. These due dates are also outlined on the fee statements which were distributed last week.

- The balance of applicable VET charges and laptop instalments for Years 8, 9 and 10 are due by **1 March 2021**.
- Curriculum Levies and Secondary Levies are all due for payment by **1 June 2021**.
- The next laptop instalment will be due for Years 7, 8 and 9 students on **1 September 2021**.
- All remaining levies and charges are due in full by **31 October 2021** unless alternative arrangements have been arranged

by contacting me personally at the College.

Our preferred method of payment is by **Direct Debit** (application forms are available in the information pack or from College Office) or **EFT** (the bank details and reference number are provided on your fee statement). When making payments via EFT please ensure the payment reference details include your account number and surname. The account number can be found to the top right of your fee statement.

Please note the College is changing our banking details. The previous fee statements included our old banking details. We are in the process of transitioning from one bank account to the other. Any payments that have been made over January and February to the old bank account will be fine. The new bank details will appear on your next fee statement.

### **COLLEGE'S NEW BANK ACCOUNT DETAILS**

Account Name: St Mary's College General Account BSB: 083 347 Account No: 839 989 790

Please ensure you use the new details when making payments and update any saved EFT details for the College.

# SCHOOL PHOTOS 2021 - Important Registration Information



It's important to register each year to link your child's NEW images to your contact details When 2021 images are ready to view in our secure webshop you'll be notified by email and SMS

\*\* BEFORE ORDERING for 2021, please wait to receive notification that new images are online\*\*

-Order on any mobile device • Share the images with family & friends for FREE -Oreate a photo package with any layout + YOUR choice of images + Digital Downloads



Arthur Reed Photos Pty. Ltd. A.B.N 48 528 494 590 (03) 5243 4390 customerservice@arphotos.com.au

# Dates to Remember

## Bell Times 2021

Supervision of students begins at 8:30am		
Homeroom	8:45 - 8:55	
Period 1	8:55 – 9:55	
Period 2	9:55 – 10:55	
Recess	10:55 – 11:20	
Period 3	11:25 – 12:25	
Period 4	12:25 – 1:25	
Lunch	1:25 – 2:10	
Period 5	2:15 – 3:15	

### Term Dates 2021 Term 1: 28/01 – 01/04 Term 2: 19/04 – 25/06 Term 3: 12/07 – 17/09 Term 4: 04/10 – 17/12

Term 1		
Week 4	Fri 19 Feb	College Assembly 2:15pm
Week 5	Wed 24 Feb	Primary District Swimming (Specific students)
	Fri 26 Feb	Crazy Sock Day (gold coin donation)
		Primary Division Swimming (Specific students)
Week 6	Tue 2 Mar	Secondary Southern Ranges Swimming (Specific students)
	Wed 3 Mar	RACV Incursion - Foundation & Year 1
	Thu 4 Mar	Crazy Hair Day (gold coin donation)
	Fri 5 Mar	Clean-Up For Schools Day Step Up To Clean Up
	Fri 5 Mar	Round Robin Years 7-10
Week 7	Mon 8 Mar	Labour Day Public Holiday
	Tue 9 Mar	School Closure Day - Staff Professional Development
	Wed 10 Mar	College Athletics Carnival – Kings Park 9am
	Wed 10 – Fri 12 Mar	Book Fair Open to Parents 8:30am-4pm
	Thu 11 Mar	College Photo Day
Week 8	Mon 15 Mar	Book Fair Open to Parents 8:30am-4pm
	Mon 15 Mar	Meat Pie Monday \$2.50 per pie
Week 9		
Week 10	Thu 1 Apr	Easter Liturgy 11:30am
	Thu 1 Apr	Last Day Term 1

### St Mary's College

90 High Street, Seymour Telephone: (03) 5792 2611 PO Box 269, Seymour 3661 Office Hours: 8:15am-4:30pm St Mary's Parish Seymour ~ St Joseph's Tallarook Parish Priest: Father Eugene Ashkar Telephone: (03) 9412 8406 / 0455 123 509 Mass Times: St Mary's - SAT 6:00pm, SUN 10:00am; St Joseph's - SUN 8:30am



#### t is very common these days fo athers to be taking a much mor

ictive role in family life. Mothers are lso finding that there are more lemands on their time from a inancial point of view. Fathers who ind themselves more involved in he parenting part of family life may lso find themselves wishing for more options for dealing with the lay to day issues that arise in the iome.

This course is suitable for all parents who would like to meet with others to explore ways to increase their options in dealing with the various issues that parents experience while supporting and nurturing their partners and children of all ages.

Some of the topics that have been helpful in previous groups include:

- Communication
  Teaching life skills
- What is normal for kids?
- behaviour

How to help your child when they are anxious, angry or upset

#### 8 SESSION COURSE

Tuesday 16 February til 30 March 2021 10am-12:30pm or 5:30pm-8pm FamilyCare offices, 64 High St, Seymour NO COST

New participants welcome up to session 4 for information or to book call 0357 354 600

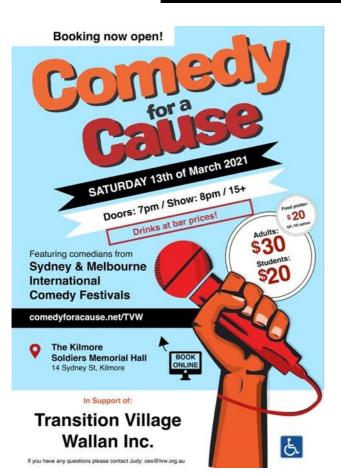
Group will be run in line with current COVID guidlines

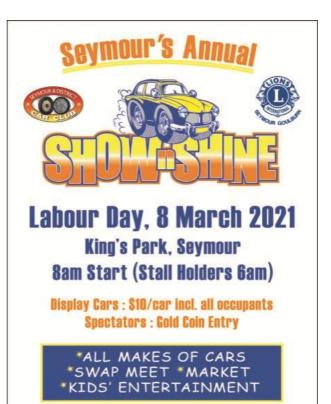
familycare





2021 ANNUAL GENERAL MEETING 11AM, SUNDAY 21 FEBRUARY The Schoolhouse Theatre Seymour





For all enquiries contact: secretary@seymouranddistrictcarclub.com.au or Judy on 0407 562 003



SOUTENTION FOOTBALLERS

Footy is just around the corner and St Mary's Junior Football Netball Club are seeking interest from boys and girls to play for U9s (must be 7 years of age by 30 April 2021), U11s, U13s and U15s football teams.

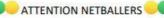
We are getting together at 5.00 pm on Tuesday, 23 February at Chittick Park for a meet and greet for parents and kick to kick for the kids. It would be fantastic to see you there.

So that we can get an idea of numbers for the current season, please contact Rhys Melville on 0437 458 816 if your child is keen to be a part of the Saints for the 2021 season or you would like further information.

Football age requirements:

U9s (born 2012-2013 and turning 7 years old by 30 April 2021) U11s (born 2010-2011) U13s (born 2008-2009)

U15s (born 2006-2007)



We are trying to get an idea of player numbers for netball U11's (born 2010-2011), U13's (born 2008-2009) and U15s (born 2006-2007).

If your child is interested in playing or you would like some more information, please contact Carrie Hayes-Netball Co-ordinator on 0438 401 082.

A netball information afternoon is being held at 4.30pm on Friday, 26 February at the Kings Park netball courts. Carrie will also be available at the football get together being on held on Tuesday.

COACHING POSITIONS

Football and Netball Coaching applications close 23rd Feb 2021. Further information is available on our Facebook Page

https://www.facebook.com/saint.marys.jfnc.seymour

Please share amongst your friends.

