

THE MARIAN

ST. MARY'S COLLEGE SEYMOUR

www.smseymour.catholic.edu.au facebook.com/stmarysseymour https://pam.smseymour.catholic.edu.au



No. 12

Term 2 Week 9 of 11

12/06/20







St. Mary's College Vision Statement

A welcoming Catholic community that respects our heritage and looks to a sustainable future.

We inspire learning excellence, resilience and service to others.



St Mary's College Seymour is a **Child Safe School**. We promote the safety, wellbeing and inclusion of all children.

From the Principal

Gracious God,
give us ears to hear,
eyes to see,
hearts to love,
and hands to act;
so that 'we are
shining lamps,
giving light to all
around us'.





Dear Parents and Guardians

St Mary's College has been influenced by the legacy of strong women. Of course, there is Catherine McAuley and the Mercy Values that are integral to our College's mission and tradition. There is also Mary Mackillop the foundress of the Sisters of St Joseph - an Australian Religious Order who primarily served families in outer rural communities and whose influence on St Mary's has not been as obvious but for the families in outer rural areas, life changing. Mary Mackillop (Saint Mary of the Cross) said, "we stand on the shoulders of those who have gone before us".....so true. St Mary's also has the influence of Padua House – St Anthony of Padua who was a Franciscan priest in the charism of St Francis of Assisi. St Anthony may not have the profile of both these extraordinary women but is held in no less regard.

Kerry Hogan

St Mary's has had many wonderful educators in the past who have influenced the lives of the students and who graced



the classrooms. Educators like former Principal Peter Kelly who gave dedicated service to the College over many years. The late Kerry Hogan who passed away in 2019 was one such educator who left an inspiring 22 year legacy.

From the Marian (June 2019) Kerry Hogan The Keeper of the Fire

"Every school has a keeper of the fire. From hearing the richness of the conversations and stories told by staff about Kerry Hogan, she was indeed St. Mary's keeper of the fire. Kerry was that keeper of the fire, the one who kept the spirit of St. Mary's alive in all its daily glory. For me the fire represents the vision and values which must be kept constantly alight in the hearts of students, staff and parents. After hearing the stories of Kerry, I have no doubt Kerry was that teacher, that colleague, the one who kept that spirit, that fire alive in the heart of the College and for that matter, the Seymour community.

I never met Kerry Hogan and I am no doubt much the poorer for that! I did not observe Kerry weaving her magic with students in class, with the College Choir or when leading a famous St. Mary's College production, but I learnt very quickly

when listening to the stories about Kerry (from her colleagues) that this extraordinary lady was the heartbeat of St Mary's - she was indeed the keeper of the fire. Kerry's presence was her magic gift. Her gift was just to be Kerry! Kerry Hogan was the keeper of fire and she kept the vision and the values of St Mary's strong, in the palm of her hand. Her heart was open for all to experience, for all to share.

Parker J Palmer a globally respected American teacher and writer said of the word legacy, "What do I want my legacy to be? It's not my legacy—it's ours. It's a shared legacy created by the folks who participate. A legacy is a living thing. My personal legacy? I'd like it to be one of good humour, good will and generosity. I'd like it to be said that we had a lot of laughs, we extended a lot of kindness, and we built an abundant storehouse of heart-and-soul resources that anyone can draw on. I can't imagine a better legacy than that."

We all leave legacies and in Catholic Schools we stand on the shoulders of those who have gone before us, whether that be as a student, staff member, a parent and or a member of the P&F or College Board. Every school has its stories of the journey; its characters and those keepers of the fire who passionately defend its mission and ethos. Though only one school had Mrs Kerry Hogan......... St Mary's College, Seymour. How blessed was this College community to have such a soul in its midst for over 20 years! Blessings on you Mrs Hogan. The staff are laughing when they retell those golden stories. The staff are hurting yet we all know that when God calls, it is time and we take comfort in knowing that Our Lord had finally given you rest. Your legacy Kerry, will always be alive at St. Mary's!

God speed to you Mrs Hogan. Our St Mary's College community know your spirit is a grace that was so generously given and so preciously received. There but for the Grace of God go We all."

Vale Mrs Kerry Hogan

St Mary's College Staff Member Seymour 1996-2018

'May the Lord bless you and keep you.

May the Lord let his face shine on you and be gracious to you.

May the Lord uncover his face to you and bring you peace.'

Numbers 6 24-26

2021 Enrolments

For the past two weeks Ms Dovara and I have been conducting enrolment interviews. It is always a wonderful experience to discuss parents dreams for their children and the reasons why they want a Catholic education. Currently there are 41 enrolments for Foundation and 60 students entering Year 7. It is no secret that parents and the Seymour community (both locally and regionally) want St Mary's to return to Year 12. Parents will be informed soon on this continuing conversation. The Transition programs will be reset for both Foundation students and Year 6 into Year 7. St Mary's has a wide catchment area for enrolments and parents are willing to have their sons and daughters travel distances to attend the College.





Minimising the Risk

The Medical Officers are concerned about a second wave – no one wants a second wave, which could cause a return back to shutdowns. If we are sensible, disciplined, use good hygiene habits; educate the students at home and at the College, then we all minimise the risk. Thank you for not congregating and entering the College grounds only for necessity. We will get back to relative normality as restrictions are eased but if we disregard current advice then we invite trouble. Staff are not congregating; there are no large gatherings and extra cleaning is in place until further notice.

It was clear watching the AFL last night that players a rusty. 2020 may well be the year when a team come from nowhere to claim holy grail.

Best wishes

Principal

principal@smseymour.catholic.edu.au

DipEd(ACU) DipREd(ACU) BEd(ACU) GradCertEdAdmin(Edith Cowan)
GradDipREd(ACU) MEdAdmin(Charles Sturt) MTheoStudies(BBITAITE)



F - 4 News

from the Level Co-ordinator

It was a wonderful morning on Tuesday greeting so many happy faces - happier to return to their friends than the school work maybe! The delight that we have seen since then has been just as fabulous. Lots of reconnecting has happened with plenty of opportunities to talk about Remote Learning and isolation. A few recounts I have included in this edition of the Marian.



As the term nears the end, there is still plenty to do. Curriculum being taught, tasks moderated, assessments marked and reports written. Our students are fully engaged in their day and we look forward to seeing this into the future.

'Remote Learning was fun. It was great fun to do Maths'.

Udayveer Bhatti

'Remote Learning was a good experience and I made a new friend. I learned how to do a front flip and almost land it. But on the down side I couldn't play with all my friends because they were in lockdown. I had to play by myself'.

Harrison Parker

'Remote Learning was good because you could finish your school work and then play video games. Remote Learning was hard sometimes to finish school work'.

Taj Wessels

'My favourite part of Remote Learning had to be when I did my first piece of work because it felt like I would do every other piece of work AMAZINGLY! Of course, that didn't quite happen but I still knew that I did well. I think Remote Learning taught me a lot about how we all need to try our best and persevere'.

Ava Jarvis

'What I have learnt from Remote Learning is that we have just been through a miracle and that remote learning is possible!'

Sienna Lynch



Fairy Tales

Foundation have been learning about Fairy Tales. Here the students are retelling the story to a partner by acting it out with a scene and puppets that they made themselves.



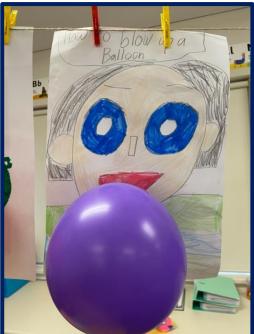


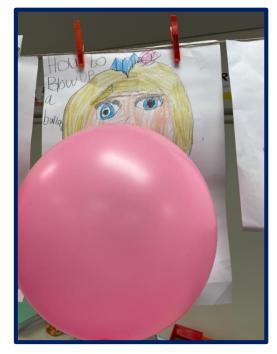


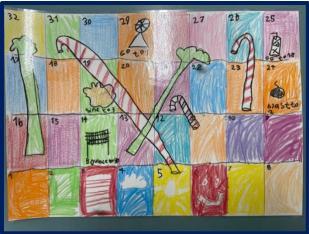
1/2 - Writing Procedures

We have made game boards and written the instructions to play. We have written instructions on how to blow up a balloon We followed recipes - 1/2 A and B made ice cream. 1/2 C and D made chocolate spiders.









Mrs Anne Spencer
anne.spencer@smseymour.catholic.edu.au



Year 5-7 News

from the Level Co-ordinator

Year 7 Students Reflecting on their Home Learning experience

My Reflections on Remote Learning

Positives of Remote learning:

- I can sleep in.
- I have more time at home with my family.
- The work is a bit easier.
- You can help your parents
- No travel
- No uniform
- Going outside if I finish early

Negatives of Remote Learning:

- I don't get to see my friends.
- I am on the computer a lot more.
- There are a lot more distractions at home
- Cyberbullying
- No extracurricular activities



I think that home schooling definitely had its pros and cons. I really liked the fact that halfway through a lesson I could quickly run and grab a snack or a drink and I also enjoyed using google classroom. I didn't like the fact that the teacher wasn't right there though as I prefer to talk to them in person rather than via email. I think that I could do it for 3 weeks or so but not for another super long period.

Oliver Dredge 7C

Remote learning was a mix of positives and negatives for me. I definitely missed my friends a lot but enjoyed the time at home without the distractions of a normal classroom. Without the bus, a lot of people didn't have a long trip to get to school which meant that they got a sleep-in and that was a pro for a large group though getting back into school routine became very hard. Home schooling made me a much more independent learner and unquestionably gave me more confidence at school. Overall though I really enjoyed remote learning but am also glad to get back to school.

Annie Dignam 7C

My experience with Remote Learning

Remote learning was pretty good for me. I got to sleep in and didn't have to catch the bus. There was nobody to disrupt me except for my cat. I know that some people had internet struggles too. I really missed my friends, teachers and classmates. Sometimes I was worried if I had done enough work for the day or if I've missed any of my work in google classroom. I sometimes had struggles with exercising too because it was very cold every day and I wasn't walking to each class. Remote learning was also a good experience because it was very different to any work I've ever done before. I got more free time whenever I had finished and in the time I would normally catch the bus.

Matilda Underhill 7C



Indonesian

Breaking News

Congratulations to *Claire Noonan* and the senior Indonesian students for participating in the *Education Perfect Languages Championship*.

After a late start, we only had 48 hours to compete. Claire managed to answer 2,629 questions in that time and earned a Bronze Certificate! This placed her in the top 10% of the 181,000 competitors from around the world!! **Bagus sekali Claire!**

Overall St Mary's College came 3rd in the Indonesian category for schools with less than 50 participants. And 1st in this category for Victoria. Well done to all who participated.

We'll be ready in 2021!! Ayo belajar Indonesia!



Ms Angela Molinaro

angela.molinaro@smseymour.catholic.edu.au



Learning & Teaching

from the Deputy Principal ...

Winter has put on a wonderful display this week, and all of us have adapted quickly to the climate and the expectations and routines of onsite learning!

A few reminders for the end of the term:

- Year 10 student exam schedule has been revised and will take place during the next 2 weeks. This opportunity is being given to the students to see what learning needs to be delivered next term, for teachers to get feedback on work completed during remote learning.
- Student reports are well underway and will be provided in the last week of term via PAM. (See previous articles for the revised report contents).
- Students will be changing their units of study in *elective subjects* for the start of next term.
- Semester 2 Course Overviews for all year levels will be updated and on the website by the end of Week 1, Term 3.

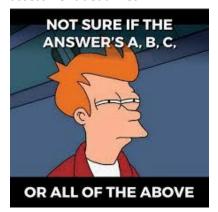




Counsellor's Corner

from the Counsellor.....

End of term is upon us and the assessment period can bring with it a range of emotions. Below are some handy hints for helping your student cope with the pressure of exams and assessment deadlines.



- * Watch a movie or TV show
- * Listen to your favourite music
- * Watch some funny Youtube or TikTok clips
- * Have a shower or bath
- * Get the recommended amount of sleep
- * Get moving! Exercise outdoors will help clear your mind
- * Eat a healthy balanced diet
- * Drink a hot chocolate or herbal tea (helps to warm the belly on those cold mornings and nights)
- * Create a schedule to cover all subjects in the order of the exams

In the absence of motivation, determination is key. YOU'VE GOT THIS!

Great to see all your smiling faces back on school grounds;)



Mrs Melinda Nuttall

melinda.nuttall@smseymour.catholic.edu.au

After School Care Vacancies



St Mary's after school care vacancies for term 3. (Limited spots) Amanda Bamford has been operating for 4 years, Child Care subsidy available.

Held in a room located in the Multi-Purpose Hall from 3:15 pm until 5:45 pm Mon-Fri

Further information please contact-

Amanda on 0423872537





Parents & Friends

from the President.....



St Mary's College Second-hand School Uniform Price List

Jumpers, Track pants, (fleecy) Grey Shorts, Polo Shirts Poly-Cotton Shirts	\$6.00
Sports T- Shirt	\$8.00
Sports Shorts (Navy)	\$8.00
Sports Rugby	\$25.00
Sports Track pants	\$10.00
Summer Dresses	\$10.00
Pinafores	\$22.00
Skirts	\$17.00
Boys Winter Pants	\$10.00
Ties	\$5.00
Winter Coat	\$25.00
Back pack	\$15.00

Uniform

The second-hand uniform shop will be open weekly on Mondays between 3:20-4:00pm

Uniform can also be viewed outside these times by contacting the College office. There is a great range of winter uniform essentials available.

We are also gratefully accepting donations of good quality second hand

To donate, volunteer or for general queries please contact –

Kate Loweke on 0401 629 225.



There are 2 loads of wood available for sale \$230 per load. A ute or trailer will be required to collect from the College.

Please contact Cherie Matthews for more information **0407 220 374**



A message from Seymour Coaches

Please note: Slight timetable change for Nagambie-Northwood School run

George Galea Operations - North SEYMOUR PASSENGER SERVICES



ROUTE 4 Nagambie/Northwood					
Timetable 2020					
Depot	7.40	4.30	United Service Station	High St	
1	7.57	4.11	United Service Station	High St	
2	7.59	4.13	High St	At Goulburn Street	
3	8.00	4.14	High St	At Myola Cresent	
4	8.01	4.10	High St	At Park St	
5	8.10	4.00	Northwood Rd	2114 Northwood Road	
6	8.16	3.53	Northwood Rd	1395 Northwood Road	
7	8.17	3.52	Northwood Rd	1305 Northwood Road	
8	8.19	3.49	Northwood Rd	Cnr Bromfields Road	
9	8.20	3.48	Northwood Rd	Cnr Cowles Road	
10	8.23	3.44	Northwood Rd	Cnr Heywoods Road	
11	8.24	3.43	Northwood Rd	Smales Road	
12	8.27	3.40	Northwood Rd	Cnr Bjorksten Rd	
13	8.28	3.39	Northwood Rd	Just before bridge	
	8.33 3.33 St Marys College Mc Intyre St				
	8.40	3.25	P12	Stewart st bus bays	
Travel times are affected by weather and traffic conditions.					

Please be ready to board 5 minutes before scheduled time.

Term 2			
Wk 10A	Tues 16 June	Year 10 Immunisations 12pm	
Wk 11	Fri 26 June	Last Day Term 2	

Bell Times 2020				
Supervision of students begins at 8:30am				
Homeroom	8:45 – 8:55			
Period 1 Period 2	8:55 – 9:55 9:55 – 10:55			
Recess	10:55 – 11:20			
Period 3 Period 4	11:25 – 12:25 12:25 1:25			
Lunch	1:25 – 2:10			
Period 5	2:15 – 3:15			

Term Dates 2020

Term 2: 14/4 – 26/6 Term 3: 13/7 – 18/9 Term 4: 5/10 – 16/12



St Mary's College

90 High Street, Seymour Telephone: (03) 5792 2611 PO Box 269, Seymour 3661 Office Hours: 8:15am-4:30pm

St Mary's Parish Seymour ~ St Joseph's Tallarook

Parish Priest: Father Eugene Ashkar

Telephone: (03) 9412 8406 / 0455 123 509

Mass Times: St Mary's - SAT 6:00pm, SUN 10:00am;
St Joseph's - SUN 8:30am



Emotion Coaching: Connecting with Our Kids Online Workshop

Help your child to:

- Understand their emotions and be able to communicate how they feel
- Regulate their emotions and calm themselves
- Develop resilience and positive self-esteem
- Develop problem-solving and social skills
- Develop kindness and empathy towards others

This two hour online workshop delivered by Gateway Health is for parents and carers of children 2-10 years of age who would like to learn more about emotion coaching, understanding their children's emotional development and how they can connect with their children.

WHEN: Wednesday 24th June 2020 from 10am to 12pm

WHERE: Online via Zoom

HOW DO I REGISTER: Registrations are essential. To register or

ask a question contact:

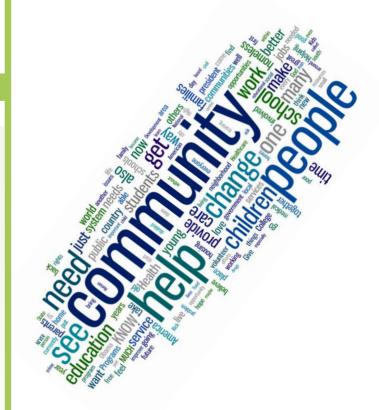
Gerda on 0429 984 203 or Gerda.schaap@gatewayhealth.org.au

There is no cost for this workshop.

info@gatewayhealth.org.au

www.gatewayhealth.org.au







A range of mental health supports are available for people living in Mitchell and Murrindindi Shires for different needs.



Crisis Support

In an emergency 000

> Lifeline 13 11 14

Goulburn Valley Health 1300 369 005



Not Feeling Yourself

Talk to your GP or local health service about how you are feeling so they can refer you to the appropriate service.

You can also find services through www.healthdirect.gov.au



Keeping Well

Maintain a healthy lifestyle

Keep socially connected to friends & family

Utilise online support such as www.beyondblue.org.au

Reach out to get some support. We're here to help.























