



THE MARIAN

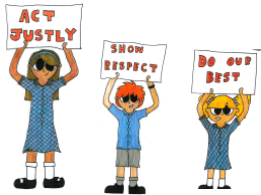
ST. MARY'S COLLEGE SEYMOUR

www.smseymour.catholic.edu.au
facebook.com/stmarysseymour
<https://pam.smseymour.catholic.edu.au>



No. 11

Term 2 Week 8 of 11 05/06/20



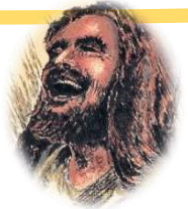
St. Mary's College Vision Statement

*A welcoming Catholic community that respects our heritage and looks to a sustainable future.
We inspire learning excellence, resilience and service to others.*



From the Principal

Gracious God,
give us ears to hear,
eyes to see,
hearts to love,
and hands to act;
so that 'we are
shining lamps,
giving light to all
around us'.



Dear Parents and Guardians



'Be sure to get a good cup of tea' Sister Catherine McAuley rsm 1841

I remember the days as a pre-schooler when the Sisters of Mercy came walking down Swan Street, North Albury visiting families on their journey around the area. The Sisters (back then) would have also walked the streets of Seymour with that same commitment and desire to live out the wishes of their Foundress Catherine McAuley, to ensure there was a connection with families, particularly mothers. *The Mercy's* were known as the walking nuns, always quick to offer or make a cup of tea. When we hear the words, *I'll put the kettle on* it finds that place in our hearts, a place that echoes the words of hospitality, togetherness, time and a security and warmth. When a cup of tea is poured we focus on the present moment. The past few months have required that same resolve from students, parents and St Mary's staff to be strong in community and focus on the present moment. We have relied on each other to ensure there is a continuation of learning for the students at home and for students who were learning remotely from the College. Those walking nuns left a wonderful legacy for us all to follow. To be people who

care for each other; value presence and the importance of a smile or kind word; to believe in the importance of the common good for all and to ensure we understand that our St Mary's College community is willing to be a place where the Mercy values of compassion; justice; respect; hospitality, service and courage are what we stand for. We will be sure to use the St Mary's staff teapot (alias *Dublin*) for a good cup of tea.

An Invitation

During enrolment interviews there have been parents asking about the sacrament of baptism. Fr Ashkar has included in this week's Marian an invitation to parents to consider the Parish Baptism program. The Sacrament of Baptism is a celebration; a time of joy; a sacred time for family, godparents and friends to share in the wonderful journey of life. Parents are invited to contact Fr Ashkar for further information on the Sacrament of Baptism or complete the letter reply.



Enrolments Interviews

This week there has been many Foundation interviews for 2021 and more to still do. What a delight it was for Ms Dovara and I to meet the children and their parents. I did not give a guarantee on what the world will be like when the Foundation class of 2021 completes their VCE year in 2023 or how the workforce will have changed. But the parents were given the guarantee that we will leave no stone unturned to research what is required to return the College to an F-12 pathway so their children can proudly graduate in Year 12 from St Mary's College, Seymour.

-Thank you for not congregating at the entrances to the College-

Topic	As From Tuesday 9 th June
Yr 3-10	✓ Tuesday 9 th June 3-10 return in Winter Uniform.
Parents	✓ The College is not implementing staggered drop off times . Therefore: ✓ Please do not congregate at drop off/pickups as the purpose for staggered times is to stop gatherings to ensure there is social distancing. Say goodbye from the entrance or car. ✓ Please do not enter College grounds unless necessary . If there is a need, go directly to Office. Please note signage.
Canteen	✓ Canteen is open only for lunch orders . F-10 lunch orders to the Canteen by 9.30am. ✓ Canteen is closed at recess time and there are no across counter purchases. ✓ Changed menu is included with this week's Marian.
Students	✓ Each student brings own drink bottle .
Staff	✓ Staff adhere to social distancing requirements and spaced or working and break times. No large staff meetings, College Assemblies or gatherings.
Cleaning	✓ Extra cleaning during school day of high touch surfaces such as door handles; tables and play equipment. To support the health and wellbeing of all students and staff, our school will continue an enhanced cleaning routine and will encourage frequent handwashing and hand sanitizing.
Social Distancing	✓ Social distancing is not appropriate within classrooms but all students will be reminded on minimizing contact in the school yard.
-These guidelines are subject to Victorian Medical Officer and CECV changes-	

Primary Learning Centre

Last week I mentioned the *"pieces in the puzzle are slowly but surely coming together."* Well the puzzle is almost complete and ROAM architects will now move forward preparing the Tender documents as the governance and compliance requirements are fulfilled through Catholic Education Melbourne; Mitchell Shire and the Victorian Government. ROAM are preparing a Facebook/Website walkthrough of the design and plans will be on display in the Office foyer.



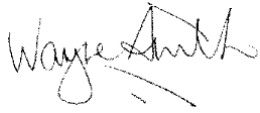
Parish Car Park

The car park is not designated for this type of use and does not comply with parking by laws. The Mitchell Shire does not give approval for the site to be used for student Drop Off/Pick Up and in 2019 a Traffic Management Consultative Company provided a report on parking around the College and also indicated the Parish Car park does not comply for a drop off/pick up zone.

Thank you for the way families have entered into the spirit of morning drop offs and afternoon pick-ups. We appreciate the respect that is being shown in following social distancing guidelines and complying with the guidelines

*On the Queen's Birthday Long Weekend there would be cars pre packed ready to hit the road to get away up to the Murray or to God's country (North East Victoria). Collingwood and Melbourne trags would ready themselves for the MCG battle while all football followers look forward to watching Neil Daniher send them down the slide to **'Fight the Beast' MND Big Freeze**. Covid-19 has spoilt the party but the Big Freeze is still on and football returns next week. Stay well and stay safe if you are on the roads this long weekend.*

Best Wishes.



Wayne Smith
Principal

*DipEd(ACU) DipREd(ACU) BEd(ACU) GradCertEdAdmin(Edith Cowan)
GradDipREd(ACU) MEdAdmin(Charles Sturt) MTheoStudies(BBITAITE)*

Mr Wayne Smith
principal@smseymour.catholic.edu.au



Business Manager



Fees and Levies

As we head towards the middle of the year, families are reminded that the due date for the payment of all Curriculum Levies (Primary and Secondary) was **1 June**.

A letter pertaining to College fees and levies was sent to families on 9 April 2020, along with COVID-19 update No. 6. A copy was re-sent to families on 21 May.

We will be attempting to reschedule any camps, excursions or incursions that were cancelled during Term 2. We are waiting for government advice relating to the lifting of the current restrictions, followed by conversations with the activity providers. If we are unable to reschedule the activities the College will rebate the cost of the activity from the relevant fee accounts. Further information regarding these arrangements won't be available until later in term 3.

A fee statement was sent to all fee payers on 15 May. Monthly fee statements have been reinstated. These are sent via email following the end of each month. If you require another copy please contact the College.

Please do not hesitate to phone me at the College if you need to discuss your fees and levies.

Mrs Felicity Melville
accounts@smseymour.catholic.edu.au



Accounts



Camp, Sport, Excursion Fund (CSEF)

Final Application **Reminder: Any families who have not yet claimed** or require further information please contact Stacia Read at the office. (Please note Term 1 Credit has already been Applied for 2020 on your Account Statements)

Criteria 1 – Eligibility

To be eligible* for the fund, a parent or legal guardian of a student attending a registered Government or non-government Victorian primary or secondary school must:

- on the first day of Term one, or;
 - on the first day of Term two;
- a) Be an eligible beneficiary within the meaning of the *State Concessions Act 2004*, that is, be a holder of Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pensioner Concession Card (PCC) holder, OR
- b) Be a temporary foster parent, and;
- c) Submit an application to the school by the due date.

* A special consideration eligibility category also exists. For more information, see: www.education.vic.gov.au/csef

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

Criteria 2 - Be of school age and attend school in Victoria

Eligibility Date

For concession card holders CSEF eligibility will be subject to the parent/legal guardian's concession card being successfully validated with Centrelink on the first day of either term one (28 January 2020) or term two (14 April 2020).

Mrs Stacia Read

stacia.read@smseymour.catholic.edu.au



Year 5-7 News



from the Level Co-ordinator

The long wait is finally over and all students are able to return to school!



The period of lockdown, travel restrictions and other measures has affected all of us in numerous ways. Most of us appreciate the reasons for the restrictions, and the low rates of Corona Virus infection across our country show what we can achieve when we pull together.

Our kids will emerge from the experience stronger and more resilient. Many have learned to manage themselves and their learning while others have developed new skills. While home learning has been a challenge for some, the majority of our kids navigated this challenge successfully, developing confidence in themselves as learners.

Our regular wellbeing surveys provided valuable data on how our kids were coping over the lockdown and home learning period. The participation rates in these surveys was consistently very high,

indicating that the kids were keen to have their voices heard. In our last survey we focused on how kids were feeling about returning to normal classroom learning. The responses were overwhelmingly positive with most students looking forward to returning.

Some students though will struggle with the return and will need extra support to help them to reintegrate into classroom learning.

It is important to remind students that while some things will be different on their return, many things will be the same. They will be in the same classes with the same students and be taught by the same teachers. Timetables remain the same as will recess and lunch. We are confident that most students will be able to quickly return to the routine of classroom learning.

Finally, I can assure all students across Years 5 to 7 that your teachers have missed you and will all be very excited and relieved to see you again on Tuesday!

Mr Andrew Allen

andrew.allen@smseymour.catholic.edu.au



Learning & Teaching

from the Deputy Principal ...

Thank you, Thank you, Thank you!

What a wonderful community we have here at St Mary's!



Students, parents and carers, teachers, LSOs, and all staff for everything you have done to continue the learning and teaching process, over these last months.

We are excited to be planning for our next three weeks of learning onsite. This will complete the units of study for the term/semester. Most students have been demonstrating our school tag – Acting Justly, Showing Respect and Doing our Best. In learning we strive for the best at all times.

Student assessments for semester one are being finalised for reporting purposes. These written reports will be available in the last week of the term. They will be published via the PAM (Parent access module). They will be a reflection of what students have completed and demonstrated in their learning, including a mandated comment about their engagement with remote learning.

Students will receive an email from their Homeroom teacher with information about what things might have changed for next week. What they need to bring and how we will manage Tuesday 9 June.

Mrs Christine Buhler

christine.buhler@smseymour.catholic.edu.au



Student Wellbeing



from the Deputy Principal ...

We would like to thank you all for your support in the remote learning of your child. The students have participated in some Wellbeing Surveys over the last few weeks and in summary they are feeling ok about returning to school. It will be at a pace that will reconnect the students back into the routines and expectations, as well as reconnecting with peers and strengthening relationships again with teachers and whole community. It has been an extensive time at home for most of our students and we would like you to sit and chat with your child about acceptable behaviour within a school environment and to remind them of the wonderful manners we know they all have.

I have included a flyer for any interested parents on how to continue supporting your child during this time and beyond. The 'Return to School' seminar is on Tuesday 9 June at 7pm. Please refer to the attached flyer...

We look forward to seeing ALL students back at school on Tuesday and if you have any concerns with the transition 'forward' into the rest of the term, please make contact with your child's teacher.

NAVIGATING THE RETURN TO SCHOOL



COUCH CHAT

– a FREE webinar around navigating the return to school for primary aged children

Has your child been feeling anxious about returning to school?

Are you worried about how your child is coping?

Would you like some hints for smoothing the way as face to face classes start again?

During this webinar, we will explore how parents can support their child's return to primary school and address the anxieties they may be experiencing.

This free webinar will offer parents ideas and strategies to help children with their worries. You will have a unique opportunity to hear from and ask questions of a family support worker, primary school teacher and child practitioner.

Tuesday June 9th

Time: 7pm

Book via link:
<https://ds.org.au/course/navigating-return-school-primary-school-children-couch-chat/>

or email
sinem.celep@ds.org.au

Email Sinem at sinem.celep@ds.org.au or go to www.ds.org.au and follow links



BOOKINGS ESSENTIAL



We acknowledge the traditional owners of the land where we work and pay respects to elders past, present and future.

Ms Zine Dovara

zine.dovara@smseymour.catholic.edu.au



Counsellor's Corner



from the Counsellor.....

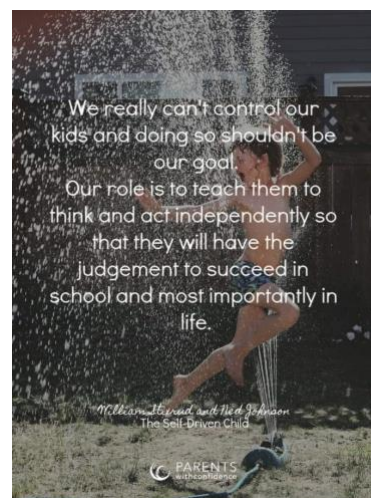


YOU MADE IT! The end of home learning is here and you all deserve congratulations. Moving forward into school for next week may see a range of emotions in your young people. These can include but are not limited to; excitement, joy, happiness, worry, frustration, sadness. Many young people will experience a mix of emotions and although the return to school is an exciting time, feelings of worry about leaving the family home or care of parents may also be present. Allowing your young person a space to feel listened to is an important element in building their resilience. Listening is very different to hearing. When someone listens, they give consideration to the person's emotions, they have thoughtful intentions and they actively pay attention to what has been said. Acknowledging the mix of feelings and assuring your young person that their feelings are normal will help them to feel supported.

Check out the Emotional Resilience in Kids images for some other suggestions for supporting your young person as they move forward into school. Please feel free to reach out if you have any questions or concerns for your young person. I hope you all enjoy your long weekend and stay safe and warm.

Mrs Melinda Nuttall

melinda.nuttall@smseymour.catholic.edu.au



Parents & Friends

from the President.....



St Mary's College Second-hand School Uniform Price List

Jumpers, Track pants, (fleece)	
Grey Shorts, Polo Shirts	\$6.00
Poly-Cotton Shirts	
Sports T- Shirt	\$8.00
Sports Shorts (Navy)	\$8.00
Sports Rugby	\$25.00
Sports Track pants	\$10.00
Summer Dresses	\$10.00
Pinafores	\$22.00
Skirts	\$17.00
Boys Winter Pants	\$10.00
Ties	\$5.00
Winter Coat	\$25.00
Back pack	\$15.00



Uniform

The second-hand uniform shop will be open weekly on **Mondays** between **3:20-4:00pm**

Uniform can also be viewed outside these times by contacting the College office. There is a great range of winter uniform essentials available.

We are also gratefully accepting donations of good quality second hand uniforms.

To donate, volunteer or for general queries please contact –
Kate Loweke ON **0401 629 225**.

Firewood for Sale

There are 2 loads of wood available for sale \$230 per load. A ute or trailer will be required to collect from the College.

Please contact **Cherie Matthews** for more information **0407 220 374**



Term 2

Wk 9B	Mon 8 June	Queen's Birthday Public Holiday
	Tues 9 June	Grade 3-Year 10 return
Wk 10A	Tues 16 June	Year 10 Immunisations 12pm
Wk 11	Fri 26 June	Last Day Term 2

Bell Times 2020

Supervision of students begins at 8:30am

Homeroom	8:45 – 8:55
Period 1	8:55 – 9:55
Period 2	9:55 – 10:55
Recess	10:55 – 11:20
Period 3	11:25 – 12:25
Period 4	12:25 – 1:25
Lunch	1:25 – 2:10
Period 5	2:15 – 3:15



2021
ENROLMENTS
NOW
OPEN

Term Dates 2020

Term 2: 14/4 – 26/6
Term 3: 13/7 – 18/9
Term 4: 5/10 – 16/12

Please note: Slight timetable change for Nagambie-Northwood School run

George Galea
Operations - North
SEYMOUR PASSENGER SERVICES



ROUTE 4 Nagambie/Northwood

Timetable 2020

Depot	7.40	4.30	United Service Station	High St
1	7.57	4.11	United Service Station	High St
2	7.59	4.13	High St	At Goulburn Street
3	8.00	4.14	High St	At Myola Crescent
4	8.01	4.10	High St	At Park St
5	8.10	4.00	Northwood Rd	2114 Northwood Road
6	8.16	3.53	Northwood Rd	1395 Northwood Road
7	8.17	3.52	Northwood Rd	1305 Northwood Road
8	8.19	3.49	Northwood Rd	Cnr Bromfields Road
9	8.20	3.48	Northwood Rd	Cnr Cowles Road
10	8.23	3.44	Northwood Rd	Cnr Heywoods Road
11	8.24	3.43	Northwood Rd	Smales Road
12	8.27	3.40	Northwood Rd	Cnr Bjorksten Rd
13	8.28	3.39	Northwood Rd	Just before bridge
	8.33	3.33	St Marys College	Mc Intyre St
	8.40	3.25	P12	Stewart st bus bays

Travel times are affected by weather and traffic conditions.

Please be ready to board 5 minutes before scheduled time.

St Mary's College

90 High Street, Seymour
Telephone: (03) 5792 2611
PO Box 269, Seymour 3661
Office Hours: 8:15am-4:30pm

St Mary's Parish Seymour ~ St Joseph's Tallarook

Parish Priest: Father Eugene Ashkar

Telephone: (03) 9412 8406 / 0455 123 509

Mass Times: St Mary's - SAT 6:00pm, SUN 10:00am;
St Joseph's - SUN 8:30am

MENTAL HEALTH

SUPPORTS ARE STILL HERE FOR YOU

A range of mental health supports are available for people living in Mitchell and Murrindindi Shires for different needs.



Crisis Support

In an emergency
000

Lifeline
13 11 14

Goulburn Valley Health
1300 369 005



Not Feeling Yourself

Talk to your GP or local health service about how you are feeling so they can refer you to the appropriate service.

You can also find services through
www.healthdirect.gov.au



Keeping Well

Maintain a healthy lifestyle

Keep socially connected to friends & family

Utilise online support such as
www.beyondblue.org.au

Reach out to get some support. We're here to help.





ST. MARY'S COLLEGE CANTEEN PRICE LIST Term 2 – 2020



*Lunch orders to be in before recess.
Sandwiches to be given for late lunch orders or forgotten lunches.*

SANDWICHES & ROLLS

(White, Wholemeal or Multigrain)

	<i>Sandwich</i>	<i>Roll</i>
Vegemite	\$1.50	\$2.00
Cheese	\$2.50	\$3.00
Cheese & Vegemite	\$3.00	\$3.50
Cheese & Tomato	\$3.00	\$3.50
Tomato	\$2.00	\$2.50
Egg & Lettuce	\$3.00	\$3.50
Ham	\$3.50	\$4.00
Ham & Tomato	\$4.00	\$4.50
Ham & Cheese	\$4.00	\$4.50
Ham & Salad	\$5.00	\$5.50
Chicken	\$3.50	\$4.00
Chicken & Salad	\$5.00	\$5.50
Tuna & Salad	\$5.50	\$6.00
Buttered Roll		\$1.00
Cheese & Bacon Roll		\$2.00
TOASTED SANDWICHES EXTRA		.50
Extras: Carrot, Beetroot,		
Cucumber & Onion:		.50ea
Avocado (in season):		\$1.00



HOT WRAPS

- Chicken Strips & Salad (*) \$5.50

(*) = Tomato, lettuce served with
Sweet Chili Sauce or Mayo

(Cheese extra .50c)

COLD WRAPS \$5.50

(Ham or Chicken) ()*

(*) = Lettuce, Tomato, Carrot, Cheese



GLUTEN FREE

Lasagne	\$5.00
Spaghetti (small)	\$4.00
Pizza: Ham & Pineapple/	
BBQ Chicken	\$3.50
Berry Muffins	\$2.50

HOT FOOD

Spaghetti Bolognese	\$3.50 sml \$
	<i>(with cheese extra 50c)</i>
Meat Lasagne	\$4.50
Hot Chicken Roll & Mayo	\$4.50
Hot Chicken & Cheese	\$5.00
Hot Chicken & Gravy Roll	\$5.50
Hot Chicken Strips & Gravy Roll	\$6.00
Corn Cobettes	\$1.00
English muffin Pizza:	\$3.00
- (Ham, Pineapple, Capsicum & Cheese, Tom Paste)	
- BBQ (Chicken, Pineapple, Capsicum, Cheese)	
Steamed Dim Sims	\$1.00

DRINKS

Water	\$1.50
100% Juice. Orange, Apple,	
Apple/Blackcurrant	\$1.50
Breaka /Oak 600ml	\$4.00
(Choc, Coffee, Straw)	
Oak 300ml	\$2.00
(Chocolate, Coffee, Strawberry)	
Nippy's:	\$3.00
(Iced Coffee, Chocolate, Banana, Strawberry & Honeycomb)	



Fruit Buns	\$1.00
Toasted Banana Bread	\$1.00
Jam or Lemon Tart	\$1.00
Banana Muffin	\$1.50
Apple & Cinnamon Muffin	\$1.50
Popcorn	\$1.00
Sultanas	.70

Monday-Chicken Stroganoff

Tuesday – Curried Sausages & Rice

Wednesday – Fried Rice

Thursday – Meatball Mac n' Cheese

Friday – Bacon Risotto

Small \$3.50 Medium \$6.00

PLEASE NOTE: There will be NO SALES OVER
COUNTER until further notice.

Lunch Bags: .10c each