

# THE MARIAN

ST. MARY'S COLLEGE SEYMOUR www.smseymour.catholic.edu.au facebook.com/stmarysseymour https://pam.smseymour.catholic.edu.au

### No. 10

## Term 2 Week 7 of 11 29/05/20



A welcoming Catholic community that respects our heritage and looks to a sustainable future.

St. Mary's College Vision Statement

We inspire learning excellence, resilience and service to others.



From the Principal

COVID-19 Update No. 11 will be emailed in the week beginning Monday 1 June

Gracious God, give us ears to hear, eyes to see, hearts to love, and hands to act; so that 'we are shining lamps, giving light to al around us'.



#### Welcome Back



A beautiful day it was on Tuesday 26 May. The F-2 transition back to St Mary's was generally seamless. Perhaps the reason for the calm transition was due to the way our 'village' worked together during the weeks of remote learning. Our village (College community) have worked tirelessly together to ensure the students' children have 'done the hard yards' to get to this point in time. Resilience has been tested and or strengthened; a greater awareness of the importance of e-Literacy and how one on one devices have a role to play in learning and enhancing IT skills have both been observed. Google classroom has a role to play in personalised learning as education lives in a connected world. The students' will return to routines; consistency and to be with their peers, all impacting and important for their growth.

#### 2020

Covid-19 has created issues in every work place. At St Mary's we are dealing with the same and many if's and but's around excursions and incursions. Some booking companies are understanding while others are juggling their own financial situations. Some deposits will not be retrievable for excursions that have had to be cancelled. This has been done at no cost to families. If an excursion has had to be cancelled any excursions costs paid by parents will be either rebated or reimbursed. Cancelling an excursion or incursion is done so in consideration of Covid-19 implications; the educational impact and as importantly the financial cost to parents and the College. These decisions are not taken lightly and perhaps 2020 is a year where less is more. Generally, our students do not miss out on much and if there is far less than more in 2020 it will do no harm in appreciating and being grateful for what we all have before us.

#### **Enrolments 2021**



The world of Covid-19 has required more flexible solutions to connectivity. St Mary's College held its first ever *Live Facebook Information Evening* on Wednesday 27 May at 7:00pm. There were 214 views on the night. The 2021 Enrolment video has also had 330 views. Both e-advertising platforms have seen a movement from conventional enrolment programs and we hope have they shown parents considering St Mary's for their children's education what St Mary's stand for and where we are going. Thank you to Mrs Buhler (Deputy Principal Learning & Teaching); Ms Dovara (Deputy Principal Wellbeing) and Mrs Gough (Faith & Religious Education Leader) for their participation in the Live Evening. It is no easy task to put yourself in front of a live audience communicating through the lens of

a camera. The support crew (Mrs Oakley Communications & Pathways Officer) and Mr Stead (Technical Officer) ensured no IT gremlins crept into the evening and their presence and IT skills provided wise counsel.

#### 'Into the Woods' College Production 2020 - CANCELLED

The College Musical for 2020 has been cancelled. Ms Hanlon, Mr Allan (Production Directors) and I met earlier this week to discuss all the possible scenarios. We had a 360 degree discussion in regards to all aspects of the production, the students, staff and contractors, volunteers and agreed that to delay a decision is unwise and therefore to prepare for and put on a College Musical of the highest order cannot happen this year with so much uncertainty, unknowns and continual delays for all areas of preparation. The publishing company has been understanding. The production will be held in 2021. Consideration will be given to a Musical Showcase Evening in Term Four.





#### Year 9 B4W Program Year 9 Tasmania Camp

Staff met this week to discuss B4W and the Yr 9 Camp to Tasmania. The two city visits for the remainder of 2020 will/have been cancelled either by the College or by the venue. Mrs Tampion and I will have an online meeting with World Strides to discuss the camp. The College wants the camp to go ahead but this will depend on guarantees around costs and what happens if in the future restrictions return. There will be a cut-off date for a decision on the camp – we will be guided by World Strides. Year 9 parents will be reimbursed or rebated for any B4W levy payments already paid for and once there is clarity on a number of these issues, students' and parents will receive information detailing the progress of the camp.

#### **Primary Learning Centre**

The pieces in the puzzle are slowly but surely coming together. Building projects are never smooth because the biggest factor is always the budget and ensuring a project either comes in on budget or in the ideal world, under budget. Our next meeting Friday 5<sup>th</sup> June will review the current plans in line with the Quantity Surveyors modelling. The College is inching closer to releasing the final plans to the College community.



Thank you for the way all have entered into the spirit of morning drop offs and afternoon pick-ups. We appreciate the respect that is been shown in following social distancing guidelines.

Please be aware that the College has been informed that the Mitchell Shire Parking Officers will be completing random checks around school zones.

Best Wishes.

Wayne Smith Principal DipEd(ACU) DipREd(ACU) BEd(ACU) GradCertEdAdmin(Edith Cowan)

GradDipREd(ACU) MEdAdmin(Charles Sturt) MTheoStudies(BBITAITE) Mr Wayne Smith principal@smseymour.catholic.edu.au



#### An important message from the Mitchell Shire

# **MITCHELL** Shire Council

#### **Crawford Street Crossing**

• Please **DO NOT** park in the no stopping areas in Crawford Street either side of the school crossing.

• Parents please **DO NOT** crowd around the school gates near the Crawford Street crossing as this is preventing students from getting through to use the crossing and does not maintain social distance requirements?

#### The parking inspector will be patrolling near St Mary's next week.



### from the **Business Manager**

#### **Fees and Levies**

As we head towards the middle of the year, families are reminded that the due date for the payment of all Curriculum Levies (Primary and Secondary) is the **1st June**.

A letter pertaining to College fees and levies was sent to families on 9 April 2020, along with COVID-19 update No. 6. A copy was re-sent to families on 21 May.

We will be attempting to reschedule any camps, excursions or incursions that were cancelled during Term 2. We are waiting for government advice relating to the lifting of the current restrictions, followed by conversations with the activity providers. If we are unable to reschedule the activities the College will rebate the cost of the activity from the relevant fee accounts. Further information regarding these arrangements won't be available until later in term 3.

A fee statement was sent to all fee payers on 15 May. Monthly fee statements have been reinstated. These are sent via email following the end of each month. If you require another copy please contact the College.

Please do not hesitate to phone me at the College if you need to discuss your fees and levies.



### from Accounts

#### Camp, Sport, Excursion Fund (CSEF)

Final Application Reminder: Any families who have not yet claimed or require further information please contact Stacia Read at the office. (Please note Term 1 Credit has already been Applied for 2020 on your Account Statements)

#### Criteria 1 – Eligibility

To be eligible\* for the fund, a parent or legal guardian of a student attending a registered Government or nongovernment Victorian primary or secondary school must:

- on the first day of Term one, or;
- on the first day of Term two;
- Be an eligible beneficiary within the meaning of the State Concessions Act 2004, that is, be a holder of Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pensioner Concession Card (PCC) holder, OR
- b) Be a temporary foster parent, and;
- c) Submit an application to the school by the due date.

\* A special consideration eligibility category also exists. For more information, see: www.education.vic.gov.au/csef

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

#### Criteria 2 - Be of school age and attend school in Victoria

#### **Eligibility Date**

For concession card holders CSEF eligibility will be subject to the parent/legal guardian's concession card being successfully validated with Centrelink on the first day of either term one (28 January 2020) or term two (14 April 2020).

*Mrs Stacia Read* stacia.read@smseymour.catholic.edu.au







#### from the Level Co-ordinator

We welcomed our youngest students back this week and what a delight it has been! You will be able to see by looking at these photos that their engagement has been high. Students have reconnected through fabulous planning by the Junior Primary team to ensure that they have time throughout the day to relax, to chat, to mingle and to do activities together. Well done JP team! Parents, thank you for

t, to mingle and to do activities together. Well done JP team! Parents, thank you for during pick up and drop off. This has made these very hectic times very manageable. We are looking

your co-operation during pick up and drop off. This has made these very hectic times very manageable. We are looking forward to seeing our MP students on 9 June.









### Counsellor's Corner

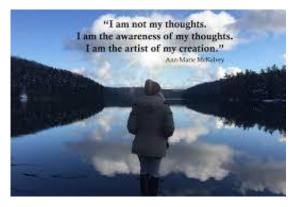
from the Counsellor.....

#### Do you practice Mindfulness at home?

Mindfulness is a person's ability to be in the present moment. It is about maintaining an awareness of our thoughts, feelings, body sensations and surrounding environment. When we practice mindfulness on a daily basis, it can reduce stress, anxiety, depression and help us to regulate our emotions. When we practice mindfulness, our thoughts become in tune to the sensations around us and this helps us to stay present in the moment rather than reflecting on the past or imagining the future. Why not give mindfulness a go in your home this week?

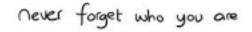


Here are some simple ways you can practice mindfulness at home:



- 1. Observe your breathing
- 2. Connect to your senses Try the follow technique
  - 5 things you can see
  - 4 things you can touch
  - 3 things you can hear
  - 2 things you can smell
  - 1 thing you can taste
- 3. Eat mindfully concentrate on the taste of your food and eat slowly
- 4. Be accepting of yourself

Headspace has wonderful information about Mindfulness and how to practice Mindfulness. Check out the link below: <a href="https://www.headspace.com/mindfulness">https://www.headspace.com/mindfulness</a>





*Mrs Melinda Nuttall* melinda.nuttall@smseymour.catholic.edu.au



# NCCD Information Sheet for Parents, Carers and Guardians

# **Nationally Consistent Collection of Data (NCCD)** On School Students with Disability

#### What is the Nationally Consistent Collection of Data?

Schools must now complete the *Nationally Consistent Collection of Data on School Students with Disability (NCCD)* every year. It counts the number of students who receive additional adjustments or "help" at school because of a disability. The NCCD helps governments plan for the needs of students with disability.

#### Who is counted in the data collection?

To count a student in the NCCD, schools must think through some key questions:

- 1. Is the student getting help at school so that they can take part in education on the same basis as other students?
- 2. Is the help given because of a disability? The word 'disability' comes from the <u>Disability</u> <u>Discrimination Act 1992</u> (DDA) and it can include many students.
- 3. Has the school talked to you or your child about the help that they provide?
- 4. Has the school kept records about the help they provide, the student needs and the reasons that the student needs this help? The school will need to keep copies of tests, student work, assessments, records of meetings, medical reports or other paperwork and information about how the student's learning is moving along over time.

Once the school decides that the student should be counted in the NCCD, they then choose a disability group and one of four levels of help that has been given to the student.

#### What does the word 'disability' mean in the NCCD?

In the NCCD the word 'disability' comes from the <u>Disability Discrimination Act 1992</u> (DDA). There are four types of disability that the school can choose from: sensory, cognitive, social-emotional and physical.

Many students that need help at school can be counted in the NCCD. For example, students with learning problems, e.g. specific learning disability or reading difficulty (sometimes called dyslexia), health problems (e.g. epilepsy or diabetes), physical disability (e.g. cerebral palsy), vision/hearing loss and social-emotional problems (e.g. selective mutism, Autism Spectrum Disorder, anxiety).

Letters from doctors or specialists can be very helpful for schools as they plan how to support students with their learning. Schools do not need to have these letters before they can count a

CECV NCCD Information Sheet for Parents, Carers and Guardians Page | 1

#### *Miss Catherine Hurst* catherine.hurst@smseymour.catholic.edu.au

Term 2			
Wk 8A			
Wk 9B	Mon 8 June	Queen's Birthday Public Holiday	
	Tues 9 June	Grade 3-Year 10 return	
Wk 10A	Tues 16 June	Year 10 Immunisations 12pm	
Wk 11	Fri 26 June	Last Day Term 2	

# Bell Times 2020

Supervision of students begins at 8:30am		
Homeroom	8:45 – 8:55	
Period 1 Period 2	8:55 – 9:55 9:55 – 10:55	
Recess	10:55 – 11:20	
Period 3 Period 4	11:25 – 12:25 12:25 1:25	
Lunch	1:25 – 2:10	
Period 5	2:15 – 3:15	

#### Term Dates 2020

Term 2: 14/4 – 26/6 Term 3: 13/7 – 18/9 Term 4: 5/10 – 16/12







#### St Mary's College

90 High Street, Seymour Telephone: (03) 5792 2611 PO Box 269, Seymour 3661 Office Hours: 8:15am-4:30pm

St Mary's Parish Seymour ~ St Joseph's Tallarook Parish Priest: Father Eugene Ashkar Telephone: (03) 9412 8406 / 0455 123 509 Mass Times: St Mary's - SAT 6:00pm, SUN 10:00am; St Joseph's - SUN 8:30am



## **ST. MARY'S COLLEGE** CANTEEN PRICE LIST



Term 2 – 2020

Lunch orders to be in before recess. Sandwiches to be given for late lunch orders or forgotten lunches.

### **SANDWICHES & ROLLS**

(White, Wholemeal or Multigrain)				
S	Sandwich	Roll		
Vegemite	\$1.50	\$2.00		
Cheese	\$2.50	\$3.00		
Cheese & Vegemite	\$3.00	\$3.50		
Cheese & Tomato	\$3.00	\$3.50		
Tomato	\$2.00	\$2.50		
Egg & Lettuce	\$3.00	\$3.50		
Ham	\$3.50	\$4.00 🧲		
Ham & Tomato	\$4.00	\$4.50 💦		
Ham & Cheese	\$4.00	\$4.50		
Ham & Salad	\$5.00	\$5.50		
Chicken	\$3.50	\$4.00		
Chicken & Salad	\$5.00	\$5.50		
Tuna & Salad	\$5.50	\$6.00		
Buttered Roll		\$1.00		
Cheese & Bacon Rol	\$2.00			
TOASTED SANDWICHES EXT		<b>TRA</b> .50		
Extras: Carrot, Beetro	pot,			
Cucumber & Onion:		.50ea		
Avocado (in season):		\$1.00		
	· — · — · — · — · —			
HOT WRAPS				
- Chicken Strips & Salad (*)		\$5.50		
(*) = Tomato, lettuce served with		A state of the		
Sweet Chili Sauce or Mayo				
(Cheese extra .50c)				
COLD WRAPS		\$5.50		
(I Jame on Chielens) (*)				

(Ham or Chicken) (\*) (\*) = Lettuce, Tomato, Carrot, Cheese

#### **GLUTEN FREE**

Lasagne	\$5.00
Spaghetti (small)	\$4.00
Pizza: Ham & Pineapple/	
BBQ Chicken	\$3.50
Berry Muffins	\$2.50

PLEASE NOTE: There will be NO SALES OVER COUNTER until further notice.

### **HOT FOOD**

Spaghetti Bolognese	\$3.50 sml	\$
	(with cheese	extra 50c)
Meat Lasagne		\$4.50
Hot Chicken Roll & N	/layo	\$4.50
Hot Chicken & Chees	se	\$5.00
Hot Chicken & Gravy	v Roll	\$5.50
Hot Chicken Strips &	Gravy Roll	\$6.00
Corn Cobettes		\$1.00
English muffin Pizza:	:	\$3.00
- (Ham, Pineapple, Cap	sicum & Ch	eese, Tom Paste)
- BBQ (Chicken, Pinea	ople, Capsici	ım, Cheese)
Steamed Dim Sime	5	\$1.00

Steamed Dim Sims

#### **DRINKS**

Water	\$1.50		
100% Juice. Orange, Apple,			
Apple/Blackcurrant	\$1.50		
Breaka /Oak 600ml	\$4.00		
(Choc, Coffee, Straw)			
Oak 300ml	\$2.00		
(Chocolate, Coffee, Strawberry)			
Nippy's:	\$3.00		
(Iced Coffee, Chocolate, Banana, Strawberry & Honeycomb)			

Fruit Buns	\$1.00
Toasted Banana Bread	\$1.00
Jam or Lemon Tart	\$1.00
Banana Muffin	\$1.50
Apple & Cinnamon Muffin	\$1.50
Popcorn	\$1.00
Sultanas	.70

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Monday-Chicken Stroganoff **Tuesday – Curried Sausages & Rice** Wednesday – Fried Rice Thursday – Meatball Mac n' Cheese

Friday – Bacon Risotto

Small \$3.50 Medium \$6.00

Lunch Bags: .10c each