



THE MARIAN

ST. MARY'S COLLEGE SEYMOUR

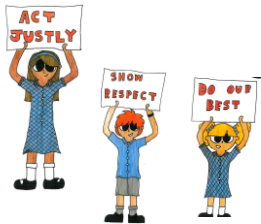
www.smseymour.catholic.edu.au
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No. 28

Term 3 Week 8 of 10

06/09/19)



St. Mary's College Vision Statement

*A welcoming Catholic community that respects our heritage and looks to a sustainable future.
We inspire learning excellence, resilience and service to others.*

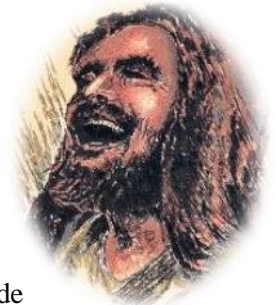


From the Principal

“YOU REAP WHAT YOU SOW.”

You Reap What You Sow

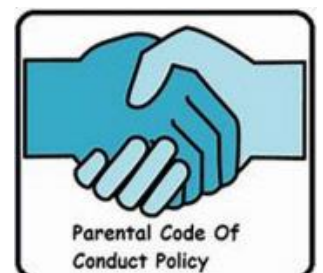
A few years ago Andrew Cook (a former student in a NSW Catholic School) was one who quietly went about his school day. Andrew was not one to boast about his achievements although at the time he was an elite swimmer and blessed with a beautiful style in the pool. I remember Andrew as a polite student, one who worked hard and tried his best. Andrew did his homework, completed his assignments on time and discarded the attitude that near enough was good enough. Like the many training laps and PB's



Andrew's attitude washed onto his school life. Andrew's parents (like any parent) wanted the best for their three children and he received a caring and tough love upbringing. Andrew lived true to his family values, a student who cared for others and did not big note himself.

A few years ago I was watching Carlton V's Sydney Swans on TV and thought I recognised Andrew on the sidelines. Sometime later I heard that it indeed was Andrew and that he was at the time a physio for the Sydney Swans, flying around the country side attending to the players niggles and strains. What a life! The lap of luxury I thought. Fancy that, Andrew one so young having such a privileged career. How did he score such a role so quickly? A few years on I did not see Andrew on the TV with the Swans. Perhaps he was having a sabbatical or had moved on from the Swans. I was told that Andrew was now a husband and father decided he did not want to be away so often, so began his own physiotherapy practice in Sydney. Was there anything special about Andrew Cook? Not really but what I did not know was that behind the glamour of TV screen appearances, Andrew was working two jobs during those years so that he could offer his services (free of charge) to the Swans to gain that elite hands on experience. I was also told that such was the respect of Andrew's advice that he often diagnosed an injury for the coaching staff before a player had arrived to the interchange bench. Very rarely in life does one receive the silver spoon treatment. Students are reminded of what you can achieve if you are motivated and willing to do the hard yakka. Andrew Cook? You reap what you sow.

Parent Code of Conduct It is a requirement of Catholic Education Melbourne Schools to have in place a Parent Code of Conduct. Such a policy embeds the understanding of respectful relationships and ways to enquire if a concern arises so that the best outcomes are achievable in the best interests for a student. St Mary's is drafting a Parent Code of Conduct policy for the common good of all within our College community. Once the College Board have viewed the draft policy it will be emailed home to parents and accessible on the College website. The world we live in today is far different from the past. Parents are one of if not the most influential role models in a child's life. A culture of respectful relationships within a Catholic faith tradition is a good tradition.



Notables

Thankyou Thank you to the parents and the many staff who attended the *Year 8 night of Notables*. An evening where Year 8 English classes displayed their depth of knowledge and creativity to celebrate the life an Indigenous person who has excelled in their field. The talents of our students were on display and they delivered tenfold.

M (Mission) 2020 The committee for the State Government Election Building Grant met this week. The next phase for the committee is to visit schools that have recently undertaken building works to discuss *what went well – what would you have done differently.* The next meeting is Monday 7th October. Parents will receive further information on the progress of the M2020.



College Feast Day St Mary's School commenced in 1880 in the 'old Church,' which in later years became the Parish Hall. The first school was led by lay teachers. In 1903 with the convent built the school became known as St Mary's Convent School and Sacred Heart College for secondary students began. In 1988 both primary and secondary amalgamated to be known as St Mary's College. In celebrating the College Feast Day this week we celebrated Mass on Thursday followed by a sausage sizzle and a staff V's students volley ball game. Today we held a Friday afternoon concert. St Mary's is blessed to have its name from Mary the Mother of Christ. A mother, a wife, a women who

showed courage, loyalty and taught her son to show kindness to others and to be a man of conviction - Jesus certainly followed his mother's advice! Mary was the first Christian, the first believer in her sons divinity, a mother who believed.

Best wishes

A handwritten signature in black ink that reads 'Wayne Smith'.

Wayne Smith
Principal

*DipEd(ACU) DipREd(ACU) BEd(ACU) GradCertEdAdmin(Edith Cowan)
GradDipREd(ACU) MEdAdmin(Charles Sturt) MTheoSudies(BBITAITE)*

PS Congratulations to our students on their outstanding results in the Language World Championships World Championships. 1st in Victoria and 2nd out of all schools that had 51- 100 participants. Go St Mary's

Mr Wayne Smith
principal@smseymour.catholic.edu.au



from the... Business Manager

Privacy Policy & Data Collection Notice

St Mary's College has recently reviewed and updated its Privacy Policy and Data Collection Notice. The updated policy can be accessed from the school's website. Alternatively, you may request a copy from the school office.



Mrs Felicity Melville
accounts@smseymour.catholic.edu.au



P- 4 News

from the Level Co-ordinator ...



Accountability This week will see a new installation on our MP Growth Mindset display. Thank you Naurelle Palmer for her donation of a mirror and to Janelle Puppa for the offer of another mirror.

Accountability can be seen in so many ways – reputation, grades and actions are just a few. A lack of accountability in childhood does not magically appear in adulthood.

Here are 5 steps we could each embed in the lives of our children. We will be doing them a favour, despite how difficult it may feel at times.

1. Don't be a 'sometimes' parent *Consistency is the key if we want to help kids develop accountability for their behaviour. It means reflecting on the values that matter most to you and parenting in ways that are consistent with those values.*

2. Allow kids to be responsible for their actions *We're often too quick to rescue our kids even when holding them accountable. A 4 year old who spills her water can help clean it up, which teaches her that spilling water is normal, but cleaning the mess up is also normal.*



3. Personal responsibility is not about punishing kids *It's about making amends for intentional and unintentional behaviour. When you say 'I know you didn't mean to, but you can use the broom to clean it up', you are not scolding or inviting defensive behaviour. You are simply stating what happened and provide a solution to make amends.*

4. Provide developmentally appropriate choices *Not every behaviour is to challenge our power. Kids will behave as kids do at that particular age. However, it is important to differentiate between appropriate and inappropriate and to propose age-appropriate consequences. Kids younger than age three can pick up their toys and put them away.*

5. Do as you say *One of the best ways to teach accountability is to be accountable yourself. When you are seen apologising, apologising for their behaviour becomes normal. When they see you make amends, they learn that it is normal to be accountable for one's behaviour. When they see you cleaning up your messes, they learn to clean up theirs.*

Baguskan Incursion What a wonderful day MP students had under the expert tutelage of Aaron and Nita. A huge thank you to Mrs. Jacqueline Cullum for organizing and running such a smooth and exciting day!



Money Money Money

Middle primary have been working tirelessly on their Inquiry unit 'Money Money Money'. They have built businesses, dined out and played math games. It has been a wonderful unit to study and everyone has come away with new experiences and new knowledge.



'Exciting and delicious is how I would describe MP's trip to the Chinese Restaurant. We had to place our orders before we went so the food would be ready. Brooke was the waitress and she put the food in the middle of the table and we dished our lunch into little bowls. My fried rice and spring roll were extraordinary. We cut through King's Park on our walk back to school. We are looking at local businesses in Inquiry'.

Jesse Glen



Prep 2020 Transition begins... Last Wednesday saw a lot of little people in our school. Some of our 2020 Prep enrolments arrived in the afternoon for a story and activity about what they want to be when they grow up. It was wonderful to see so many there and there were no tears!! Thank you so much to Ms. Ally and Mrs. Williams for your organisation and enthusiasm. We look forward to seeing many more faces at our next transition afternoon on Wednesday 18th October at 2.30pm.



A fluffy face in MPJ MPJ is the home for 'Bella' the beautiful bunny for the next few weeks. Tylah and the rest of MP's are thrilled to look after Bella during recess and lunch. Bella is also well looked after during the day.

'We have a cute bunny visiting our class until the end of term. Her name is Bella and we are toilet training her. She is soft and fluffy. Bella hops around our room and helps us to read. Bella helps us to relax when we cuddle her. She goes into her outside cage at lunchtime and recess. We take turns of bunny sitting! She has found a favourite spot in the corner to sleep. Bella is the cutest bunny in the world!!'

Tylah Shearer



TAG Awards

Congratulations to:

Harry Edwards, Lauchlan McNaughton, Finn Melville, Sienna Lynch, Logan Shearer, Hannah Handford, Jack Lomax and Charlotte Lynch



Until next term, continue to ACT JUSTLY, SHOW RESPECT and DO YOUR BEST. If you have any concerns or questions, please don't hesitate to see your classroom teacher or myself – you know I love visitors!

Follow this link to Galleries on our Website <https://www.smseymour.catholic.edu.au/whats-on/galleries/>

Mrs Anne Spencer

anne.spencer@smseymour.catholic.edu.au



Yr. 5-7 News

from the Level Co-ordinator ...

As always, there is much going on at the 5 to 7 level. Senior Primary students wrapped up their Natural Disasters Inquiry with a showcase of all of the three dimensional representations of their chosen natural disasters. Year 7s arrived back at school after a day out at various Southern Ranges sporting activities just in time to catch a glimpse of the SP's work in glorious afternoon sunshine in the quadrangle.



Class Captains, Vice Captains and Sports Captains at the 5 to 7 level are to be congratulated for their contributions to our recent 5-10 level assembly in the MP Hall. They prepared reports, created slideshows and spoke confidently to the large assembly audience and really showed great leadership.

I will be meeting again with our 5 to 7 leaders soon to seek their input on a number of issues.



Assembly Award Winners

Patrick Matthews
Tarkyn Dundon
Evelyn Krammer-Shipard
Ivan Kovacic
Tahlia Mulraney
Adison Thornberry
Sophie Munro
Jabe Brown
Zac Brown
Caryss Farrell
Izaac Joseph Hauser
William Ritchens-Manning
Oliver Fulton
Brianna Henderson
Ellouise Stringer

Important Dates

Wednesday 11th September. Primary District Athletics

Thursday 12th September. 7-10 Social 7:00pm-9:00pm 'Winter Wonderland'

Friday 13th September. Whole College Assembly

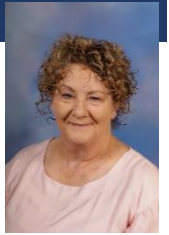
Friday 20th September. Footy Colours day and last day of term.

Mr Andrew Allen

andrew.allen@smseymour.catholic.edu.au



Yr. 8-10 News



from the Level Co-ordinator ...

Night of Notables

Our theme for 2019 Night of Notables was a remarkable Indigenous person in their field and the impact they made to others. The students chose a special person they connected with either a sports person, politician, artist or author, and many more. The variety of notable people chosen was amazing and the visual displays on Wednesday night were so outstanding that we struggled to choose only 5 to receive a prize. Students were required to research and write up a biography of their notable person and have several other pieces to complete their stand. On the night, students were expected to dress up and show their knowledge of their chosen person. They had handmade 3D models of something related to their notable and a series of questions concerning the person within a box that parents, students and teachers could ask. At the end of the night the teachers and principal gave out awards to the high achievers and most students had a smile on their faces because all their hard work and hours spent doing the final touches payed off.

Many Thanks to all staff for their support not only on the night, but along the journey this term. Please enjoy the array of pictures taken.

Ms Dovara & Mrs Hooper
Yr 8 English teachers

Follow this link to Galleries on our Website

<https://www.smseymour.catholic.edu.au/whats-on/galleries/>

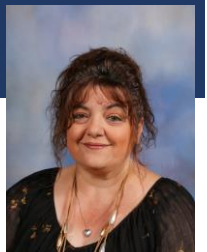


Mrs Mary Tampion

mary.tampion@smseymour.catholic.edu.au



Student Wellbeing



from the Deputy Principal ...

Wellbeing Week - 9th – 13th September Wellbeing refers to a persons' state of happiness and health. It is important to have good wellbeing sustained so you can live a longer, happier and healthier life. Just as exercise and good diet can reduce our risk of illness, investing in our wellness can reduce our risk of developing a mental illness. Mental Health is one of the toughest challenges we face in today's world.

1 in 2 people will experience some form of mental illness in their lifetime.

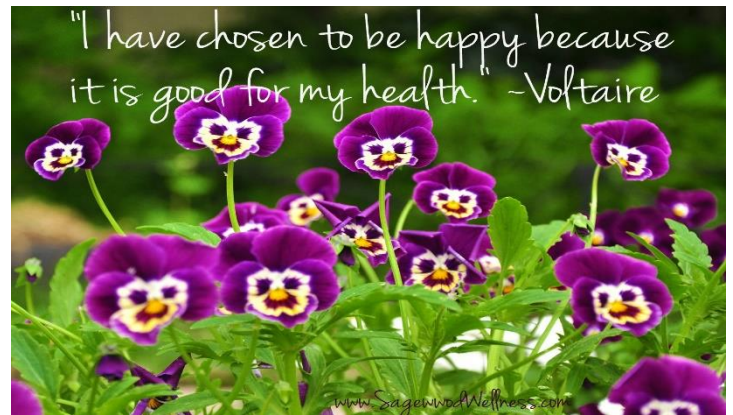
The Wellbeing of our students, staff and families is of great importance at St.Mary's College. Wellbeing Week is a time that your child can spend some quality time with their family and friends. Here are some ideas of some activities you and your child could do during Wellbeing Week at home.

- Go to a park with your family for the afternoon.
- Play a board game or card game with your family.
- Have a special dinner around the table.
- Go for a walk/bike ride/scooter ride.
- Have a milkshake or a special treat after school.
- Have a movie afternoon/night.
- Play a game of soccer/football/tennis with your family.
- Cook or bake a meal together.
- Catch up with your grandparents
- Get in the garden together ☺

During next week, all our levels will be participating in some lunchtime activities that our College Leaders and staff will run for our students. Eg. mosaic art, dancing, sand play and many more across P-10.

COME AND JOIN US AT 8.45AM TO LAUNCH WELLBEING WEEK IN THE ARTS GARDEN MONDAY MORNING 9TH SEPT.

Ms Zine Dovara
zine.dovara@smseymour.catholic.edu.au



Languages

Language World Championships! St Mary's College finished **1st in Victoria** and **2nd out of all the schools** that had 51-100 participants for Indonesian Language!!!

A big thank you to participants, in particular, Claire, Dylan, Lily who achieved a Bronze Certificate with over 1000 points and Skaife and Polly who achieved a Credit Certificate with over 500 points.

Terima kasih banyak!

Angela Molinaro
Languages Leader



P&F

Father's Day Thank you to the following families for your support at our Father's Day Stall last Friday helping with set up Megan Cox, Katy Smith, Louisa Munro, Roxanne Tipping, Bev Stray and Christie Gross.

Huge thank you to Catherine Hepburn, Bronwyn R Martin, Robyn Parish, Georgia Shearer, Justine Delzotto, Nirmala Rathuayalce, Kathryn Welsh and Carrie Hayes who helped sell on the day. Our student helper were Jonty Mann, Nic Quigg, Jack Glen, Fraser Rutherford, Regan Gardner & Jardine Nai who were very respectful to the other students and great role models.

Enormous gratitude to the following families for your donations Carrie Hayes, Nicole Towt, Simone Homewood, Cara Papi, Kirsty Hare, Catherine Hepburn, Bronwyn R Martin and Roxanne Tipping.

DATES TO REMEMBER

Term 3

Wk 9A Wed 11 Primary District Athletics
Sat 14 Indonesian Trip (Sat 14 – Mon 23)
Whole College Assembly (2.15pm-3.15pm)

Wk 10B **Fri 20** **Last day of Term**

Term 4

Wk 1A **Mon 7 Oct** **Pupil Free Day**
Tue 8 First Day of Term 3
Wed 9 JP Incursion_Forces in Action
MP Camp_Jungai (Wed to Fri)
Thu 10 Hume Athletics Albury
Primary Division Athletics

Wk 2B Fri 18 Primary Regional Athletics
Whole College Assembly (2.20pm-3.10pm)
Opening Night SMC Art Show (7.00pm-8.00pm)

Sat 20 **SMC Art Show (10.00am-4.00pm)**

Wk 3A Tue 22 Prep Parent Information Evening (5.30pm-6.30pm)
Yr 7 Parent Information Evening (7.00pm-8.00pm)
Wed 23 Yr 7 Immunisation (9.00am-10.00am)

Wk 4B Fri 25 Grandparents Day (9.00am-11.00am)
Mon 28 Yr 5/6 Camp_Canberra (Mon 28 – Fri 01/11)
Yr 9 Camp_Tasmania (Tue 29-Thu 31)

Wk 5A **Mon 4** **Mid Term Break**
Tue 5 **Public Holiday_Melbourne Cup**

Primary District Athletics Wednesday 11/9 @ Kings Park

Any assistance from parent helpers would be hugely appreciated. Thank you

Term Dates 2019

Term 3: 15/7 – 20/9

Term 4: 7/10 – 29/11 (Yr 10s)
6/12 (Yrs 7-9)
17/12 (Prep-6)

Student Free Days 2019

Mon 7 October

CANTEEN ROSTER

9-13 September
(10.45am-2.30pm)

Mon 9 Catherine Plessey
Tue 10 Leesa Bree
Wed 11 Kelly Rogers
Thu 12 Cherie Mathews
Fri 13 Barb Plum
Catherine Plessey

ST. MARY'S COLLEGE

90-High-Street,-SEYMOUR
TELEPHONE: (03)-5792-2611
PO-BOX-269,-SEYMOUR-3661
Office-Hours: 8.15am-4.30pm

ST. MARY'S-PARISH-SEYMOUR--ST. JOSEPH'S-TALLAROOK

Parish-Priest: Father Eugene Ashkar

TELEPHONE: (03)-5792-1064 / 0455-123-509

MASS-TIMES: St. Mary's: SAT 6.00pm, SUN 10.00am; St. Joseph's: SUN 8.30am



MELBOURNE RENEGADES

FREE BIG BASH FAMILY FUN PASS!
Sign up to claim your 4 x general admission passes!



Woolworths CRICKET BLAST

HAVE A BLAST!

GET INTO WOOLWORTHS CRICKET BLAST. IT'S A FUN AND ACTIVE PROGRAM FOR KIDS OF ALL ABILITIES – WHETHER IT'S YOUR FIRST TIME WITH A BAT OR YOU'RE A BACKYARD CRICKET STAR!

Seymour Cricket Club
Thursday 10th October @ 4:30pm
Damian Murphy
seymourcricketclub@gmail.com
\$80

*TERMS & CONDITIONS APPLY. MELBOURNE RENEGADES HOME & GMHBA STADIUM GAMES ONLY. EXCLUDES THE DERBY. REGISTRATION LINK INCLUDED IN CONFIRMATION EMAIL.

JOIN A CREW NEAR YOU TODAY   



HAVE A BLAST. BE PART OF THE CREW!

Get into Woolworths Cricket Blast. It's a fun and active program for kids of all abilities – whether it's your first time with a bat or you're a backyard cricket star!

- ✓ It's easy to join a crew and make awesome new friends.
- ✓ Wear the colours of your Big Bash heroes.
- ✓ Parents warm up, you can join in too!

JUNIOR BLASTERS
AGES 5-7 | 60 MINS | 6+ WEEKS

Learn new skills, including catching, throwing and teamwork, through fun game based activities.

Sign up now for your Starter Pack. Returning Junior Blasters score a Returner Pack with backpack and choice of bonus item!




STARTER KIT **RETURNER KIT**

MASTER BLASTERS
AGES 7-10 | 90 MINS | 6+ WEEKS

Everyone gets a chance to bat, bowl and field in short, modified games of cricket. For kids with basic cricket skills.

Sign up now for your Master Blasters Pack!



FREE BIG BASH FAMILY FUN PASS!

Sign up now for Woolworths Cricket Blast and enjoy the ultimate family experience. You'll be cheering on your favourite Melbourne Renegades BBL | 08 Champions during a match of non-stop action and entertainment. Access your FREE general admission passes (x 4) when you sign up at playcricket.com.au*

Seymour Cricket Club
Thursday 10th October @ 4:30pm
Damian Murphy
seymourcricketclub@gmail.com
\$80

*TERMS & CONDITIONS APPLY. MELBOURNE RENEGADES HOME & GMHBA STADIUM GAMES ONLY. EXCLUDES THE DERBY. REGISTRATION LINK INCLUDED IN CONFIRMATION EMAIL.

JOIN A CREW NEAR YOU TODAY   



Free entry – donations to help cover costs of license etc. appreciated.



BYO bean bag/cushions to enjoy the movie in comfort.

Saturday 14 September 2019

Doors open 6:30pm for 7pm movie start.

Venue: Seymour Uniting Church, 11-13 Crawford St.



Snacks including pop corn and drinks available for purchase.

Come enjoy a movie from the last few years on a big screen. Due to our license, the movie title can be found on our Facebook page, Seymour Uniting Church.

For more info contact:

Peter: 0419 863 804 or Michael: 0458 742 362

Facebook: Seymour Uniting Church.



Seymour Uniting Church serving our community.

