



# THE MARIAN

## ST. MARY'S COLLEGE SEYMOUR

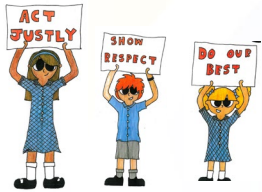
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No. 12

Term 3 Week 2 of 10

03/05/19)



### St. Mary's College Vision Statement

*A welcoming Catholic community that respects our heritage and looks to a sustainable future.*

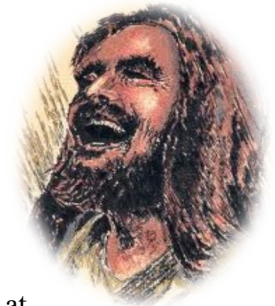
*We inspire learning excellence, resilience and service to others.*



### From the Principal

**"Give it your best shot!" .....Des Hasler**

### Des and that Old Green Mazda



In my early years of my vocation I was a teacher at St. Pius X College Chatswood in Sydney. My teaching colleague in the next classroom was *Des Hasler*, a former NRL Premiership and Australian Test player and currently the Premiership coach of the Manly Sea Eagles. During my tertiary education days at Mount St Mary's Teachers College in Strathfield, Sydney and on most Friday afternoon's Des would often ask some of us peers to help push start his old Green Mazda. If the Mazda started we were given a ride down to Strathfield Railway Station. If our push did not start the Mazda, we walked and so did Des. At College Des was admired by many. He played his guitar with passion, often belting out a Neil Young classic like the famous *Heart of Gold*, a song reflective of Des' nature. The world of coaching has no doubt hardened Des, but the qualities of the Des Hasler I knew back then surely remain embedded. The following quote is when Des addressed the audience at St. Pius X College Sporting Awards after representing Australia against New Zealand. A speech that lives long in the memory:

*"I have had some success in the field of football but it hasn't just come. I have had to train constantly. I have had to work at developing what skills I possessed. You don't move forward by standing still. I'm not always a winner. We can't always be winners; we can't all be Albert Einstein's or Olympic Champions, but there is something in all of us that can obtain a kind of victory and that is the inner satisfaction of knowing that you have done your best. All of us have a talent within us. It is a God given gift. Maybe you have not found it yet but you will and when you do it your responsibility to do your best with it. Your talent is God's gift to you; how you use it is your gift to God.*

*I guess what I have been trying to say can be expressed in a few words – whatever field you choose in your life, simply give it your best shot."*

Des is a proud son of Catholic education. He is renowned for the pastoral support he provides to his players; the humility he exercises when dealing with others and one who is committed to his faith and Des regularly attends weekend Mass. As 2019 unfolds our senior students would do well to remember that to 'give your best shot' will lead to achieving ones dreams!



## Parish Projects – Seeking Feedback and Discussion

Father Ashkar is inviting parish members (active and those who are not) to a **Parish Pastoral Forum, Wednesday May 22 at 7:00pm in the parish hall.** All are welcome to have a say on parish issues and projects. A Church, a parish is only as good as those who participate and commit. This is an opportunity to support Fr Ashkar in revitalizing a strong sense of community that will provide positive outcomes for the parish and will therefore inevitably benefit our College community. ‘For the times they are a changing’ sung Bob Dylan. The times have changed but the benefits of community remain a strong as ever. For many, the practice of their

faith has changed. Yes, there are less people in Church pews but that does not mean spirituality is any less. What it does mean to be involved in the Parish Forum is that there is an invitation to become a part of community. You are invited to the Parish Forum to build on a Catholic community that has given so much to Seymour and surrounds, a community that has seen parish and school integrally connected for well over 100 years. **CLAIM THE DATE.**

**Parent Teacher Progress Meetings** Next week we have Parent Teacher Progress meetings, an important time to discuss learning. Such meetings also build on and strengthen home and school partnerships. At St. Mary’s we are educating the business men and women of tomorrow. This generation will experience many career changes in their working lives and be the doctors; the hi tech engineers; the nurses; the teachers; the tradespeople and the innovators of the many other career paths of tomorrow. Every student can achieve and as *Des Hasler says, ‘give it your best shot.’* The academic bar must always be set high regardless of each students ability so that our students are inspired to achieve - and achieve they will. Some of the greatest minds and achievers of our modern world were not the most academic students in their classes but what they did and or do have is self-belief, regardless of circumstance.

**Cross County** Due to the cancellation of the Cross Country this week an update will be sent via CareMonkey asap.

*PS How pleasing it is to see the rain falling. Nature will soon turn barren hills into the beauty of green. Stay well and enjoy your weekend. Next week’s Marian will have an update from our Wednesday 8<sup>th</sup> May Board meeting.*

Best wishes

**Mr Wayne Smith**

[principal@smseymour.catholic.edu.au](mailto:principal@smseymour.catholic.edu.au)



## P- 4 News



*from the Level Co-ordinator ...*

**-WELCOME-  
BACK TO SCHOOL**

Welcome back to Term 2. The weather is just beginning to turn and the rain, although it didn’t amount to much, was very welcome. Beginning a new term is not however, just about the weather. It is about re-adjusting to the routine of getting up every morning at a specific time, wearing a uniform, packing bags and heading to school. With this can sometimes be anxiety. Children can be anxious about re-settling into school routines and expectations; about re-confirming friendship and realigning one’s thinking. Anxiety can be obvious at times such as clinging to a parent because it is dark outside or because the fireworks make a loud noise but it is when children are unable to articulate what they are feeling, that anxiety is not always seen as a primary symptom of the behaviour. Children won’t say they have anxiety, they may say they have a stomach ache. Of course, this could actually be true and there may be a medical issue but in the busyness of a day, it may not always be investigated. The investigation needs only to be brief so as to not to potentially escalate the feeling but to move forward in a positive way. Clearly if it continues and there is no medical evidence of illness, it needs to be discussed as to the possible causes of the ‘stomach ache’. As with any illness or mental health issue, if it is not addressed, it may very well re-invent itself as something quite debilitating in the future. Some general signs of anxiety to look for might be: agitation, avoiding people/situations, meltdowns over slight issues, difficulty transitioning, extreme perfectionism or unusual coping mechanisms that could be considered as self-harm (biting, scratching, pinching or even pulling one’s own hair). If you feel as a parent something is just not quite right or a teacher/coach/instructor brings something to your attention – investigate, listen, ask questions, seek advice, learn and support.



**Lent** MP students spent time in our Church and took some time to view and discuss the Stations of the Cross. They then sketched what they saw with charcoal. The results were creative, thought provoking and great discussion points.



**ANZAC Day 2019 'Lest we forget'** Another year goes and still thousands of people gather in the cold and dark to watch or participate in an Anzac Day march in towns and cities all over the country and beyond. The solemnness of the moment palpable as wreaths are laid or the bugle is played. People inherently recognize that they are all here for the same reason – to honour those who did and did not, return from any war. As our world continues to be in turmoil, we can use this time to reflect and hope that those who make decisions affecting our world are reflecting also.



**Black Cat Dance Studio** As part of our PE Curriculum this term, JP and MP classes welcome back Miss Grace O'Sullivan of Black Cat Dance Studio. Grace is teaching jazz and hiphop dance to all students. Previous students have loved their routines last year and some will be able to enjoy them again this year.



All dance classes are on Wednesday with MP in the morning and JP after recess. Sport uniform is required please. It is an expectation that all students participate in the lessons as part of the Physical Education Curriculum. Please see your classroom teacher if you have concerns.



**MP Inquiry Unit – 'Rhythm of Life'** Over the coming weeks we will understand that there is a variety of life on earth that can be classified by their physical characteristics. These can be distinguished from non-living things. Students will gain an understanding of a life cycle through the breeding of domestic mice and the cultivation of broadbeans. Students will investigate the growth of bacteria and gain an understanding that there are environmental and man made factors which influence the health and survival of species.

We are heading to Healesville Sanctuary next Monday and are fortunate to be a part of a 'Mega-keepers' session about the influence humans on animals past and present and their habitats. Please check CareMonkey if you haven't already done so and we will see you at the bus stop at **8am on Monday**. Sport uniform please.







## Photos and articles next time:

Friday 3<sup>rd</sup> May – Junior Primary excursion to the Melbourne Zoo

Monday 6<sup>th</sup> May – Middle Primary excursion to Healesville Sanctuary

Classroom Leader and TAG Award recipient photos

Until next fortnight, continue to ACT JUSTLY, SHOW RESPECT and DO YOUR BEST. If you have any concerns or questions, please don't hesitate to see your classroom teacher or myself – you know I love visitors!

*Mrs Anne Spencer*

[anne.spencer@smseymour.catholic.edu.au](mailto:anne.spencer@smseymour.catholic.edu.au)



## Yr. 5-7 News



*from the Level Co-ordinator ...*

**Year 7 Yea Wetlands Excursion.** On the 30<sup>th</sup> of April, Year 7 students went to the Yea Wetlands. This excursion supported the current Year 7 study of Water in Humanities. Students cycled through three activities including a guided walk through the wetlands, an interactive water and environmental activity and a task where students tested water samples for salt and turbidity. Students learned about the scarcity of fresh water on our planet and looked at how environmental damage can have a significant impact on water quality. All students were engaged and productive and the Wetlands staff commented on how well behaved our students were.



**Primary & Year 7 ANZAC day guest speaker** On the 24<sup>th</sup> of April Warrant Officer Tony Campbell presented an Anzac history speech to the 5-7 students. The presentation was very engaging and included the history of Gallipoli, the structure of the Dawn Service and the significance of each part of the service and the many Anzac traditions. Students were given an opportunity to ask questions at the end of the presentation and were very enthusiastic with their questioning.





The Year 7's had the privilege of being asked to place over 200 crosses at the Seymour Hospital, ANZAC Memorial. Students discussed their emotions, when they realised that each named cross represented someone who had put their life on the line for their country. Students engaged respectfully with the RSL members, who were very grateful of the help  
*Rochelle Gough*



**Award Winners** Lainey Doyle, Chloe Ash, Charlie DiMartino, Sophie Quigg, Archie Huxtable, Aiden Toby, Jacob Begley, Caryss Farrell, Oliver Kingston, Scarlet Jenkins, Zac Brown, Elijah Cross.

**Yr 5, 6 & 7 Morning Assembly** Friday 17<sup>th</sup> May 8:45 am Arts Garden area

**Mr Andrew Allen**

[andrew.allen@smseymour.catholic.edu.au](mailto:andrew.allen@smseymour.catholic.edu.au)





## Yr. 8-10 News



from the Level Co-ordinator ...

**Welcome back to term two everyone!** With such beautiful autumn weather over the holidays I am sure we have all returned well rested and with a positive mindset to take on term two.

Anzac Day April 25th

With Anzac Day occurring last week I have given a brief history with some questions for us all to ponder about what the day means to each of us today!

**WHAT DOES ANZAC STAND FOR?**

ANZAC DAY stands for Australian and New Zealand Army Corps. The soldiers in those forces quickly became known as Anzacs, and the pride they took in that name endures to this very day and will continue to be reflected on.



**WHAT DOES ANZAC DAY MEAN TO US TODAY?**

Australians recognise April 25th as an occasion of national remembrance, which takes two forms. Commemorative services are held at dawn- the time of the original landing- across the nation. Later in the day, ex-serviceman and women meet to take part in marches through the major cities and in many smaller centres. Commemorative ceremonies are more formal and are

held at war memorials around the country. ANZAC Day is a time when Australians reflect on the many different meanings of war.



*Ebony Staples doing a reading on Anzac Day in Pyalong for st Mary's*

The end of Term One was jam packed with many significant events taking place across our level.

**Lawn Bowls BBQ** Our year 10 students were treated to a bbq lunch by the volunteers at the Seymour Lawn Bowls Club for their final session and from all accounts it was a great way to end the term. Congratulations to all the Bowls Club volunteers for the patience and care they showed towards our students each week and for giving up their own time to mentor our young people. Thank you from all of us here at St Mary's.



**Careers Expo** On Tuesday April 30th all our year 9 and 10 students travelled to Shepparton Showgrounds for the Annual Careers Expo. This expo is a unique and hands on experience for our young people to start thinking about their future pathways and career options. A simulated car accident was one of the highlights for the students where they were the witnesses to the unfolding of the accident scene and how all the services operate such as the police, paramedics, SES and the CFA.

Special thanks to our Careers teacher Mrs Tanya Oakley who plans all these experiences for our students.



**Rugby Tops CLASS OF 2018** Finally the Rugby Tops arrived at the end of last term for our year 10 students.



A huge thank you to Mrs Catherine Evans who coordinated this process starting from last year and we had many excited students eager to start wearing their new tops. They look great and our year 10 students will wear them with pride as the leaders of our college.



**Supreme IncurSION – Billy Carts** Our year 9 students had a great day on Wednesday May 1st ...the day being run by Supreme Excursions. The students tinkered with putting billy carts together to see whose was the fastest and had billy cart races in the MPH. This was followed by an orienteering activity in the college grounds.

The mechanical and engineering skills displayed by some of these students was amazing.....both boys and girls. The facilitator congratulated our students on the respect they show towards each other and their enthusiastic participation in this workshop....well done to all of you!



We started our level assemblies this week on Tuesday morning in area C...it was a great success and congratulations to our year 9s who had the highest ATTENDANCE RATE for this term so far. A great effort ...and from now on we're going to have individual class winners as well....at the students request!!!!

The first two weeks of this term are transition time into our winter uniform.

Just a reminder to all our girls that LONG NAVY SOCKS are to be worn with the winter skirt....also time to find those TIES as well!

Our optional Parent/Student/Teacher interviews will be held on Monday May 6th and Tuesday May 7th from 3.30 until 6.30pm. I encourage all parents to contact the relevant staff members you wish to see with regards to your child and their progress.

**Homework Club** will be held each lunchtime in our college library again this term and also Maths Tutoring after school each Thursday from 3.30 until 4.30 in the library! This is a great opportunity for all our students to be on track with their learning and work requirements!

Have a great term everyone.....10 weeks!

*Mrs Mary Tampion*

[mary.tampion@smseymour.catholic.edu.au](mailto:mary.tampion@smseymour.catholic.edu.au)



## *St Mary's Parish*

**Parish Projects – Seeking Feedback and Discussion** I would like to hold a “Parish Pastoral Forum”, Wednesday May 22 at 7:00pm in the parish hall in which issues and ideas can be discussed and priorities established. All are welcome to have their say on parish issues and projects. THIS IS YOUR CHANCE TO CONTRIBUTE YOUR BRAIN POWER BY HAVING A SAY IN THIS PARISH.

Over the last couple of months I have listed in the parish bulletins – in no particular order – suggested points of discussion for your consideration and these are: A new stained glass window with the image of the Immaculate Conception, the patroness of the parish, beatification or renewal of the parish and its grounds, formation of a parish library, building of another ramped entry, how is your parish priest doing and how he can improve, parish pastoral initiatives of outreach, attention to housebound or nursing home parishioners, and evangelisation through such places as our parish website, Facebook, Community Radio, parish Liturgical initiatives including choir enhancement, training of more musicians, ongoing training of lectors and Extraordinary Ministers of the Eucharist, how can each person share or increase their ownership and responsibility within the parish.

Parish projects currently being budgeted: Hall ceiling and lighting replacement, Church and Bingo signage, Hall window tinting, Presbytery air-conditioning and heating replacement, Cooling and heating options for both churches, Maintenance and upgrading of Christmas scene and its surroundings, Review of storage in both churches to establish if more or new storage equipment or room is needed, Consultation and costing for development of a parish library in St Mary's church.

These are just a number of topics which we can discuss. Most importantly, I believe that as members of this parish you should be made aware of the considerations and the reasoning for them. You are entitled to be informed and it is good to take an active interest in your parish to help us find the best ways to improve people's ability to pray, worship and participate within this faith community.

## Reminders

**CARE MONKEY** If you have recently changed your contact details, mailing or email address, can you please ensure your details are updated on CareMonkey.

**SCHOOL PHOTOS** are not far away! Arthur Reed Photos have advised that Parents who have registered will receive an email to proceed with ordering. Orders placed by Paper copy will also be processed at this time.

**UNIFORM** Full Winter uniform from Monday 6<sup>th</sup> May

**LATE ARRIVALS** Students arriving late for school are required to attend the office to obtain a late pass.

*You're Invited*

### Mother's Day Afternoon Tea

Friday 10<sup>th</sup> May – Multipurpose Hall (1.45pm for a 2pm start)



On **Friday 10<sup>th</sup> May** we will hold our annual **Mother's Day Afternoon Tea**. This is a fantastic afternoon and we are looking forward to welcoming our new mums and grandmothers, as well as all those who have attended in other years. *Invitations have been sent via CareMonkey. Families not on Caremonkey will receive an invitation via their child. **RSVP: Mon. 6<sup>th</sup> May (for catering purposes)***

Also on this day is the **Mother's Day Stall** run by the Parents and Friends. The children all have the opportunity to purchase a gift from the stall. Thank you so much to our wonderful P&F who provide this great service year after year. The children can purchase a gift ranging from **\$1 to \$10 (amended)**. Students are encouraged to bring a plastic bag for their purchased.

**The Parents and Friends would love to hear from anyone who can assist with setting up and selling gifts on the day (toddlers welcome!!) Please contact Karen Glen (0409 790 932) or the College.**

Donations of home baked slices/biscuits etc. would be appreciated.

Plans for 2020 have begun and one of the key events will be Open Day on Tuesday 7<sup>th</sup> May. On this day, St Mary's College opens its doors to the many interested and prospective families seeking to find out more about our fabulous school and the people in it.

Titled 'Windows into Learning', this is a day when teachers and students showcase all our wonderful programs. There will be 2 tours on the day at 9.00am and 2.00pm.



**Tours: 9.00am & 2.00pm**

Please contact the College Office to register your interest: 57922611.



**Open Day...**

**'Windows Into Learning'**

**Tuesday 7<sup>th</sup> May**



**2020 Enrolments are now open  
Applications for Round 1 Interviews close**

**21<sup>st</sup> June 2019**

**Act Justly, Show Respect, Do Our Best**



# DATES TO REMEMBER

## Term 2

*These dates are subject to change.*

**Any changes will be noted in red.** Watch this space!

Wk 3A	Mon 6	Yr 10 Roadsmart Incursion (9.00-10.45) MP Excursion _ Healesville Sanctuary <b>Parent Teacher Meetings (3.30pm-6.30pm)</b>
	Tue 7	College Open Day (Tours 9am & 2pm) Yr 8-10 Assembly (8.45-9.00) <b>Parent Teacher Meetings (3.30pm-6.30pm)</b>
	Thu 9	Yr 8 Excursion _ Victoria Market & Museum (8.45-3.15)
	Fri 10	Mother's Day afternoon tea (2.00pm-3.00pm) Mother's Day Stall
Wk 5A	Tue 21	Primary District Cross Country
	Fri 24	Yr 10 Excursion _ Careers at Assumption College (10.30-2.15)
Wk 6B	Mon 27 –Wed 29	Yr 7 Camp _ Marysville (day 1 of 3) Yr 10 Immunisation
	Thu 30	SR Round Robin
	Fri 31	Primary Division Cross Country <b>Yr 8 Reflection Day (moved from 24/5)</b>
Wk 7A	<b>Jun</b> Mon 3 – Fri 7	Yr 10 Work Experience
	Tue 4	Parent Information Evening _ 2020 Prospective Enrolments (7.00pm-8.00pm) SR Cross Country
	Thu 6	
	<b>Fri 7</b>	<b>Student Free Day</b>
Wk 8B	<b>Mon 10</b>	<b>Queen's Birthday _ Public Holiday</b>
	Tue 11	Faith Night Reconciliation (6.00pm-7.00pm) Faith Night Eucharist (7.00pm-8.00pm)
Wk 9A	Tue 18	Yr 10 Exams Faith Night Confirmation (7.00pm-8.00pm)
	Wed 19	Hume Cross Country Primary Regional Cross Country _ Winton
	Thu 20 & Fri 21	Yr 10 Exams
Wk 10B	<b>Fri 28</b>	<b>Last day of Term 2</b>

### Student Free Days 2019

Fri 7th June  
Mon 12th August  
Mon 7th October

### Term Dates 2019

**Term 2: 23/4 – 28/6**

Term 3: 15/7 – 20/9

Term 4: 8/10 – 20/12

### CANTEEN ROSTER

6-10 May  
(10.45am-2.30pm)

Mon 6	Neisha Reid
Tue 7	Catherine Plessey
Wed 8	Kelly Rogers
Thu 9	Jessica Manderson
Fri 10	Kate Martin

### ST. MARY'S COLLEGE

90 High Street, SEYMOUR  
TELEPHONE: (03) 5792 2611  
PO BOX 269, SEYMOUR 3661  
Office Hours: 8.15am-4.30pm

ST. MARY'S PARISH SEYMOUR ~ ST. JOSEPH'S TALLAROOK

Parish Priest: Father Eugene Ashkar

TELEPHONE: (03) 5792 1064 / 0455 123 509

MASS TIMES: St. Mary's: SAT 6.00pm, SUN 10.00am; St. Joseph's: SUN 8.30am