



THE MARIAN

ST. MARY'S COLLEGE SEYMOUR

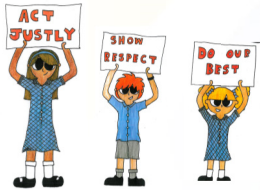
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No. 10

Term 1 Week 10 of 10

05/04/19)



St. Mary's College Vision Statement

A welcoming Catholic community that respects our heritage and looks to a sustainable future.

We inspire learning excellence, resilience and service to others.



From the Principal

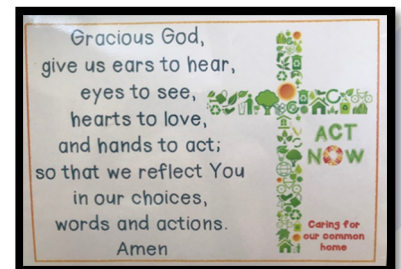
Dear Parents and Families,

Listening to the Heartbeat of St Mary's Term One is concluding for students and staff and a busy Term One we have had at St. Mary's! St Mary of the Cross (Mary MacKillop) said many inspirational quotes from the time she founded the St Joseph Sisters of the Sacred Heart back in her home town Penola, South Australia in 1866. Like Catherine McAuley, St. Mary wanted to provide a education for families who valued a holistic education in the Catholic tradition. A wonderful saying of St Mary was, "Believe in the whisperings of God to your own heart." The whisperings of God have been a plenty during Term One at St. Mary's. On Tuesday, Middle Primary went to the Melbourne Arts Centre for a live theatre performance. Uniform was outstanding and the behaviour of our students amongst a 1000 strong audience was to be admired and was noted....our College shone that day! Every Wednesday classes are rostered to attend the 9.00am Parish Mass and the reverence shown is a credit to the respect our students have for the Church as a sacred place and for the care and respect our students show to Father Ashkar. Thankyou Yr 8, your uniform was also outstanding at Wednesday Mass.



The Heart of the Matter Every Monday and Wednesday of each school week, we (staff) meet for morning briefing. We begin with a prayer followed by community or personal intentions. These intentions remind us daily that there is always someone doing it tough. A simple gathering that builds trust and strengthens collegiality.

Easter Liturgy Today, we held the annual Easter Liturgy. A moving and poignant moment in time for our College community to reenact the reality of Christ's Passion - 2000 years ago in Jerusalem. The re-enactment was a kindly reminder that as a Catholic College we nurture a spirituality that comes from the heart. Our students never forget these liturgical moments. May your Easter be a time of peace and if you are on the roads, go gently.



Crucifixion to Resurrection 'When I was growing up and in terms of my family's ideas, it was a way to celebrate obviously the death and resurrection of Christ, but it was also a way to get together as a family – spending time with each other. To be honest with you, in terms of what it means now, it still means the same. It's not so much about the Easter eggs and the chocolate but it is more about getting together and very much about what Easter actually symbolises, which is the resurrection.'
Cross Light Easter Reflection

Holy Week the Great Week A week of intense emotion and anxiety for the followers of Jesus. The apostles and Mary witnessed with such helplessness the suffering of their Mentor and Son. Easter can be a wonderful time with the pressure of daily life lost in the warmth of autumn days. Easter can be a time for catching up with family or on the road. Easter is about new life and religious ritual. Regardless of one's denomination, personal beliefs or any other hurdles, Holy Week is the 'Great Week' for Christians. People admire those who have little but never complain and those who do it tough but still see the goodness in each day. Christ was no different; He relied on the generosity of others and could do what many of us at times may find difficult to do, which was to forgive. Even at the hour of his death, Jesus' could still forgive those who mocked him. Holy Week puts much into perspective.



Thankyou St Vincent de Paul Mr Paul Fleming (President) and Mrs Carol Smith visited this week St. Mary's to talk to students about what the St Vincent de Paul Society does in Seymour, especially in the societies 50th year of service to the local community. St Vinnies across Victoria provides \$27 million (no government funding) in support of people in need. 97% are volunteers with only 3% employed at Head Office in Melbourne. The funds raised locally from the Vinnies shop goes back into the community to support those who need assistance. St Mary's support Vinnies by way of the annual Christmas Giving Baskets; Winter Appeal; Rug Up for a Day and attending the St Vincent de Paul Youth Conference. Can we do more? That is our challenge to consider other ways of 'acting now.' There is so much to admire about the St Vincent de Paul Society. Lives can be changed and lives can be comforted. Often a family in need can turn to Vinnies for support. Perhaps the most powerful words from the meeting came from Mr Fleming, "The worst form of poverty is loneliness, the next form of poverty is having no one to listen to a person's story."

St Vincent de Paul has asked that parents be aware that the society can be contacted at their Anzac Parade office for support. If there is need, assistance with uniforms and in other ways is possible. Please contact the St. Vinnies for further information.



UNITED MINDS
COMMUNITY SERVICES

Melissa Duckmanton Psychologist and Managing Director of United Minds Services Ltd, a not for profit community-based Psychology Service has made contact regarding the service that provides low cost and no cost psychology services across Australia. United Minds has recently been approved by the Department of Health to deliver telehealth services to people in remote and rural regions using the Health direct secure video-conference platform. The service is being offered through the Department of Health's Better Access to Mental Health Scheme. This allows people to access up to 10 free sessions with a psychologist. At this stage, the service is offered to people over the age of 16. For further information:

1. Check <http://www.doctorconnect.gov.au/internet/otd/publishing.nsf/Content/locator>
2. A Mental Health Care Plan from a GP
3. Contact United Minds on **1300 724 824** for an appointment.

A flyer is included in the Marian.

Welcome Corey! St. Mary's is delighted to have former student Corey Jones on team from Term Two and for the remainder of 2019. As part of his SEDA course Corey will work (as a volunteer) every Friday with Nick Fairbairn our Maintenance Manager. Corey will focus on garden maintenance. The Kevin Jones Shed will be smiling!



What are the graces in my life for which I am deeply grateful for and what are the mosquitoes of daily living that blind these graces?

Mosquito Bites by RON ROLHEISER,

"When grace enters, there is no choice - humans must dance."

W.H. Auden wrote those words and, beautiful as they sound when grace enters a room we should begin to dance but, sadly, more often than not we let some little thing, some minor mosquito bite, blind us to grace's presence.

We all know how mosquitoes can ruin a picnic...*You are celebrating your birthday with family. Everything around and within you is an invitation to be joyful and grateful. This is "Sabbath" in the biblical sense: We are celebrating life. We are healthy, surrounded by loved ones, enjoying leisure, time off the wheel of work, all with good food and drink. Grace has*

entered and everything is wonderful, except for one thing, mosquitoes. As sunset arrives so do mosquitoes, inflicting a bite here and there; eventually everyone loses focus, preoccupied with keeping skin covered. The good cheer evaporates and irritation ends any inclination to dance. The picnic is brought down by mosquito bites!

We could all recount incidences of this sort. Given the complexity within our daily lives, mosquitoes of some type are invariably present. There is some rain on every parade, some irritation in virtually every situation in life, and some element challenging pure grace within almost every moment of life. Life rarely comes to us pure, free from all shadow.

It is not always easy to dance, even in the clear presence of grace. Mosquito bites can easily cause us to lose perspective, to lose the big picture.

Today there is a rich spiritual and psychological literature that challenges us to try to live more fully inside the present moment and not let our heartaches about the past or our anxieties about tomorrow cheat us out of the riches of today. But, as we as know, that is easier said than done. Elements from our past - still haunts us, and thousand other things from our past - impale themselves into our present. And the future, as well, colours our present. The present moment never comes to us pure.

And yet the challenge remains, an important and healthy challenge: **Don't let the mosquito bites within life blind us to the larger presence of grace!** David Steindl-Rast articulates this challenge very strongly, though he does it by emphasizing the positive. Here's an example from his writings: *"You think this is just another day in your life. It's not just another day; it's the one day that is given to you today. It's given to you; it's a gift. It's the only gift that you have right now, and the only appropriate response is gratefulness. If you do nothing else but to cultivate that response to the great gift that this unique day is, if you learn to respond as if it were the first day of your life and very last day, then you will have spent this day very well."*

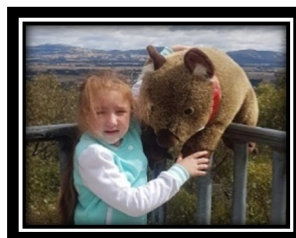
But that is a grace that does not come easily, it must be fervently prayed for. Mosquitoes will inevitably make their presence known at every picnic in our lives. That's a given. The challenge is to not lose sight of the larger presence of grace because of minor irritations. Small wonder we do not always dance when grace enters.



Buddy activities Friday 29th March

Warmed hearts, Nurtured mindfulness and Delivered positive relationships.

Thankyou Wellbeing Team



Rosie had a delightful weekend with Willow & family...Bulldogs??

Fr Ashkar and Parish Projects Forum

Please read the pastoral letter in the Marian from Fr Ashkar the parents of St. Mary's. We are blessed to have Fr Ashkar as our Parish Priest and his admiration for and support of St. Mary's is certainly appreciated by our College community. The students value and appreciate Fr Ashkar's words of wisdom during weekly Mass. In the Mass Bulletin 31st March, Fr Ashkar included *Parish Projects – Seeking Feedback and Discussion*. A Parish Pastoral Forum discussion will be held next term and is a wonderful opportunity to get involved, so that we continue to build a vibrant parish community. The Marian will advertise the date of the forum.



Term 1 edition of Catholic Education Today is now available on the Catholic Education Melbourne website <https://www.cem.edu.au/News-Events/Catholic-Education-Today.aspx>

Best wishes

Mr Wayne Smith

principal@smseymour.catholic.edu.au

PS Grace be with us.



Saint Mary's Parish Seymour



From Fr. Eugene Ashkar

Dear School Parents and Staff

As we come to the end of the first term of 2019 and look towards celebrating the season of Easter, as Parish Priest it is an appropriate time to stop and reflect on the year so far.

This year we have welcomed our new Principal, Mr. Wayne Smith, to St Mary's College and Parish. Wayne and I meet weekly and we both enjoy the opportunity to discuss the importance of a close relationship between the College and the Parish and for me to be updated on College events.

The Opening College Mass was a wonderful opportunity for our Parish and St. Mary's to come together and share the induction of College leaders and to witness staff, student and community pledges. The College has instituted weekly Masses so that all students are able to attend Mass once or twice as a level through the term. This is another chance for parishioners and the College to come together and I commend the students for their respectful behaviour at any time that they attend Mass in the Church.

Last week, the students who will be participating in the sacramental program this year, along with their fellow students in Years 3-6, attended a Sacramental Enrolment Mass. Later in the year, these students will receive the sacraments of Reconciliation, Eucharist or Confirmation and as a Parish, we will be able to support these children and their families in this special program.

Although we celebrate Easter in a few weeks, today as a College and Parish community the students re-created the Stations of the Cross as their Easter Liturgy of reflection. It was a respectful, thoughtful liturgy by all involved and well supported by parents.

I extend an invitation to all families to come along to the Easter ceremonies at the Church – you are all very welcome. The Parish Easter ceremonies commence with Palm Sunday Mass on April 14th. Please refer to the timetable below for the dates and times of Holy Week.

Mass is celebrated daily at 9am (except for Monday) and all are welcome to come along to these morning masses. You might like to come when your child's class attends Mass. The calendar is always on the back of the Marian newsletter.

I look forward to working together and continuing to build a strong Parish and College relationship over the coming months and years. Thank you for the commitment and sacrifices you make to have a Catholic education for your children at St. Mary's. We have a wonderful College and parish community.

Palm Sunday:	Saturday 13th April 6pm Sunday 14th April 10am
Holy Thursday:	Thursday 18th April Mass of the Last Supper 6.00pm Vigil Watch 7.30-10.30pm
Good Friday:	Friday 19th April 3.00pm Passion Ceremony
Easter Vigil:	Saturday 20th April 7.30pm
Easter Sunday:	Sunday 21st April 10.00am

May the Lord bless you and keep you always.

Fr Eugene Ashkar

Parish Priest



P-4 News



from the Level Co-ordinator ...

Term 1 done & dusted! Term 1 this year has consisted of 10 weeks rather than the regular 8 weeks. This has meant a small amount of adjustment for teachers and students alike. The majority of students has managed the 10 weeks magnificently and should be applauded. Our Preps in particular have moved onward in leaps and bounds. Mrs. Perry said only last week that she thought they had another week in them!



This term we have had Whole School and Level Assemblies, certificate presentations, special presenters, Arts Centre/Shrine/live performance 'Billionaire Boy' excursion, the Colour Run, Athletics Carnival, Swimming Carnival, District, Regional and State sport, Opening Mass, Ash Wednesday Mass, monthly Mass, Shrove Tuesday, Catholic Education Week, National Day against Bullying & Violence, S.T.E.M. activities, JP local town walk, Buddy activity and College Easter Liturgy all amongst teaching! Phew! A busy term for all!

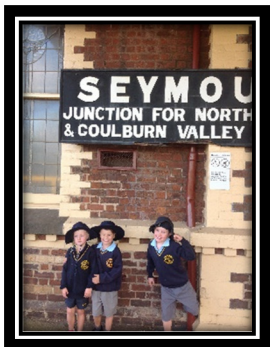
Relaxing or at least slowing down over the holidays is of benefit to everyone. Tiredness accumulates over the course of the year so some down time will allow your children to reset their energy levels and bounce back to school for Term 2.

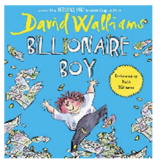
Thank you for your support throughout the term. We appreciate all that you do.

P-4 Primary Activities MP students were fortunate to have a special guest visit. It aligned perfectly with our recent S.T.E.M afternoon. Mr Aiden McKeown, Lead Software developer at Ultime VR brought his virtual reality system. Students were able to play a demonstration game called 'Paperville Panic'. All students were enthralled with the difference between looking at the screen as they normally would and then through the headset. It was an excellent experience and we thank Aiden for taking the time to share his expertise with us.



JP Town Walk On a cold and overcast morning, JP students headed off on an historical walk around Seymour. We loved walking down the Vietnam Veterans Memorial and reading about the different transport used during the war. We observed the station, older style houses with chimneys and the old police lock up. It was interesting to walk through the Pioneer Cemetery, finding out more about the first families in Seymour.





MP Arts Centre Excursion On Tuesday, MP students travelled to the Playhouse Theatre in Melbourne to see a live performance of David Walliams' 'Billionaire Boy'. It was a wonderful experience to see a live performance and our students' relished it. We were the first school to arrive and so we were delighted to be seated in the front three rows! The kids were thrilled! We then had lunch in the beautiful gardens surrounding the Shrine of Remembrance. It was a wonderful day! Thanks to Mrs. Evans for securing the funding for the excursion and to our parents, Nicolle Lynch, Dimitra Karafylis, Angela Barry, Kirstie Kadow and Rachel McCarthy.



TAG Awards Congratulations to our most recent TAG Award recipients – Tyla Maresceaux, Jayden Trodd, Harrison Thomson, Lilli Kelly, Sahib Singh, Sebastian Croft-Papi, Jacob Hard, Ruby Ritchens-Manning. Congratulations!!

Buddies Last Friday all students throughout the school paired with their buddy class and had a great afternoon together. Lots of fun was going on whilst making and creating displays and painting Sacramental crosses. We are already looking forward to our next get together in Term 2.



Until next term, continue to ACT JUSTLY, SHOW RESPECT and DO YOUR BEST. If you have any concerns or questions, please don't hesitate to see your classroom teacher or myself – you know I love visitors!



Mrs Anne Spencer

anne.spencer@smseymour.catholic.edu.au



Yr. 5-7 News

from the Level Co-ordinator ...

Senior Primary STEM report *By Tahlia, Leayah and Molly*

STEM stands for Science, Technology, Engineering and Maths

For our STEM activity on Friday 22nd of March we designed some bridges and built them out of 100 popsicle sticks and PVA glue. First we had to plan our bridges on a piece of paper. We were in groups of twos, threes and fours.

Our bridge was able to hold 4 ½ kg and we were so impressed! We went first with our project and we were so scared that it would break!

We tested our bridges by suspending a bucket underneath and gradually added water.



The strongest bridge built was by Lizzie and Phoebe. It held 12 kg. The next was Oliver, Jabe and Ollie. Their bridge held 11 ½ kg. Angus Dan and Travis' bridge held 10 kg, the same as Evelyn Sophie and Ruby's bridge.

What we learned from this activity was the importance of working in a group. We learned that we had to get the right measurements.

Out of all of that the most important things was working together to make a strong bridge.



Year 7 Retreat Day *Ben and Emily.*

The theme of our retreat day was Mercy Values. We were put into groups and wrote down what we thought the values meant. The main focus of the day was looking closely at our Mercy values and about the life Catherine McCauley. Then we completed an activity using M & Ms. We were asked to identify when we had seen or shown Mercy Values in our day-to-day life. We were out of our normal friendship groups. We had chips and potato cakes for lunch then we made a video on our assigned Mercy Values.



Buddies

Senior Primary students had their first activities with their Yr.9 buddies on Friday 29th of March. Splitting into three large groups, the activities included Woodwork, Baking and Green Screen video recording.



All students enjoyed the experience with Senior Primaries learning many new skills from their Yr.9 buddies. Next term, the groups will rotate so that everyone has the opportunity to experience all of the activities.

Assemblies Starting next term, the years 5/6/7 classes will be holding morning assemblies in the Arts Garden. These will be held at 8:45am on Friday of week A. These assemblies will be used for sharing important information and for acknowledging the success of our students by presenting awards. Parents of students receiving awards will be notified prior to the assembly, but all parents are invited to attend.

Dates

- **Cross Country 2nd May.** All 5-10 students will participate in our annual cross country event held at Light Horse Park. Parents are invited to attend.
- **Open Day 7th May.** Join us for our annual College Open Day! More details to follow.

Mr Andrew Allen
andrew.allen@smseymour.catholic.edu.au



Yr. 8-10 News



from the Level Co-ordinator ...

As we head towards the end of term one our thoughts turn to the holidays and Easter. The signs of Easter are all around us – cooler weather, school holidays, an upcoming long weekend, hot cross buns and extra church services to cater to people’s faith which comes in all shapes and sizes. For many people, it is also a time to reflect on some important events that took place over 2000 years ago -the death, burial and resurrection of Jesus Christ. No doubt this is the foundation of the Catholic faith.

B4W ‘The Big Issue and The Shrine’ Our Term One has been jam packed and the last couple of weeks have been no exception to this. Our Yr 9 students had their final term B4W day in Melbourne on Wednesday April 3rd. They visited the Shrine and The Big Issue Offices in the city. By listening to the journalists who write the Big Issue our students are exposed to investigating the connections and distinctions between fairness and equality in our society and they are encouraged to form their own values and beliefs on social issues. This is always a wonderful learning experience for our students on accepting the ‘marginalised people in our society.’

Year Ten RE Showbags In Yr 10 Faith Education this term the students have been analysing Mark’s Gospel and creating a Showbag which is relevant to the gospel and its contents.

The students have created some wonderful showbags and their items indicated sound research and understanding of the gospel. Well done to all students!



Mentor Morning Tea Our first Mentor Morning Tea was held recently. This is always a wonderful occasion with lots of conversation and fun plus plenty of hot party pies.

This program is most rewarding to both the students and staff mentors who are a part of it and some lasting relationships and support networks are set in place.



Morning Assemblies 8 – 10 In term two we will be having Tuesday Week A Morning Level Assemblies in the Garden Area. These will start at 8.45am and conclude in time for period one.

The purpose is to gather together regularly as a level and celebrate student achievements with awards and also a ‘What’s On’ segment as well. Parents are invited to come along and staff will notify parents of students receiving awards the Friday before the assembly.

TAG Buddy Activity Last Friday our first Tag Buddy session took place. Congratulations to all students on the enthusiastic and positive manner in which you participated in this activity. I was with the Yr 9s and the Senior Primaries making chocolate balls in the Home Ec room and the buzz was electric with lots of chatter and happy faces. Thanks to all staff for your preparation for this session as well!

Cricket Champions Congratulations to Regan Gardner and Nicholas Quigg who received awards for Cricket recently.

Regan was awarded the Highest Bowling Average and The All Rounder for the Under 16s Eastern Hill Cricket Club!

Nicholas was awarded the **Rising Star** for the under 16 Seymour Junior District Cricket league and also the Highest Batting Average for Eastern hill under 16s!

Both boys were members of their under 16 Premiership team which defeated Kilmore in the Grand Final. Well done boys, you work and train hard and deserve these accolades for your sport!!!



I would like to wish all students and their families a great holiday and Easter break. Have a great break and stay safe! Don’t forget Winter Uniform for next term.... With a 2 week transition period!

Selamat Datang ke 2019! Welcome to 2019!

It has been a busy start to the year in Indonesian and this week was particularly interesting!



On Wednesday our school was visited by four members of the Indonesian army who are part of an international competition being hosted at Puckapunyal. This was an excellent opportunity for the students to chat about the importance of the relationship

between Indonesia and Australia as well as other things such as the daily life, families and the cultural diversity of Indonesia. The men; Gali, Poltak, Alferis and Eko were very friendly and we all enjoyed practising our language skills. A big *Terima Kasih* to Catherine and George Plessey who organized the visit and provided afternoon tea!



On Thursday, the Yr 9 and 10 language students visited ACMI for the Indonesian Film Festival. The film was about a cooking competition and also highlighted the cultural differences in Indonesia. We then ate lunch at Makan restaurant. This was a fantastic experience as the chefs are Tasier and Gracia Seger who were the winners of the 2016 My Kitchen Rules competition and are from Indonesia! It was a great day for *foodies* like me!

We are also very excited about the plans for our Indonesia Study Tour which will take place in September of this year. Twelve students will have the opportunity to visit our Partner School in Singkawang (SMPN20). This will give us a chance to practise our language skills and develop a much better understanding of the cultural diversity of Indonesia. Following this we will have 3 nights in Ubud where we will do a cooking class, watch a cultural performance, enjoy a bike ride through the rice paddies and relax as well! It will be a fantastic opportunity for our students! Stay tuned for the update next term.

Mrs Angela Molinaro, Indonesian

Year 10 Humanities students are studying the topic of Inland Water. Pictured is Bronte Tipping with her Aquatic Landscape cake, standing alongside her group members Matthew Whitfort and Mia Tolson.

Mrs Mary Tampion

mary.tampion@smseymour.catholic.edu.au



Reminders

Office Closure Please note the office will be closed during the school holidays and re-open 8.15 Tuesday 23rd April.

Winter Uniform The first two weeks of Term 2 allows for a change-over period where students may wear summer or winter uniform. Commencing **Monday 6th May**. Students are required to wear the **full Winter Uniform**, this includes the **school tie & long sleeve shirt** for students in Yrs 5-10.

Head Lice Cases of head lice infestation are being reported in the Primary campus. With the holidays upon us parents are requested to check their child's hair, particularly if they are complaining of 'an itchy head' and if necessary carry out the appropriate treatment. Your local Chemist will have the required lotion to deal with the infestation. To assist us further in the attempt to control the infestation, please inform the College Office of any re-occurrence.

Mothers Day Afternoon Tea – Save the date! Friday 10th May

ANZAC Day Our College Captains Polly Duff and Dominic Plessey will represent the College at the ANZAC ceremony Seymour

DATES TO REMEMBER

These dates are subject to change.

Any changes will be noted in red. Watch this space!

APR Term 2	Tue 23	Start Term 2
Week 1 A	Thu 25	Anzac Day
	Sun 28	Deb Ball Practice (6.00-8.00pm)
Week 2 B	Tue 30	Yr 9&10 Excursion. Careers _ Go Tafe Shepparton
May	Thu 2	College Cross Country(11.30-2.00)
	Fri 3	JP Excursion _ Melbourne Zoo
	Sun 5	Deb Ball Practice (6.00-8.00pm)
Week 3 A	Mon 6	Yr 10 Roadsmart Incursion (9.00-10.45)
	Tue 7	College Open Day
	Thu 9	Yr 8 Excursion _ Victoria Market & Museum
	Fri 10	Mother's Day afternoon tea (2.00-3.00)
	Sun 12	Deb Ball Practice (6.00-8.00pm)
Week 4 B	Sun 19	Deb Ball Practice (6.00-8.00pm)
Week 5 A	Fri 24	Yr 8 Reflection Day
		Yr 10 Excursion _ Careers at Assumption College
	Sun 26	Deb Ball Practice (6.00-8.00pm)
Week 6 B	Mon 27	Yr 7 Camp _ Marysville (day 1 of 3)
		Yr 10 Immunisation

Student Free Days 2019

Fri 7th June
Mon 12th August
Mon 7th October

Term Dates 2019

Term 2: 23/4 – 28/6
Term 3: 15/7 – 20/9
Term 4: 8/10 – 20/12

CANTEEN ROSTER

22 – 26 April
(10.45am-2.30pm)

Mon 22	Easter Monday
Tue 23	Elise Smart
Wed 24	Melissa Kaarsberg
Thu 25	Anzac Day
Fri 26	Jo Fairweather

ST. MARY'S COLLEGE

90 High Street, SEYMOUR
TELEPHONE: (03) 5792 2611
PO BOX 269, SEYMOUR 3661
Office Hours: 8.15am-4.30pm

ST. MARY'S PARISH SEYMOUR ~ ST. JOSEPH'S TALLAROOK
Parish Priest: Father Eugene Ashkar
TELEPHONE: (03) 5792 1064 / 0455 123 509
MASS TIMES: St. Mary's: SAT 6.00pm, SUN 10.00am; St. Joseph's: SUN 8.30am

APRIL

13 - 16
Schoolhouse
Theatre



The Schoolhouse Theatre 50

Tallarook St Seymour

Bookings: www.spworkshop.org.au or 0490 459 853

Tickets \$20/\$15

Sat 13 April 2pm & 7pm, Sun 14 April 2pm & 7pm,

Mon 15 April 5pm, Tue 16 April 2pm



'CHINA & LACE'

The Lions Club of Seymour Goulburn cordially invite you to join us for Afternoon Tea Sunday 28th April 2019 Seymour Bowling Club, Tallarook Street. 1.30 – 4.00pm.

Tickets \$25 per person. To make a booking please call:

Leonie 5792 4363 or 0439 308 055 Regina: 0417 329 981 Complimentary drink on arrival – Raffle & lucky gift draws – live entertainment

MITCHELL SHIRE.
Check out this Mitchell Madness!

VOLUME

All of our youth events are Alcohol and Drug free zones

For more details and tickets to youth week in Mitchell Shire, please contact the Youth Services team on (03) 5734 6200 or youth@mitchellshire.vic.gov.au or visit www.mitchellshire.vic.gov.au

MITCHELL SHIRE.
This year, Mitchell Youth Services will be hosting 8 different youth and family friendly events to celebrate our young people during Youth Week!

Space Jam on the lawn
When: 7.30pm – late, Friday 5 April
Where: Club Mandalay, Beveridge

Youth Fishing Comp
When: 10.30am – 2.30pm, Sunday 7 April
Where: Goulburn Park, Seymour

Volume Presents: Seymour Splash!
When: 12noon – 5pm, Monday 8 April
Where: Seymour Sports Aquatic Centre

Volume Presents: Skate Tricks Clinic
When: 12noon – 4pm, Tuesday 9 April
Where: Wandong Skate Park

Volume Presents: Park Games
When: 1.1am – 3pm, Wednesday 10 April
Where: The Island Park, Broadford

Gen Z Trivia Night
When: 6pm – 9pm, Thursday 11 April
Where: Hidden Valley Golf and Country Club

Volume Presents: Cell Block Party
When: 5pm – 7pm (10 – 14 y/o) and 8pm – 11pm (15 – 17 y/o), Friday 12 April
Where: Old Kilmore Gaol, 8 Sutherland Street

Art at the Heart
When: 9am – 2pm, Saturday 13 April
Where: Wallian Heart, High Street Service Road

VICTORIA State Government | VICTORIAN YOUTH WEEK | [freeze](http://www.freeze.vic.gov.au) | **YOU** | MITCHELL YOUTH SERVICES | MITCHELL SHIRE COUNCIL

nab AFL Auskick

Register Now!

Seymour Auskick Centre
Kings Park (back oval), Tallarook Street, Seymour
Fridays 4.30pm to 5.30pm - 26th April to 28 June
Rhys Melville - 0437 458 816

Visit play.afl/auskick

[f](#) [@](#) [t](#)

UNITED MINDS
COMMUNITY SERVICES

See a Psychologist using your smart phone, iPad or laptop

Bulk Billed Telehealth Psychology

Check your location
Go to <http://www.doctorconnect.gov.au/internet/otd/publishing.nsf/Content/locator> and confirm your address is in MMM zone 4,5,6 or 7

Visit your GP
Visit your GP to assess your eligibility for a care plan. This will allow us to bulk bill your sessions

Make an appointment
Call us on 03 8692-9949 or visit www.unitedminds.org.au/telehealth to make an appointment

www.unitedminds.org.au/telehealth