



# THE MARIAN

## ST. MARY'S COLLEGE SEYMOUR

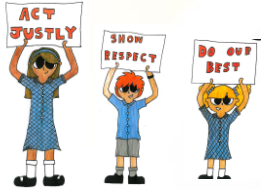
[www.smseymour.catholic.edu.au](http://www.smseymour.catholic.edu.au)  
[facebook.com/stmarysseymour](https://facebook.com/stmarysseymour)  
<https://pam.smseymour.catholic.edu.au>



No. 5

Term 1 Week 5 of 10

(01/03/19)



### St. Mary's College Vision Statement

*A welcoming Catholic community that respects our heritage and looks to a sustainable future.  
We inspire learning excellence, resilience and service to others.*

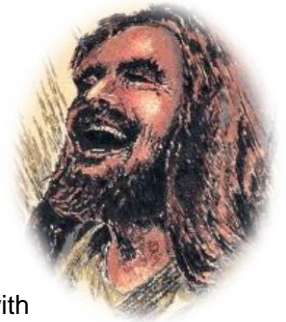


### Welcome

*'Allowing children to learn from failure is setting children up for success.'*

*Andrew Martin Professor: Educational Psychology University of Sydney*

A report in the Sydney Morning Herald by Professor Andrew Martin Back reflected on 'failure.' Failure is a word that most, if not all of us experience in our lives. None of us like to fail, some people though put such high expectations on success that even the smallest failure can be viewed as a crisis. Professor Andrew Martin (SMH) surveyed 7980 parents and 95% believed that they should let their children learn to cope with failure.



Martin said, "The belief that regular praise will improve the self-esteem of students has backfired, with educators urging over-anxious parents to let their children fail so they can learn from their mistakes. Parents were also doing too much for their children who were becoming less resilient and unable to cope with failure.

One educator said, 'today's students can be let down lightly by teachers and wrapped in cotton wool by some parents. But in the past it was not uncommon for teachers to tell students that they had given the wrong answer. Then someone invented self-esteem. We couldn't do anything that would upset or harm the self-esteem of student, which was very fragile we were led to believe. That is when we stopped our proper work in the character formation of young people. If we are serious about building resilience, we have to let them fail. It is only through our failings in the learning process that we learn anything.'

This fear we have of failure can sell our children short as future adults. A principal of a Sydney school said, "not everything can be wonderful for children.....babies learn to walk by falling over." Perhaps the quote from Professor Jean Twenge best sums up what is needed both at home and at school, "making mistakes and having them gently corrected is one of the best ways to learn."

It is not easy being a parent; none of us received a manual. We all want our children to be successful and achieve. Personal experience tells me that we always feel our children's pain when they fail. *But when one door closes another door will open!* At St Mary's students receive 'tough love,' which leads to a resilient student who will learn to accept failures as much as enjoying the successes that life offers. The quality of authentic pastoral care is indicative of a student's grounded formation at St. Mary's. A formation that when home and College work together will embrace failure as an opportunity for growth.

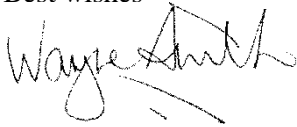
If the great Michael Jordan had believed all that was said about his 'lack' of basketball ability when he was a teenager, then that famous phrase, *Air Jordan* would never be known. The great Ron Barassi former coach of Carlton; North Melbourne; Melbourne and Sydney Swans said, "*The road to the top in anything is a rocky one. Plenty of people have failed. But the disgrace in failing is if you only half tried.*"

Today's failures are tomorrows successes.

## Vale Nigel Engel

Yesterday, family and friends, the Seymour community, staff and students from St. Mary's and Assumption Colleges all farewelled Mr Nigel Engel, one loved by so many. Our Year 10 Leaders were excellent representatives for our College during the service. The service was a wonderful tribute to a life so well lived. Our thoughts and prayers are with Jan and her family. There but for the grace of God go we all.

Best wishes



**Mr Wayne Smith**

[principal@smseymour.catholic.edu.au](mailto:principal@smseymour.catholic.edu.au)



## Education in Faith & School Community

from the Deputy Principal ...

### Prayer for Lent

God of love, rich in justice and mercy

As I turn back to you this Lent, inspire me to reach out to others with compassion and love.

May my Lenten journey of fasting, prayer and almsgiving open my eyes to the dignity of each person.

Amen



**Fundraiser for Townsville and Tassie** We raised just over \$500 for the people of Townsville and Tasmania. Thank you to the SRC representatives who assisted on the day, serving up the sausages, and making sure all the younger students were well looked after. The money will be set to the St Vincent de Paul Society in Tasmania and Townsville so the money can be distributed to those who most need the help.

Thank you to all of our families for the wonderful support.

**Update** We had an update from Kate Steers from Avenel who coordinated the amazing drought relief initiative last year. All of the money we raised (over \$2500!!) was shared between the P-12 College and St John's Primary school in Barradine. IGA vouchers were given out before Christmas and St Johns will receive their sports equipment shortly.

Both principals will be sending us photos soon of their schools and the purchases.

We have a wonderfully generous school community ... thank you!

**More news about the Colour Run!!!** We only have 3 weeks before the St Mary's Colour Run! The students have all been talking about the day and it will be a great way to celebrate our school community and raise funds for the school at the same time. We are using the funds to buy more Chrome books in the primary classes and provide more fitness equipment for the senior students.

We are celebrating Catholic Education Week from Wednesday 13<sup>th</sup> March to Friday 22<sup>nd</sup> march, with the Colour Run being held on Friday 15<sup>th</sup> March. Thank you for all the support of this new initiative and we look forward to seeing as many of our families as possible at the Colour Run.

At this point we have half our students registered to participate in the Colour Run - it would be fabulous to have every student registered so we can make it a really great day! A \$10 donation enables every child to win a prize and be involved. More details to come next week.

**Lent.....**Next week, we enter into the season of Lent- as season of hope, challenge and reflection. We celebrate Ash Wednesday Mass on 6<sup>th</sup> March and so begin our journey towards Easter. All families are invited to join us at Mass on Wednesday 6<sup>th</sup> March at 9am. Tuesday 5<sup>th</sup> March is Shrove or Pancake Tuesday. Classes will be making pancakes to continue this ancient tradition of using up eggs, flour and sugar before Lent began.

Over the following weeks, we will be exploring the three main practices of Lent: to pray, give and fast (go without).

As a school community, we will be endeavouring to raise awareness and much needed funds for Caritas through the Lenten focus of Project Compassion. The theme this year *is 100% Hope-Lives change when we give 100%*.

The money we raise goes to the poorest communities to assist them in living a life of dignity and hope...a life that is a basic human right. Further details to follow regarding the Lenten activities.



**Welcome** As part of Catholic Education Week, we are holding a welcome BBQ for all of our families, with a special invitation to our new families. We invite families to call in between 5.30-7.30pm to meet our new Principal, Wayne Smith, our Leadership team, Level Co-ordinators and Board and P and F representatives. *It is an informal evening so call in any time between 5.30 and 7.30, enjoy a sausage from the BBQ and a chance to meet staff and other families.*

*A note will go home next week to help us out with catering for the BBQ.*

### **Upcoming Dates and Events**

**Ash Wednesday Mass** 6<sup>th</sup> March

**Welcome to Community BBQ**—special welcome to our new families Wednesday 13<sup>th</sup> March

**St Mary's Colour Run** Friday 15<sup>th</sup> March (at the College)

**Catholic Education Week** 13<sup>th</sup>- 22<sup>nd</sup> March

**Year 7 Reflection Day** Monday 25<sup>th</sup> March (please note change of date)

Please keep an eye on the Marian and Facebook page for upcoming events. 2019 promises to be a wonderful year, full of learning and faith opportunities as well as building community and relationships.

**Mrs Catherine Evans**

[catherine.evans@smseymour.catholic.edu.au](mailto:catherine.evans@smseymour.catholic.edu.au)



## **Student Wellbeing**



*from the Deputy Principal ...*

**Congratulations** I would like to congratulate our wonderful students for wearing their uniform correctly with pride and upholding the College TAG of Showing Respect, Doing Our Best and Acting Justly. It is pleasing to witness them settle into their new year and following our College Expectations. I would like to remind all parents/carers to ensure their child is in a routine and on time for their learning each day. We all know that consistency and routine are crucial to ensure they are set up for a successful day of learning, listening and interaction. If your child is not in the correct uniform, please write an explanatory note to give to the homeroom teacher. Correct footwear can also be an issue. For health and safety reasons, black leather school shoes are required, not soft fabric sneaker type sport shoes. Please come and see me if you need further clarification.

**Cyber safety** is an important issue for young persons. St Mary's College recognises the need for students to be safe and responsible users of digital technologies. We believe that explicitly teaching students about safe and responsible online behaviours is essential, and is best taught in partnership with parents/guardians.

To assist us to build an eSmart school community we ask parents and students to read and understand this Information and Communications Technology Acceptable Use Policy within their student planner. After you have familiarised

yourself with the information, then we ask that you sign the agreement in the student planner. We still require a number of students to have this completed with and by their parents.

Our Mobile Phone Policy requires all students to leave their phone phones in their bags locked away in their lockers. No mobile phones are to be used during school hours by the students. If you need to get a message through to your child, we ask that you contact them via the College office and like wise if your child needs to contact you for any reason, we allow the students to visit the office to make contact with you. We would appreciate your support in this matter and trust our processes by instilling this practice with your child. I would also like to remind all parents/carers that if your child has

his/her mobile phone confiscated the 4th time after 3 warnings, it will remain at school, until a parent/carer can collect it from the front office .We thank you for your support in this matter.



For further support with online issues, parents and students can follow the cyber safety links from the St Mary's College website or call Kids Helpline on 1800 551800 or Parentline Victoria on 13 22 99

We thank you for your continued support to help build a safe and supportive eSmart community at St Mary's College.

**Level Assemblies** I would like to inform you of Level Assemblies. We know our P-4 level have a morning assembly each Monday in our beautiful garden near the art wing. This is a great opportunity for parents to come along and hear what's happening in the level and expectations in regards to our students following our College TAG.

We would now like to invite all Year 5-10 parents along to a Tuesday Morning assembly in the same garden area. This will be a time for our students to come together as a community and celebrate individual acknowledgements. Awards from staff will be given to students who strive for improvement in their learning and overall positive behaviour and following our College TAG- Act Justly, Show Respect and Do Our Best !



Our Friday afternoon assemblies once a term are when we 'share' our learning with one another within our levels. These will continue this year and once again invite all parents and grandparents to attend and celebrate the student's learning.

We held our first level assemblies last week and these were our Positive Behaviour Award winners:

**Year P-4** Sienna Huxtable (insert), Cheyanne Newsome, Dimitrios Corocher, Isabel Gordon, Billie O'Connell, Lachlan McNaughton, Mia Brown, Dustin Bender, and Amelia Handford. →



**Year 5-7** Lewis Lorenzo, Travis Jones, Chloe Ash, Harper Ruka-Carter, Jacob Begley, Tobias Rayner, Hayden Clarke, Jacinta Raymond and Zac Brown. →



**Year 8-10** Fionn Murphy, Carter Grant, Lachlan Canty, Saxon Ashworth and Lucy Duff ←



**Secondary School Vaccine Program** The Secondary School Vaccine Program offers free vaccines to Year 7 and 10 students. These vaccines provide protection against:

Diphtheria, tetanus and pertussis (whooping cough) – one dose for year 7 students

Human Papillomavirus (HPV) – two doses for year 7 students.

These will be administered next Tuesday 5th March in our College M/P Hall to our Year 7 students.

**Year 8 Camp** We would like to wish our Year 8's all the best as they head off to the Halls Gap Camp on Wednesday 6th March. They will experience a range of activities related to their learning and social development. A visit to Kryal Castle along the journey for Humanities, then outdoor activities and an Aboriginal Study on the way home.

**National Day Against Bullying** We will be celebrating National Day Against Bullying and Violence on Friday 15th March. The students will participate in some activities within their own homerooms to recognise this day and discuss how we are a 'BULLY FREE ZONE, where we all have a part to play in ensuring we all feel safe and welcomed. Anne Spencer, our P-4 Co ordinator mentioned Bullying last week in her article and gave us an image titled, IS IT BULLYING? This reminded us that not being nice and mean once can be intentional and unintentional, however if this behaviour is intentional over a period of time, we consider it Bullying.

I am always happy to have a chat with you, but ask that you please contact the homeroom teacher first as the initial person who has a relationship with your child and the matter can be discussed in partnership.

We all look forward to the year ahead and working in partnership together to ensure we engage, encourage and motivate your child, to live out our College TAG, Act Justly, Show Respect and Do Our Best.

Many Thanks

*Ms Zine Dovara*

[zine.dovara@smseymour.catholic.edu.au](mailto:zine.dovara@smseymour.catholic.edu.au)



## Reminders

### **Catholic Education Week Visual Arts Exhibition**

Three of our students have had their art works chosen to be exhibited in Melbourne during Catholic Education Week.

A piece of sculpture by Carmelo Gattuso and two drawings one by Laura Hogan and the other by Jeremy Quigg will be featured.

Viewing days are from the 12th - 15th March from 9.00am - 3.30 pm. at the Catholic Leadership Centre 576 Victoria Parade East Melbourne.

Art works from students at Catholic schools within Victoria will be on display.

All members of the community are most welcome to attend.

### **Buses**

- Reminder that the Nagambie GV Hwy bus is full and therefore no ad-hoc (travelling home with a friend) or permanent travel applications can be accepted.
- All students travelling on the Puckapunyal bus are required to have a Miki card (for ad-hoc travel).



# Learning & Teaching



*from the Deputy Principal ...*

**Mid way through the term already!** Settling in to new rooms and meeting new 'faces' is now completed. Staff and students are engaging in exciting activities and projects! There is that sense of calm and focus around the classrooms this week. Students are in the rhythm of handing in work and receiving feedback about their learning.

For students in years 7-10 assessment feedback is available in SIMON and parents are expected to track their child's learning in PAM. Please keep in touch with your child's progress and discuss the results with them. Be supportive of how they are going yet maintain high expectations for the next task. Always contact the teacher if you have any questions no matter how small!

Our preps are nearly ready to attend school 5 days of the week – another step along their learning path. Students from years 1-6 are being continuously monitored for their learning progress. The implementation of our revised assessment schedule is underway and the small data will be valuable for teachers, students and parents to ensure consistency from P-10.

**Learning Diversity** This team has begun responding to individual student needs by planning for interventions. If your child is being offered such a program you will receive a letter of notification and information. Some activities such as PMP have started and others are about to begin.

## Learning Around the College....



*A welcoming Catholic community that respects our heritage and looks to a sustainable future. We inspire excellence, resilience and service to others.*

The words of our Vision Statement will be the focus of our celebrations. 

We begin on Wed 13<sup>th</sup> March with a launch by gathering in the Hall at 8.45am.

And conclude on Friday 22<sup>nd</sup> between 2.15 and 3.15pm when students and teachers will be exploring challenging tasks based on the STEM Curriculum!

STEM education is an interdisciplinary approach to learning where rigorous academic concepts are coupled with real-world lessons as students apply science, technology, engineering, and mathematics in contexts that make connections between school, community, work, and global enterprise! Problem solving!

*We Are...*

*A welcoming Catholic community that respects our heritage and looks to a sustainable future.  
We inspire excellence, resilience and service to others.*

### **Wednesday 13th March**

- 8.45am Gather in M/P Hall for prayer and launch
- 5.30-7.30pm Welcome to Community BBQ provided (RSVP required) come and meet College leaders, Board P&F and each other!
- 7-9pm Secondary Students Social: 'Theme Movies and TV Shows'

### **Friday 15th March**

'National Day Against Bullying & Violence – classroom focus'

- 1.00pm Sausage Sizzle
- 1.30pm-2.30pm Colour Run

### **Thursday 21st March**

Secondary Southern Ranges Round Robin

### **Friday 22nd March**

2.15 – 3.15 STEM activities across the College

Throughout the week staff and senior students will be offering a variety of activities at lunchtimes.

**Basketball, Just Dance, Creating and Making Activities, Board Games, Maths Puzzles, Chess, Rollercoaster Designing, Bubble Blowing to name a few.**

You are *welcome* to *join us* at the key events as above or visit at anytime during the week!



**Mrs Christine Buhler**

*christine.buhler@smseymour.catholic.edu.au*

# Community

St. Marys Junior Football Netball Club wish to advise that football training for the 2019 season will commence at the following times:

Age Group:	Time and date:	Contact details:
U/10 Football	Thursday 7th March, 2019 at 5.00 p.m.	Rhys Melville 0437 458816
U/12 Football	Wednesday 6th March, 2019 at 5.00 p.m.	James Fulton 0431 090399
U/14 Football	Thursday 7th March, 2019 at 5.00 p.m.	Michael Thomson 0417 377792
U/16 Football	Tuesday 26th Feb and Thursday 28th Feb At 5.15 p.m.	Rod Mann 0417 378832

All new and existing players most welcome. Details are also available on the club website and Facebook.



# DATES TO REMEMBER... 2019

*These dates are subject to change.*

*Any changes will be noted in red. Watch this space!*



<b>MAR</b>	Mon 4 <sup>th</sup>	Secondary Students Southern Ranges Swimming (students selected from College Carnival) Seymour Outdoor Pool
Wk 6: [B]	Tue 5 <sup>th</sup>	Yr. 7 Immunisation (9.00am - 10.30am)
	Wed 6 <sup>th</sup>	Ash Wednesday Mass (9.00am - 10.00am)
		<b>Yr. 8 'Halls Gap' Camp – D1 of 3</b>
	Thu 7 <sup>th</sup>	Primary Regional Swimming - Shepparton
	Fri 8 <sup>th</sup>	Yr. 7 Retreat Day <b>Moved to Monday 25<sup>th</sup> March</b>
Wk 7 [A]	<b>Mon 11<sup>th</sup></b>	<b>Labour Day Holiday</b>
	<b>Tue 12<sup>th</sup></b>	<b>Student Free Day</b>
	<b>Wed 13<sup>th</sup> to</b>	<b>Catholic Education Week</b>
	<b>Wed 20<sup>th</sup></b>	
	Wed 13 <sup>th</sup>	Welcome to New Families (6.00pm-7.30pm)
	Thu 14 <sup>th</sup>	Yr 7-10 Social (7.00pm-9.00pm)
	Fri 15 <sup>th</sup>	Yr 5-6 Excursion _ Immigration Museum
Wk 8 [B]	Tue 19 <sup>th</sup>	Color Fun Run
	Thu 21 <sup>st</sup>	National Day Against Bullying & Violence
	Fri 22 <sup>nd</sup>	Hume Swimming – Albury
		SR Round Robin
		College Photos

## CANTEEN ROSTER

**31<sup>st</sup> Jan / 1<sup>st</sup> Feb**  
(10.45am-2.30pm)

Mon 4 <sup>th</sup>	Kristy Woods
Tue 5 <sup>th</sup>	Catherine Plessey
Wed 6 <sup>th</sup>	Catherine Plessey
Thu 7 <sup>th</sup>	Cherie Matthews
Fri 8 <sup>th</sup>	Kate Martin Barb Plum

### Student Free Days 2019

Tue 12<sup>th</sup> March  
Fri 7<sup>th</sup> June  
Mon 12<sup>th</sup> August  
Mon 7<sup>th</sup> October

### Term Dates 2019

Term 1: 31/1 – 5/4  
Term 2: 23/4 – 28/6  
Term 3: 15/7 – 20/9  
Term 4: 8/10 – 20/12

### School Fun Run Colour Day

In our recent P & F meetings the members reviewed our fundraising and social events planning for 2019 . Next year in conjunction with the staff and students we plan to offer a Colour Run as a major fundraiser for the school. The date is anticipated to be in March and will also be our welcome to new students and their families. More information will be provided about the Colour Run Day once the new school year has commenced.

### Log into your PAM Account and...

- Access your child's Semester 2 Report
- **notify the College of Student Absences (instead of ringing the Absentee line)**  
(To do this go to the top right of your screen and click on the symbol to access the Parent Notified Absent Tab)
- **View the 'Live Parent Calendar'**

*Login issues/concerns with your PAM account...  
email: ictsupport@smseymour.catholic.edu.au*

## ST. MARY'S COLLEGE

90 High Street, SEYMOUR  
TELEPHONE: (03) 5792 2611  
PO BOX 269, SEYMOUR 3661  
Office Hours: 8.15am-4.30pm

## ST. MARY'S PARISH SEYMOUR ~ ST. JOSEPH'S TALLAROOK

Parish Priest: **Father Eugene Ashkar**

TELEPHONE: (03) 5792 1064 / 0455 123 509

MASS TIMES: St. Mary's: SAT 6.00pm, SUN 10.00am; St. Joseph's: SUN 8.30am





## Could you be a permanent care parent?

There are a number of children supported by the Department of Health & Human Services who require a *family for life* as they are unable to live with their birth families. We are seeking committed and motivated people who would be interested in learning more about providing a permanent family for a child.

Assistance payments are made to the Permanent Care family to assist with the day to day expenses of caring for a child/young person. Assistance payments are considered to be a reimbursement for expenses and not an earned income.

We are also keen to speak with families who are particularly interested in caring for children aged between 5 and 10 years.

**Information sessions** are being held on:

*Wednesday 20<sup>th</sup> March 2019 at 6:00pm*  
Department of Health & Human Services  
43-47 Rowan Street, **Wangaratta**

*Thursday 21<sup>st</sup> March 2019 at 6:00pm*  
Department of Health & Human Services  
163-167 Welsford Street, **Shepparton**

**Bookings are not essential. For further information please contact:  
Adoption & Permanent Care Program  
☎: 5832 1552**

