



THE MARIAN

ST. MARY'S COLLEGE SEYMOUR

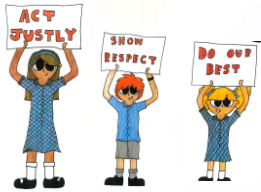
www.smseymour.catholic.edu.au
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No. 4

Term 1
Week 4 of 10

(22/02/19)



St. Mary's College Vision Statement

A welcoming Catholic community that respects our heritage and looks to a sustainable future.

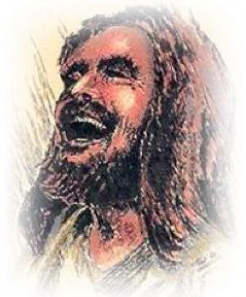
We inspire learning excellence, resilience and service to others.



*"Believe the whisperings of God to your own heart."
(St Mary Mackillop of the Cross 1868)*

Dear Parents and Families,

Year 10 Urban Camp Year 10 experience their Leadership Camp this week with a three-day visit to the bright lights of urban Melbourne. By train they left on Wednesday morning for a busy schedule awaiting them with a visit to Southbank; a Camp Orientation Session at the Christian Youth Centre accommodation; a visit to the Melbourne Sports and Aquatic Centre; a tour of Marvel Stadium; the TAFE Tasters experience listening to two young ladies (guest speakers) on Thursday evening both of whom had varied journeys in leading to their current careers, one as a Dietician and the other an Executive Assistant to a Minister of Parliament. Friday is an opportunity to see the city landscape from the heights of the Melbourne Star Observational Wheel, followed by the train home for a 3.00pm arrival at Seymour Station.



The Leadership Camp develops relationships. It takes the students away from home and school and together they experience and learn about each other, the hustle and bustle of the city and the opportunities that await them in the years ahead. Melbourne like any city is a hive of constant daily activity with many cogs working together to turn the wheel. The students will experience this and more as they move here and there (lots of walking) as one - Year 10 of St Mary's College. They will return a closer knit group, appreciative of the experience knowing that beyond school life, a world awaits with many opportunities.

Level Assemblies (P-4; 5-8; 9-10) are held on Friday to showcase class work and discuss important aspects of school life that are special for each level. These opportunities provide bonding, an appreciation of younger and older peers and time to celebrate all that is good about our wonderful school.

College Board The College Board met for the first meeting on Wednesday 13th February. It was wonderful to meet and learn about the College history and the dreams for the future. The Board will provide summary meeting information updates through the Marian for the College community. The bus stop in McIntyre; the primary car park and southern perimeter fencing are priority agenda items. All three require consultation with government departments, which is underway.

Year 10 Leadership Meeting This week Mrs. Evans and I met with Year 10 leadership to discuss their meeting structure; how they will communicate to the student body and action suggestions and ideas that students will agenda for their meetings, especially coming from class SRC representatives. The students know we (staff) are there to guide and offer advice and they will learn to run meetings; take minutes; report back using the SIMON platform and include updates in the Marian.

Well done to the St Mary's Swimming squad who competed in the District meet at the Seymour War Memorial Swimming Pool on Wednesday. The District meet is the qualifier to compete against schools at the Division meet then onto the North Eastern Victoria competition.

Blessings On Tuesday after school, Fr Eugene led our staff in a prayer service for Nigel Engel, Jan and daughters, Sarah, Erin (and daughter Quinn), Rebecca and Georgia joined us as we prayed for Nigel and to comfort them. Following the prayer service, we gathered in the staffroom for a cuppa. *There but for the grace of God, go we all.*

Best wishes



Wayne Smith

Principal

PS THE COLOUR RUN - *Please consider signing up for the Colour Run. Every \$ counts. Lots of great prizes for the students and all students at St Mary's benefit!*

Mr Wayne Smith

principal@smseymour.catholic.edu.au



from the... Business Manager



REMINDER FEE DUE DATES The balance of VET/VCE charges (Yr 10 only) and laptop instalments for Years 8-10 are due by 1st March.

CAMPS SPORTS EXCURSION FUND CSEF The Victorian Government provides this fund to assist eligible families with the costs of camps, sports and excursions.

To be eligible for the fund, a parent of a student attending a Victorian school must be the holder of an eligible **Centrelink Health Care** card, **Veterans Affairs Gold** Card or **Pensioner Concession** card as at the first day of Term One or Term Two.

The amounts payable are \$125 for a primary student and \$225 for a secondary student. The funds are received at the College and go directly towards the payment of the excursion/camp levy.

We ask that parents submit their application to the school by **22nd February**. However, parents who received CSEF at the school in 2018 do not need to complete an application form in 2019, providing there has been no change in their family circumstances. Application forms are available at the College office and a form is also available with this newsletter. Please contact Stacia Read at the College if you have any questions regarding the Camps, Sports and Excursions Fund.

CONVEYANCE ALLOWANCE This allowance is payable to those families who reside more than 4.8 kms from the College or nearest free bus service. Families who wish to claim this allowance for the first time are asked to contact the College office for an application form. Those families who received Conveyance Allowance last year need not re-apply. Please note, however, that a new form must be completed if there has been a change of address or if there has been a change in circumstances which may affect the payment of this allowance. Please return applications to the College by 1st March. Thank you.

NEW AUSTRALIAN GOVERNMENT DATA COLLECTION The College will be completing the *Student Residential Address and Other Information Collection (SES)*. The information collected will be used by the Australian Government to assess school communities' capacity to contribute towards the recurrent costs of schooling in order to move towards a fairer, needs-based funding model for non-government schools. This is a new mandated collection by the Australian Government.

Mrs Meryl Connell

accounts@smseymour.catholic.edu.au



from the Level Co-ordinator ...

IS IT BULLYING?

NOT NICE When someone says or does something **unintentionally** hurtful and they only do it **once...**
That is **Not Nice**

MEAN When someone says or does something **intentionally** hurtful and they do it **once...**
That is **Mean**

BULLYING When someone says or does something **intentionally** hurtful and they **keep doing it**, over a period of time, even when you tell them to stop or show them that you are upset...
That is **Bullying**

Understanding Bullying Over the years I have regularly written about bullying. However, I often still hear the term ‘bullying’ and ‘bullied’ in conversations. To have an informative conversation about bullying, we must understand the definition of what bullying is.

As our students grow, they find ways to manage friendships. As a school, we often see these play out out in the yard. They learn to use their words, appropriate actions, and strategies such as walking away, negotiating, seeking support from a teacher or parent and learning to read body language and understand tone in voices.

Children learning to problem solve is a life skill that is invaluable as an adult.

The attached poster explains bullying. **Bullying is not a ‘once off’ action. It is a repetitive and targeted action against a person despite you asking them to stop.**

When your child comes home with a complaint or concern about school, please consider the whole story, encourage their resilience through making them aware of strategies they can use. Of course, classroom teachers have open doors and will listen to any concerns you may have but this is best done in conjunction with supporting children in building their life skills both at school and at home. You are their advocate and they need to know you support them but there are times when allowing them to try and sort out an issue is a skill that cannot be learnt from a book.

Prep & Year 10’s Preps had a visit from their Year 10 Buddies last week. Year 10 students demonstrated patience with their younger buddy and there was plenty of chatter between the partnerships. The Preps were talking about the visit and were already looking forward to their next catch-up.



Rosie the Wombat Preps were excited last week with a visit from Principal Smith with a very dear friend of his – Rosie the Wombat. Rosie made herself known in the classroom and spent quite a bit of time getting to know the students. Principal Smith let everyone know that Rosie loves visitors and was looking forward to having students visit her in the Principal’s Office



Level Assembly This Friday are Level Assemblies. Prep-Gr4 Assembly will be held in the Science Wing at 2.30pm. It will be a brief showcase of what students have been learning about in the first 4 weeks of this year.

Athletics Next Friday is our Annual Athletics Carnival to be held at King’s Park. As with the Swimming Carnival, we encourage all students to participate in at least one event. If this is not possible, then attendance to cheer on their peers is a valuable role to have on the day. Please check CareMonkey to ensure you have provided permission for your child



Reminders –

Missing Uniforms After the Swimming Sports last Friday, we have some students who are yet to locate their missing items of uniform. Some pieces were clearly marked with surnames and others were not. However, you would be aware if you have an extra pair of sport shorts or sport polo shirt that do not belong to you so please return them to the Office as soon as possible.



Nut Free Zones All P-4 classrooms are NUT FREE zones. This means that no raw nuts or processed nuts such as ‘Nutella’ are permitted in lunchboxes. Please check all muesli bars to ensure they do not contain nuts. If you are unsure about an item, please ask your classroom teacher.

School Uniform Please continue to support us by using the correct coloured socks and hair ties. Girls are required to have their hair, if shoulder length or beyond, tied back and boys are also to have their hair tied back if their fringe is long enough to cover their face. See your classroom teacher if you require clarification.



Until next fortnight, continue to ACT JUSTLY, SHOW RESPECT and DO YOUR BEST. If you have any concerns or questions, please don’t hesitate to see your classroom teacher or myself – you know I love visitors!

Mrs Anne Spencer

anne.spencer@smseymour.catholic.edu.au





Yr. 5-7 News



from the Level Co-ordinator ...

Thanks to all who attended our recent Parent/Student Learning Conversations. Good communications between home and school are critical in ensuring our children are able to maximize their learning. One of the tasks students have been asked to complete is a goal setting task using their planner. Students were asked to identify a Personal Learning goal, a Behavioral goal and an Inter-Personal goal. Success in meeting these goals will be assessed later in the term. Students have recorded their goals on page 9 of their planner. Ask to see your child's goals and discuss how you might be able to support them in order for them to be successful.

A reminder to all our parents to make full use of the Parent Access Module (PAM). PAM is part of the SIMON program which is used for communication, organisation and student assessment. If you have any issues with PAM, contact the school using the following email address: ictsupport@smseymour.catholic.edu.au

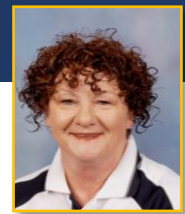
Finally a few calendar reminders. Tuesday 5th March. Year 7 immunisations. Thursday 7th March, Year 7 Retreat Day. Tuesday 12th March, Pupil Free Day. Thursday 14th March 5/6 Immigration Museum excursion. Friday 15th March, Color Run.

Mr Andrew Allen

andrew.allen@smseymour.catholic.edu.au



Yr. 8-10 News



from the Level Co-ordinator ...

Making a S.M.A.R.T. Goal Our level focus this term is centred around prioritizing our learning goals and creating our own **SMART** goals.

Specific: What exactly is it that I want to achieve?

Measurable: How will I know that I've achieved it?

Attainable: What is my realistic goal to achieve this goal?

Relevant: Why am I doing this? Is it really what I want?

Time Bound: When will I achieve this by?

All students are being encouraged to take this focus on board and question and reflect on the way they learn!

Foundation/Year 10 Buddies Last Thursday our year 10 students were buddied up with a Foundation student for the year. The students all participated in a fun creative activity and there were many happy faces and much interaction taking place between the students. This program will continue on a regular basis for the year in which the groups will meet usually about twice a term. There was a lot of excitement and many happy faces as the photos show!





We welcome a new student to our cohort - Sabhdh O’Sullivan who has joined us in 9G homeroom. It’s lovely to have new students joining us and our wonderful school community. Welcome Sdhbh!

Congratulations Imogen Cafasso 9G and Sdhbh O’Sullivan who were very successful in their rowing competition in Geelong last weekend.

Also congratulations to Claire Noonan 9A who was also very successful in her Regional Athletics Finals last weekend in Albury. Well done girls...your discipline and commitment to training plus your own natural talent has certainly being rewarded.

What a great celebration our first whole college assembly was on Friday 8th February. Congratulations to our College Captains Polly Duff and Dominic Plessey who displayed confidence and poise in being Master of Ceremonies for their first whole College assembly.

Year 10 ‘Leadership’ Camp Our year 10 students all headed off to Melbourne this week from Wednesday 22nd February until Friday 24th February for their Leadership camp. The students were immersed in a variety of new experiences that will enrich their relationships with staff and classmates. It will give them further opportunities for leadership and allow them to reflect on the year ahead. The aim is to build upon all that the students learnt and participated in through their B4W program last year.

Activities ranged from a visit to the National Gallery of Victoria, to Taster Career workshops at various organisations in the CBD to participating in an Amazing Race team challenge at Marvel Stadium. Our students were also treated to a presentation by guest speakers Beth and Molly Smith (our new principal Wayne Smith’s daughters) whilst at the camp. They entertained our students with presenting their own stories and journey in life so far.....thanks girls it was most interesting and entertaining to hear your stories.



Year 10 Mentor Program Again this year our year 10 students have all been buddied up with a staff mentor. This is a wonderful program and the students and staff both value it immensely and many friendships are formed.

A mentor is a person or friend who guides a less experienced person by building trust and modeling positive behaviours. An effective mentor understands that his or her role is to be dependable, engaged, authentic, and tuned into the needs of the mentee.

Thanks again to all those staff members who have volunteered to be mentors to our year ten students...a very rewarding experience for all concerned!



B4W Arch Ilias Our B4W year 9 students all cooked up a storm in the kitchen on Wednesday this week as part of their shared breakfast. From bacon and eggs to pancakes and waffles the smells coming from the kitchen were amazing!



Later in the day the students participated in a dance workshop run by Arch Ilias...Dancer/Performer/Choreographer!

Arch Ilias is one of the founding members of Wickid Force & Director of Unitd Styles Hip Hop Movement studio. He has been dancing professionally for 12 years focusing on dance styles - Breaking, Locking, Popping & Hip Hop. His crew Wickid Force Breakers are one of Australia's most decorated & recognized breakdance crews.

VET/VCE General Maths Mrs Gordon (Maths teacher) has reported our year 10 students who are studying VCE General Maths are all working hard. All students are aware of the expectations of doing this subject and are applying themselves well in these sessions. Keep up the good work!

Also Mrs Tanya Oakley has reported that all our year 10s have started their VET courses on Wednesdays and are all enjoying the challenge of these courses! More on this in our year 10 student profiles which start after photo day!

Maths Support Group Every Thursday after school from 3.30 – 4.30pm a Maths Support Group is run in the library by our specialist maths teachers Mrs Gordon, Mr Keating, Mrs Kovacic and Mr McLean. The number of students attending these sessions was large last year and is a sign that our students want to do well in their maths studies.

Very special thanks to the above teachers who volunteer their time to run these sessions.

A message from Mr David Carter our Technology guru that all our year 7 students are embracing their new Macbook Air laptops and he is very happy with the way they are using them to enhance their learning. Well done!

Year 8 'Halls Gap' Camp On Wednesday 7th March our year 8 students will be heading off to Halls Gap for their three day camp and Kryal Castle excursion at Ballarat on the way.

All students are expected to attend and the venue offers many activities and opportunities for our students to participate in and improve their teamwork and leadership skills. The scenery surrounding this camp is amazing and the walk to Boronia Peak is one of the highlights of this camp along with our visit to the Brambuk Aboriginal Centre one evening to view a documentary film and participate in a didgeridoo workshop run by one of the elders of the district. Don't forget our early departure time of 7.30am!!!

Just a reminder that our Learning Support Group is available every lunchtime in the library cave so take advantage of this opportunity if you need to.

Our Parent/Student/Teacher meetings were very successful and lines of communication have now been set up. Please feel free to email or ring your child's subject and homeroom teacher or myself if you have any enquiries or questions about your son/daughter and their progress.

Sporting Successes

Last weekend, I travelled to Albury for the Northern Country Regional Athletic Championships, on both Saturday and Sunday. As a member of the Seymour Little Athletics Club I competed in four events, coming first in the race walk and javelin, second in discus and third in shotput. There's lots of aspects to athletics that suits all types of kids, not just runners. This is my 11th year of athletics, having started at age 5. I would thoroughly recommend it as a great sport for all children.

Many Thanks,
Claire





Last Saturday on the 16th of February, we travelled down to the Barwon River in Geelong, to row at the Geelong regatta. Sadhbh was first up in heat 1 of the year 9 single scull. She was in the lead the whole way and won by 10 seconds with a time of 4:29. Next up was Imogen she started in the wrong lane but that didn't stop her taking the lead early in the race. Just as she was about to cross the finish line she hit a buoy and the sculler from Nestle's rowed past her, but she still put out a good time of 4:39 which got her into the A final. Two hours later we were ready for the A final against Toorak College and Nestle. We both quickly broke away from our other competitors, Sadhbh was in the lead and Imogen was in a close second, with our coach riding her bike along the bank cheering us on, we gave it our best and came first and second with times of 4:30 and 4:37.

By Imogen Cafasso and Sadhbh O'Sullivan

Mrs Mary Tampion

mary.tampion@smseymour.catholic.edu.au

Fundraising

Fundraiser for Townsville and Tasmania Our first action for 2019 was to raise money for the people of Townsville and Tasmania as they faced flood and bushfires in their respective states. We held a sausage sizzle on Tuesday and all proceeds will be forwarded onto Rotary and Vinnies to help those most in need.

Thank you to Mrs Brock, Mrs Gough, Tanya and the SRC representatives for all their help. We have raised approximately \$500.

Parents & Friends

More news about the Colour Run!!!

This year, we have decided to hold a Colour Run for the first time. The Colour Run will be held during school hours on Friday 15th. A letter and a brochure were sent home with the youngest student in the school LAST THURSDAY. Please ask your child for the letter and brochure if you haven't seen it yet!! Or contact the College for another copy of the letter.

It will be a great way to celebrate our school community and raise funds for the school at the same time. Friday 15th March begins Catholic Education Week and also Learning Areas week.

COMMUNITY

2019 Soccer Training has started



MiniRoos – 8yo to 11yo – Boys & Girls – Wednesday 5.30pm to 6.30pm
Juniors – 12yo to 16yo – Boys & Girls – Tuesday & Thursday – 5.30pm to 6.30pm

Everyone is welcome to pre-season training

COMMENCEMENT OF NETBALL TRAINING

Welcome to the 2019 season to all St Mary's football and netball players and families! Hoping for another successful and rewarding season this year.

u11 train Wednesdays at St Mary's College netball courts 3.30 - 4.30pm

u13 train Fridays at St Mary's College netball courts 4.15 - 5.30pm

u15 train Wednesdays - Likely 4.30 - 5.30pm. More details to follow.

Please bring your runners and drink bottle.

Due to resurfacing at King Park netball courts, training will remain at St Mary's College until further notice.

If you have any netball related queries, please feel free to contact Louisa Munro on 0423 314 393.

St Mary's College Seymour SCHOOL FUN RUN 2019



St Mary's College is excited to announce our
1st School Colour Fun Run Fundraiser on

FRIDAY 15th MARCH

1.00pm - 2.30pm



Non-Toxic Coloured
Powder* will be supplied.
Younger siblings can take part
on the day under parent's
supervision.

*Please ask for MSDS if required

Prizes for every
student that raises
over \$10.00.
Students get to select
their own prize and
create their own
fundraising page.

Students will have the opportunity to
pre-order a sausage in bread for their
lunch on the day.

**Colour
is Happy!**

*Lots of Fun for the
Whole Family!*

**Contact the College Office for
more information 5792 2611**

*Come One - Come ALL!
90 High Street, Seymour*



DATES TO REMEMBER... 2019



*These dates are subject to change & are also in the "Live Parent Calendar" in Simon
Any changes will be noted in red. Watch this space!*

FEB	Wed 27 th	Primary Division Swimming
Wk 5: [A]		
MAR	Fri 1 st	Yr. 3-10 College Athletics Carnival – Kings Park Seymour (9.00am - 3.00pm)
Wk 6: [B]	Mon 4 th	Secondary Students Southern Ranges Swimming (students selected from College Carnival) Seymour Outdoor Pool
	Tue 5 th	Yr. 7 Immunisation (9.00am - 10.30am)
	Wed 6 th	Ash Wednesday Mass (9.00am -10.00am)
		Yr. 8 'Halls Gap' Camp – D1 of 3
	Thu 7 th	Yr. 7 Retreat Day
Wk 7 [A]	Mon 11th	Labour Day Holiday
	Tue 12th	Student Free Day
	Fri 15 th	Color Fun Run
		National Day Against Bullying & Violence
Wk 8 [B]	Tue 19 th	Hume Swimming – Albury
	Thu 21 st	SR Round Robin
	Fri 22 nd	College Photos

Student Free Days 2019

Tue 12th March
 Fri 7th June
 Mon 12th August
 Mon 7th October

Term Dates 2019

Term 1: 31/1 – 5/4
 Term 2: 23/4 – 28/6
 Term 3: 15/7 – 20/9
 Term 4: 8/10 – 20/12

CANTEEN ROSTER

25th Feb to 1st Mar
 (10.45am-2.30pm)

Mon 25/2	Amanda Quigg
Tue 26/2	Rob Welsh
Wed 27/2	Kathryn Rohde
Thu 28/2	Jodie Parchyomenko
Fri 1/3	Athletics Carnival

Log into your [PAM Account](#) and...

- [Access your child's Semester Reports](#)
- [notify the College of Student Absences \(instead of ringing the Absentee line\)](#)
(To do this go to the top right of your screen and click on the symbol to access the Parent Notified Absent Tab)
- [View the 'Live Parent Calendar'](#)

Login issues/concerns with your PAM account...

ST. MARY'S COLLEGE

90 High Street, SEYMOUR
 TELEPHONE: (03) 5792 2611

ST. MARY'S PARISH SEYMOUR ~ ST. JOSEPH'S TALLAROOK

Parish Priest: Father Eugene Ashkar

TELEPHONE: (03) 5792 1064 / 0455 123 509



2019

**SEYMOUR
JUNIOR NETBALL**

2019



SJNA play in the Kilmore Broadford Netball League (KBNA) which is a Saturday morning netball competition for boys and girls*
for age groups:

9 & Under* **11 & Under***

13 & Under* **15 & Under*** **17 & Under**

Season starts Saturday 27th April

competition runs for 14 weeks plus finals over school terms 2 and 3
(excluding school holidays and long weekends).

We play other clubs in the league such as:

Broadford, Pyalong, Kilmore, St Pats Kilmore, Wandong.

Training

Most likely Wednesday afternoon indoor at Seymour Sports and Aquatic centre

[Registrations open February](#)

[Preseason Training March](#)

Register your interest via Facebook



Enquiries email: seymourjuniornetball@gmail.com