



# THE MARIAN

## ST. MARY'S COLLEGE SEYMOUR

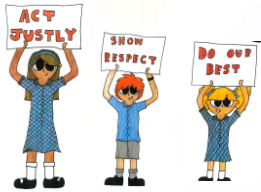
[www.smseymour.catholic.edu.au](http://www.smseymour.catholic.edu.au)  
[facebook.com/stmarysseymour](https://facebook.com/stmarysseymour)  
<https://pam.smseymour.catholic.edu.au>



No. 35



(16/11/18)



### St. Mary's College Vision Statement

*A welcoming Catholic community that respects our heritage and looks to a sustainable future.*

*We inspire learning excellence, resilience and service to others.*



Term 4.  
Week:-  
6 of 11

## Dear Parents & Friends of St. Mary's,

### Remembrance Day

Last Sunday I accompanied College Captains Denby Gardner and Lachlan Russell at the Seymour Hospital Memorial Gates to mark the centenary of the World War I Armistice. A huge crowd attended and Lachlan and Denby both participated in the ceremony. I share with you the poem that Denby read...

*"The poet John McCrae wrote a poem titled In Flanders Fields. In this poem he writes about his preoccupation with death and how it stands as the transition between the struggle of life and the peace that follows. It is written from the point of view of the dead. It speaks of their sacrifice and serves as their command to the living to press on".*

#### ***In Flanders Fields***

*In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky*

*The larks, still bravely singing, fly  
Scarce heard amid the guns below.*

*We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie  
In Flanders fields.*

*Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.*

## College Assembly

It was only a short week last week but we certainly packed a lot in!! Ending the week was our College Assembly which featured two important items:

The Year 9 students delivered their speeches for the various leadership positions on offer in 2019. Each student spoke with confidence and assurance, showing that they are well equipped for their future important roles as College leaders. Best wishes to them all during the voting process which begins this week.

Also, the new College Website was launched last Friday at our College Assembly by our Web page manager Mrs. Tanya Oakley. Tanya gave everyone a quick preview including a host of photos of the recent College Production which I hope families enjoy viewing. Congratulations Tanya, a wonderful achievement!

## Sun Smart Policy

There have been some sure signs these past days that the weather is warming up. This week a higher number of students than normal have presented at the College office feeling unwell due, in part, to a lack of hydration. This is a timely reminder for us to begin regular conversations with the children about hydrating. Our Sun Smart Policy highlights hats, sunscreen, shade, clothing and water as the 5 key elements of sun safety. Let's keep reminding one another of these important safety matters.

## P&F Christmas Raffle

The Christmas Raffle books were distributed last Friday to all families via the youngest member of the family. The prizes are fantastic!

Let's all support the P&F by selling a Raffle Booklet each. If you wish to sell another book of tickets please contact the College office.



## Fitness Circuit

After a lot of planning over the past 12 months we have ordered some new fitness equipment for the older students. With the help of Mrs. Kerry Aldous and the incredible amount of \$20,000 in donated funds from the P&F, we have just ordered the first stage of the Fitness Circuit. Funded by the P&F and the College this equipment will provide a state of the art fitness circuit. It will be installed in 2 stages and will be situated in the grassed area between the courts and old woodwork room.

*from the... Business Manager*



### Reminder:

### *Fees and Levies*

Families are reminded that the due date for the payment of all fees and levies is 31st October. Thank you to all those families who have been making regular payments or have already paid their fees in full.

All families, particularly those families who are leaving the College at the end of the school year, are requested to contact me at the College by 19th October if they need to discuss alternative payment arrangements.

It is also a good time for those families who have direct debit or direct deposit arrangements in place to review their payment instalment amounts in order to meet their commitment in 2018 and into 2019. Information regarding the fees and levies for next year will be posted or emailed to all families in January 2019 but if you require any assistance before then regarding fee payment calculations please feel free to ask.

If you wish to discuss any matter relating to Fees and Levies, please do not hesitate to contact me at the College.

***Mrs Meryl Connell***  
[accounts@smseymour.catholic.edu.au](mailto:accounts@smseymour.catholic.edu.au)



from the Level Co-ordinator ...



## Transition

This week saw the beginning of our Transition Program. Students were looking forward to moving to other classrooms or greeting newcomers to theirs. Many were excited about the impending change whilst others are worried about the 'what if's'. If your child is displaying anxious behaviours such as emotional outbursts, unusually quiet, anger, worry or have difficulty getting to sleep, please see your classroom teacher. Every effort is made to ensure that every student is well supported whilst transitioning to the next level.

Here are some reminders of strategies and suggestions to best assist your child:

- Talk to them about school rules
- Managing separation anxiety
- Show them that you trust the teacher - form an initial relationship with the teacher in front of your child and let them see that you trust this new person.
- Say goodbye properly - resist the urge to sneak out of the classroom in the hope that your child might not notice.
- Once you say goodbye leave promptly - avoid hanging around but reassure them that you will be picking them up later on.



## Hometime

- When it's time to pick them up make sure you arrive early to avoid them being the last child waiting to be collected.

The first few weeks of school

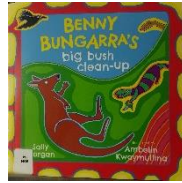
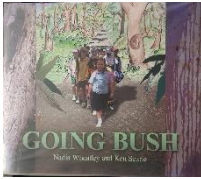
- It's not uncommon for a child to resist going to school in the second week. They might say, 'I've been to school now and I don't need to go back'. The excitement of the first week has worn off, but they still feel nervous.
- As students become older, social anxiety can still be an issue but academic concerns can become a higher priority. Some may worry about whether they can complete the academic requirements. All teachers spend time covering all aspects of transition, including academic expectations. Again, please see your classroom teacher if you have any concerns regarding your child transitioning this term.





## Cont. What's happening in P-4?

With Transition a focus this week, Middle Primary used picture storybooks as mentor texts to encourage students to think about the fragility of the environment and the impact of rubbish, particularly on the fauna of our country.



To encourage deeper thinking about the story, we used De Bono's Thinking Hats to further break apart the different perspectives intended by the author.



### A couple of reminders:

**Hats & Uniform** All students are required to be wearing a navy blue school hat for the duration of this term. It is suggested that hats remain at school each night so they are not lost or forgotten for the next day.



### Transition Dates



Wednesday 21st November (incl. 2019 Preps)

Wednesday 28th November (incl. 2019 Preps)

**JP Excursion** Junior Primary have their excursion to Kyabram Fauna Park on Monday 26th November. Please check CareMonkey in the coming week for a request for permission for your child to attend.

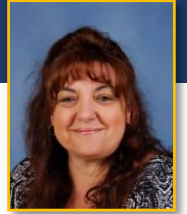


Until next fortnight, continue to ACT JUSTLY, SHOW RESPECT and DO YOUR BEST. If you have any concerns or questions, please don't hesitate to see your classroom teacher or myself – you know I love visitors!

**Mrs Anne Spencer**  
[anne.spencer@smseymour.catholic.edu.au](mailto:anne.spencer@smseymour.catholic.edu.au)



## Yr. 5-7 News



*from the Level Co-ordinator ...*

Our Positive Behaviour Goal for our final term is to “BE THE BEST OF ME”. To have a go and put our best effort into all our learning tasks, our relationships and how we treat people overall. To be respectful to our parents, families and teachers.

We have many students trying to do the best in all they do. The following have received awards for doing exactly that. Congratulations to Saxon, Chloe, Matilda, Lachlan, Cayleb, Claudia, Jack, Ella, Charlie, Ebony and Ashleigh.



Our Year 7s will celebrate their learning tomorrow with their market stalls across the College. This is part of their economics unit in Humanities. There will be all sorts of yummy treats and I'm sure the little ones will love the excitement and fun.

Well done to our Year 7s and teachers and we look forward to knowing what they learnt from this experience.

A reminder that all students across the college need to be wearing the correct uniform, which includes a blue hat. NO HAT NO PLAY, and any Year 5-10 students are required to attend lunchtime detention if they do not wear the appropriate hat. If your child is still a little cold at times they need to be wearing the correct windcheater and not the blue coat. Please ensure your child is correctly attired as possible and that the sport uniform is worn only on sports days.

Our Prep – 7 Transition program started yesterday and we continue to strengthen this program for the benefit of all our students. Our current Year 6 will be given the opportunity to experience Year 7 subjects with secondary teachers, which has been most positive and successful in the past. We thank all our staff for the wonderful commitment they display in supporting our students and making the transition process into 2019 even smoother. Our next Wednesday morning sessions will be Wednesday the 21<sup>st</sup> & 28<sup>th</sup> November and then our Orientation day on Tuesday the 11<sup>th</sup> December.

We still have a number of weeks before we finish up for 2018 and expect all our students to keep working to their full potential and ensure all work requirements are finished and handed in on time, as staff prepare for final reports. We offer support and encouragement every lunchtime in the library and would expect some of our Year 7s to take advantage of this opportunity if unable to have them completed at home.

With a continued high level of participation and attendance, it will ensure their transition into the next year level to be smoother and rewarding.

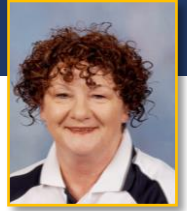
Thank you for your ongoing support.

**Ms Zine Dovara**

[zine.dovara@smseymour.catholic.edu.au](mailto:zine.dovara@smseymour.catholic.edu.au)



## Yr. 8-10 News



*from the Level Co-ordinator ...*

**Karingal Farewells Year Tens** As we are all starting to get either excited or terrified about the fact that Christmas decorations are already being displayed in our shops, it is time to pause and take a deep breath before the final few weeks in our school year.

Congratulations to our College Captains Denby Gardner and Lachlan Russell who represented our College at the local Remembrance Day ceremony last Sunday at Seymour Memorial Hospital.

They are both to be commended on the maturity and respect they both displayed during this moving ceremony.



On Friday 26<sup>th</sup> October our Year 10 students all visited their Karingal friends for the last time this year and presented them with their Life Stories, which all students had been working hard creating this term. Mrs Sarah Buchanan and I are so proud of these students and the way they interacted with their elderly friends. There were bunches of beautiful flowers and chocolates that were presented to their elderly friends on this final visit and the excitement and appreciation on the faces of these residents was tear jerking to say the least. A special thank you to Kim, Belinda and the staff who put on a beautiful morning tea for the students as well. Much appreciated! The Life Stories were presented as beautiful Memory Scrap books and picture frames which have to be viewed to appreciate the time and effort that had been dedicated to producing these wonderful gifts. Congratulations to all students on being fine young ambassadors for our college in our local community – you did us proud!!!

**Award Winners** Congratulations to the following students who were Award winners at our last level assembly: Ally



Black, Renee Indich Navon, Ffion Murphy, Jayne Rohde, Grace McDonald, Maddison Steans and Cadence Verhoff.

**2019 Leadership** Good luck to all the year nine students who have applied for a Leadership position in 2019. Our prospective leaders information sessions have been well attended and it is such a positive sign to see so many students wanting to take on the responsibility and mantle of a year 10 leader next year.

**Revision & Study Sessions** Revision sessions start next week for our year ten students and I encourage all students to use this time wisely in order to prepare for your exams which are being held the week beginning week commencing Monday the 26<sup>th</sup> November followed by the Graduation Mass and dinner on Friday the 30<sup>th</sup> November.

Also 'Study Sessions' are being offered at lunchtimes in the 100 classroom each day for any students who wish to take advantage of these. Volunteer staff members will be in attendance to help students with their study. This is in conjunction with the Maths Tutoring sessions which already run each Thursday from 3.30pm until 4.30pm in the college library.

**2018 Year 10s** Our year 10 students are now into their last weeks of schooling this year at St Mary's.

It has been a pleasure working with this cohort of students and witnessing their personal growth during the year. All students have thoroughly enjoyed their VET courses and VCE Maths classes and I would like to sincerely thank all those staff involved in bringing this opportunity to them –

Mrs Loretta Duncan, Mrs Genevieve Gordon, Miss Sarah Buchanan (Homeroom), Mr Brian O'Dwyer, Mrs Tanya Oakley and Mr Martin Keating.

Some Tips for Parents of year 10 students going into year 11 VCE in 2019. Transition is easier for some students than for others. Some students take to VCE like ducks to water, for others, the first few months of VCE are a blind panic, as they struggle to keep their head above water as they figure out how to organise their notes, manage their time and structure their own revision. So, what's the reason behind this? What makes some students so much more suited for VCE than others? More importantly, what can you do to ensure that, come the start of year 11, your child is one of the students who thrives?

**Encourage Their Independence** One of the biggest shocks that students encounter when they start VCE is how independent they are required to be. No longer will teachers walk them through every concept, tell them how to revise for tests, or give exact instructions about what homework needs to be done each week. While your child will still get assigned homework, this constitutes only a small fraction of the total work they need to be doing if they want to achieve good marks; the rest is made up of individual and self-determined study and revision.

**Foster A Love Of Reading** If your child is going to perform well in VCE, they need to be able to read quickly, efficiently and productively for extended periods of time.

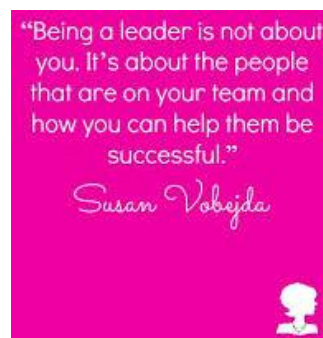
The ability to read well affects basically every subject. All you need to do is ensure that your child regularly has access to books and distraction-free spare time; all they need to do is to read as much and as widely as possible!

**Develop Their Organisation Skills** As you can imagine, in VCE, the ability to stay organised makes a huge difference when it comes to revision. If your child is prone to losing their schoolwork, forgetting deadlines and keeping their notes in chaotic disarray, then now is the time to start establishing good habits. Encourage them to keep using a planner and develop a logical system for storing and organising their notes.

**Encourage Goal Setting** Goal setting also allows students to focus on long-term tasks more effectively. Encourage your child to think about what they want to get out of VCE. Is there a course they are particularly passionate about? Is there a dream career they are chasing? The earlier you can encourage your child to step back and think about the big picture, the more motivated they will be once they start year 11.

**Year 9 Exams** Our year 9 students start their exams the week of Monday the 26th November as well and they too are starting to prepare themselves for revision sessions before these final assessments.

**Year 9 B4W Urban Camp** Two weeks ago our year 9 students experienced their B4W Urban camp in Melbourne. Their activities ranged from rock climbing, ice skating, visiting the Big Issue Magazine and Chinese museums to going up the Eureka Tower and eating Italian cuisine in an authentic Italian restaurant on Lygon Street. All three days were action packed and a huge thank you to Andrew Allen, David Carter, Karen Gilchrist, Kellie Giannarelli and Sean O'Brien for your



help and support on this urban camp. Mrs Gilchrist kept tabs on how many steps we all did on her fitbit and in 3 days we all walked from Seymour to Nagambie.....Wow....super effort everyone!!!

### **From Sarah Buchannan**

**Year 10 / Karingal Buddy Program** During Term 3 the Year 10's have been visiting the Karingal Nursing Home to talk to the buddies that they were partnered with, they have been given the task to talk to their older buddies about their life, they then have to make a project to show their buddies how much they have learnt and listened. This has been a great experience so far, not only for the students but for their older buddies as well.

Last Friday the students shared their buddies the projects that they had been working on, the older buddies were very excited and appreciative of what they were given. For the last day we also had morning tea for the special occasion and played pool. This has been a great experience for the last term of school.



Now that we are getting near the business end of the school year I would encourage all students to be organized, do your homework, submit all work requirements on time and start revising for exams early – a great recipe for finishing off 2018 in a positive and successful way!!!

**Mrs Mary Tampion**

[mary.tampion@smseymour.catholic.edu.au](mailto:mary.tampion@smseymour.catholic.edu.au)

**Remembrance Day** On Sunday the 11<sup>th</sup> November Denby and I attended the 100<sup>th</sup> anniversary of Remembrance Day at the Seymour Memorial Hospital. It was a short but respectable service that both of us read at. Denby read the "In Flanders Fields" poem and I read a passage about how significant Remembrance Day is this year being the 100 year anniversary. We also represented the school when Denby laid a wreath down for St. Mary's, and I raised the Australian flag at the end of the service. We both feel extremely honored to represent our school in this way, especially with it being one of our last tasks at this school.

*By Lachlan Russell and Denby Gardner*



**Scholastic Book Club** Issue no. 8 is the last one for the year! We recommend that your return your order by Friday the 30th November.



**Mitchell·Rangers·Summer·Social·Soccer**

Come & join us for a social game of soccer

Sunday, 2<sup>nd</sup> December 2018 from 11.00am

Mitchell Rangers Soccer Club - Cnr Pinniger & Mollison Sts, Broadford

Refreshments available from the canteen

Everyone is welcome - Kids, Parents, Families & friends

For further information, contact Michel Becks on 0498-333-466





# DATES TO REMEMBER... 2018



## Term FOUR

*These dates are subject to change.  
Any changes will be noted in red. Watch this space!*

### NOV

<u>Wk.7</u>	Wed 21 Nov	Transition: Levels P-6 & kinder
[A]	Fri 23 Nov	Yr. 8 Excursion Scienceworks Level Assemblies (2.30-3.00)
Wk 8	Mon 26 Nov	JP Excursion Kyabram Fauna Park
[B]		Yr 9 & 10 Exams commence
	Wed 28 Nov	Transition: Levels 1&2 & Kinder
	Thu 29 Nov	Yr 10 Final Assembly 2-3pm
	Fri 30 Nov	Yr 10 Graduation 6-11pm Scholastic Bookclub cut off for orders

### DEC

Wk 9	Thu 6 Dec	Farewell Mr Kelly & Mr O'Dwyer
[A]	Fri 7 Dec	Yr 9 Start Smart Incursion <b>Last day of Term 4 - Yrs 7, 8 &amp; 9</b>
Wk 10	Tue 11 Dec	Orientation Day
[B]		
Wk 11	Tue 18 Dec	<b>Last day of Term 4 - Yrs P-6</b>
[A]		

Class Mass  
(9.00am)

#### Term 4:

14/11	Yr7&8
21/11	Yr 9&10
5/12	Yrs P-2
11/12	Yrs 3-6

Log into your PAM Account and...

... notify the College of Student Absences (instead of ringing the Absentee line)

(To do this go to the top right of your screen and click on the symbol



to access the Parent Notified Absent Tab)

... View the 'Live Parent Calendar'

Login issues/concerns with your PAM account... email: ictsupport@smseymour.catholic.edu.au

#### T4 Swim. Program:

JP Weekly (Thu): JP-P: 1.00pm; C: 1.45pm  
(Fri): JP-F: 11.15am; R: 12.00pm

7A Weekly (Mon): 1130am-1.20pm



### ST. MARY'S COLLEGE

90 High Street, SEYMOUR,  
TELEPHONE: (03) 5792 2611  
PO BOX 269, SEYMOUR 3661  
Office Hours: 8.15am-4.30pm



## CANTEEN ROSTER

5<sup>th</sup> - 9<sup>th</sup> November  
(10.45am-2.30pm)

Mon 19 <sup>th</sup> Nov	Neisha Reid
Tue 20 <sup>th</sup> Nov	Jenna Fairbridge
Wed 21 <sup>st</sup> Nov	C. Plessey
Thu 22 <sup>nd</sup> Nov	Cherie Matthews
Fri 23 <sup>rd</sup> Nov	Jo Fairweather

ST. MARY'S PARISH SEYMOUR ~ ST. JOSEPH'S TALLAROOK

Parish Priest: Father Eugene Ashkar

TELEPHONE: (03) 5792 1064 / 0455 123 509

MASS TIMES: St. Mary's: SAT 6.00pm, SUN 10.00am; St. Joseph's: SUN 8.30am